# CANBD

### Canadian IBD Nurses ANNUAL CONFERENCE





Canadian IBD Nut

Canadian Society of Gastroenterology Nurses & Associates Société canadienne des infirmières et infirmiers en gastroentérologie et travailleurs associés





Société canadienne des infirmières et infirmiers en gastroentérologie et travailleurs associés

## CANIBA anadian IBD

#### About CANIBD

A CSGNA Community of Practice

#### **Our Story**

Nurses are an important part of the multidisciplinary approach to managing inflammatory bowel disease (IBD). Approximately 80 GI nurses across Canada have a primary role in IBD care (clinical inpatient and outpatient care, telephone advice, rapid access clinics, transition and biologic support). In 2015, CANIBD was created to advance mentoring and support for IBD nursing in Canada.

#### **Our Vision**

To ensure people of all ages living with IBD in Canada receive high quality clinical nursing care within the multidisciplinary team.

#### **Our Mission**

CANIBD is committed to improve the quality of care for people living with IBD. To this end, CANIBD:

- Provides support and mentorship for IBD nurses in Canada
- Provides and promotes learning opportunities for nurses
- Provides opportunities for networking and sharing best practices in nursing care
- Develops or adopts nursing guidelines, standards or consensus statement for IBD nursing in Canada
- Elevates the profile of IBD nursing in Canada

#### **Our Success**

With continued funding support from industry partners and management support from Crohn's and Colitis Canada, CANIBD has made great strides in moving its mission forward. Some key achievements include:

- CANIBD Community of Practice established with CSGNA
- Successful CANIBD Annual Conference held
- Nurses Travel Education Award launched and awarded
- Nursing-led Research Grant launched and awarded
- Advocacy training support initiated
- Education and patient program supported, including nursing education webinars
- The strategic strategic priorities for 2016/17 are to:
  - Promote and develop IBD nursing care & education
  - Foster greater communication among IBD nursing network
  - Strengthen nursing-led IBD research
  - Support nursing-led advocacy for multidisciplinary teams in IBD care and access to treatments
  - Ensure sustainability of CANIBD nursing community







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#### FACULTY

Amol Deshpande, MD MBA

Rehabilitation Pain Service Comprehensive Interdisciplinary Pain Program Toronto Rehabilitation Institute Toronto, ON

#### Claudio Fiocchi, MD

Clifford and Jane Anthony Chair in Digestive Disease Research and Education Professor of Molecular Medicine Cleveland Clinic Lerner College of Medicine Department of Pathobiology Lerner Research Institute Department of Gastroenterology & Hepatology Digestive Disease and Surgery Institute Cleveland Clinic, Cleveland, Ohio

#### Johanne Lin, RN

Oakville Endoscopy Centre Oakville, ON

#### **Marie-Louise Martin**, BA BScN RN (EP) MN ACNP Nurse Practitioner, Inflammatory Bowel Disease University of Calgary

Calgary, AB

#### Tracie Risling, RN PhD

Assistant Professor University of Saskatchewan College of Nursing Saskatoon, SA

#### Michael Vallis, PhD RPsych

Psychologist, GI Unit and Endocrinology Lead, Behaviour Change Institute Nova Scotia Health Authority – Central Zone Associate Professor, Family Medicine and Psychiatry Adjunct Professor, Psychology and Health and Human Performance, Dalhousie University Halifax, NS

#### **STEERING COMMITTEE**

**Usha Chauhan**, RN(EC) MN BSCN ACNP(D) CGN(C) Nurse Practitioner, Adult Digestive Disease McMaster University Medical Centre Associate Professor, School of Nursing McMaster University Hamilton, ON

#### Barbara K. Currie, MN RN-NP

Nurse Practitioner IBD Division of Gastroenterology QEII Health Sciences Centre Halifax, NS

Karen Frost, BScN RN(EC) MN NP Nurse Practitioner, IBD Centre The Hospital for Sick Children Adjunct Lecturer, Lawrence Bloomberg Faculty of Nursing University of Toronto Toronto, ON Joan Heatherington, RN BScN MN ACNP Nurse Practitioner, University of Calgary Inflammatory Bowel Disease Group Alberta Health Services Calgary, AB

**Kate Lee**, PhD MBA Vice-President, Research & Patient Programs Crohn's and Colitis Canada Toronto, ON

**Jennifer Stretton**, RN(EC) ACNP MN BScN Nurse Practitioner, Inflammatory Bowel Disease Clinic St. Joseph's Healthcare Hamilton, ON

Lisa Westin, RN MN CGN(C) Past President, Canadian Society of Gastroenterology Nurses & Associates Case Manager, Gastroenterology Red Deer Regional Hospital Centre Red Deer, AB







#### **Canadian IBD Nurses** ANNUAL CONFERENCE

#### A G E N D A – Saturday November 4, 2017

Time	Topic – Format, Content & Objectives	Speakers/Moderators
13:10–13:15	<b>Opening Remarks</b> : Welcome - Updates in CANIBD (5 mins)	Karen Frost
(1) Mental	Health in IBD	
13:15–13:45	<ul> <li>1.1 Plenary Presentation (30 mins) Session Objectives:</li> <li>Discuss the importance of understanding the psychosocial issues that impact adjustment to IBD and adherence to medical management</li> <li>Explain the psychological reactions to living with IBD that need to be addressed as part of medical management</li> <li>Review the mental health disorders that impact on treating the patient with IBD</li> </ul>	Dr. Michael Vallis
13:45–14:10	1.2 Q&A/Discussion (25 mins)	MODERATOR: Barbara Currie
14:10-14:25	Refreshment Break (15 mins)	
(2) Pain Ma	anagement in IBD: Are Cannabinoids and Opioids needed?	
14:25–14:55	<ul> <li>2.1 Plenary Presentation (30 mins)</li> <li>Session Objectives: <ul> <li>Be aware of the 2017 Canadian Guidelines for Opioids for Chronic Non-Cancer Pain</li> <li>Understand the potential role of cannabis in pain management</li> <li>Learn to utilize simple tools to monitor pain patients</li> </ul> </li> </ul>	Dr. Amol Deshpande
14:55-15:20	2.1 Q&A/Discussion (25 mins)	MODERATOR: Jennifer Stretton
(3) Future	Landscape of IBD Therapy	
15:20–15:50	<ul> <li>3.1 Plenary Presentation (30 mins)</li> <li>Session Objectives: <ul> <li>Review the most significant advances in our understanding of IBD pathogenesis and management over the past 10 years</li> <li>IBD Research: where are we going in the next 5 – 10 years? Where will the next great breakthrough be?</li> </ul> </li> </ul>	Dr. Claudio Fiocchi
15:50–16:15	3.2 Q&A/Discussion (25 mins)	MODERATOR: Marie Louise Martin
(4) CANIBI	D Nursing Forum	
16:15–16:20	Introduction/Opening remarks (5 mins)	MODERATORS: Barbara Currie & Joan Heatherington
16:20–16:50	4.1 CANIBD Practice Document (30 mins)	Joan Heatherington
16:50-17:20	Refreshment Break - Wine/appetizers (30 mins)	
17:20–17:40	4.2 2016 Research Award Recipients Research (20 mins)	Tracie Risling
17:40–18:00	4.3 Fellowship Update (20 mins)	Usha Chauhan & Johanne Lin
18:00–18:15	4.4 CANIBD Research Initiatives (15 mins)	Irina Nistor
18:15–18:45	4.5 SOP Development for Clinical Practice in IBD (30 mins)	Barbara Currie & Joan Heatherington
18:45–19:00	Closing Remarks (15 mins)	Barbara Currie & Joan Heatherington

