

# CANIBD

## Canadian IBD Nurses ANNUAL CONFERENCE



Saturday, November 4, 2017  
Ritz-Carlton Hotel, Toronto

**cs&na** 

Canadian Society of Gastroenterology Nurses & Associates  
Société canadienne des infirmières et infirmiers en gastroentérologie et travailleurs associés

 **Crohn's and  
Colitis Canada**  
**Crohn et  
Colite Canada**

# CANIBD: Standards of IBD Nursing Practice

Joan Heatherington RN, BScN, MN, NP  
University of Calgary IBD Unit  
Calgary Alberta



# Objectives

- Define
  - Nursing Practice
  - Specialized Practice
  - Advanced Nursing Practice
  - Scope of practice
  - Standards of practice
- Discuss evolution of CANIBD's: IBD Nursing Standards of Practice



# Nursing Practice

- **Nursing practice:** providing care to a patient
- Care is based on the
  - condition of the patient
  - nursing theory (education)
  - practice
  - research
- influenced by education, experience and expertise



*“Yours is medication, and mine is coffee. They’re both vital to our well-being.”*



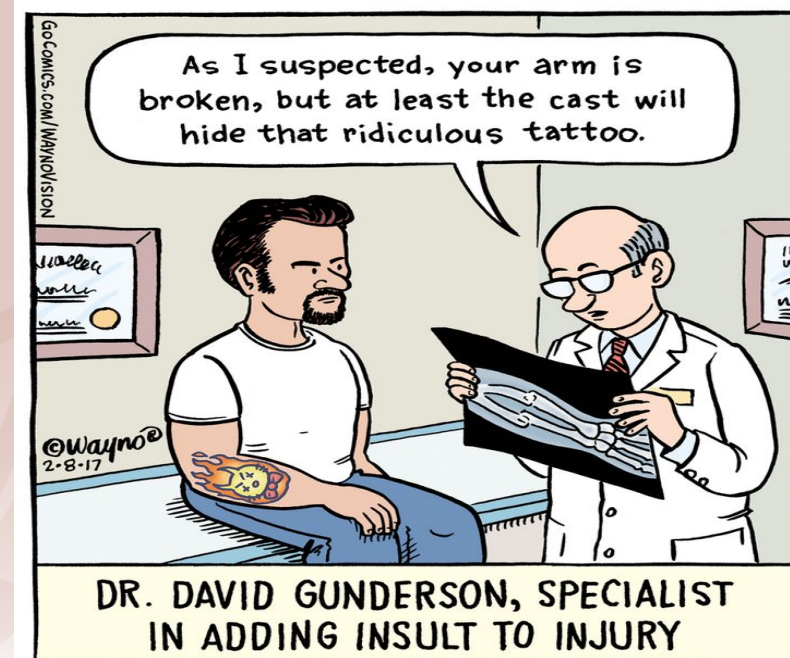
# Scope of Practice

- *Scope of practice includes interventions that RNs are authorized, educated and competent to perform.*
  - Scope of practice may vary between provinces depending on governing rules and regulations



# Nursing Practice Specialty

- **Specialist** – An individual whose practice is focused in a particular clinical area.
- The focus of practice may be related to:
  - age (e.g., gerontology)
  - medical diagnostic grouping (e.g., gastroenterology)
  - practice setting (e.g., emergency department)
  - type of care (e.g. enteral stomal care).
- CNA recognizes 20 practice specialties, each have a national exam and national association
- Ours is the gastroenterology exam supported by CSGNA



# Characteristics Of Advanced Nursing Practice

- Builds on their expertise in a specialty area, integrating and consistently displaying:
  - Effective and efficient care, delivered with a high degree of autonomy
  - Leadership and initiating changes to improve client, organizational, and system outcomes
  - Integrates the use of nursing knowledge, research and clinical expertise into practice
  - Draws on a wide range of strategies to meet the needs of clients and improve access to high quality of care
  - Ability to apply and explain the theoretical empirical, ethical and experiential foundation of nursing practice
  - Critical analysis of and influence on health policy



# Standards of Nursing Practice

- Standards are:
  - Broad statements of quality
  - Authoritative statements by which the nursing profession describes the responsibilities RNs are held accountable
  - Reflect the values and priorities of the profession
  - Provide direction and a framework for the evaluation of practice
  - Define the nursing profession's accountability to the public and outcomes to which RNs are held accountable





# Basic Principles of Standards

- Formulated according to requirement and applicability and use by the profession
- Designed to achieve a stated purpose
- Based upon clear definitions of professional scope and accountability
- Promotes the fullest development of the profession
- Sufficiently broad and flexible to achieve their objective while allowing for growth and change
- Promote universal levels of performance



# Development of Standards

- Nursing profession must establish ,maintain and improve wherever possible the standards of care
- Standards must serve as the minimum level of acceptable performance
- Professional bodies must guarantee high quality of care is provided to the public and standards ensure this happens
- Developed standards are use to evaluate all nursing care



# Standards of Practice

- General guidelines that provide a foundation as to how a nurse should act
- Outlines what a nurse should or should not do in his or her professional capacity



# CANIBD Practice Standards

- May be used to assess competence of an IBD Nurse by a peer, senior colleague or manager, or to facilitate self-assessment
- IBD nurses should work towards being competent in each practice standard
- Expectations of a nurse's practice must be interpreted through the context and culture of the workplace



# Disclaimer

- The **Canadian Society of Gastroenterology Nurses and Associates (CSGNA)** presents these guidelines to be used as a reference in the development of institutional policies, procedures and protocols.
- The CSGNA assumes no responsibility for the practices or recommendations of any member or other health care professional, or for the policies and procedures of any practice setting.
- The nurse functions within the scope of practice of the provincial licensing body and the institutional policy of where they are employed.



# CANIBD Goals

- Build expertise, knowledge and quality practice in IBD nursing care through educational program development, sharing of best practice and mentorship
- Contribute to policy and planning in order to advocate for improvement of care and treatment for people with, or affected by, IBD
- Promote and gain recognition for the specialist skills and knowledge that nurses and allied health professionals bring to this specific area of practice across Canada



# CANIBD Standard Development

- The CANIBD nursing standards were developed by the steering committee
- An agreed assumption was:
  - CANIBD nurses would be expected to follow relevant standard of nursing documents developed provincially by professional associations and nationally by CSGNA.
- Standards were developed to reflect the characteristics of the IBD nurse specialist and advance practice IBD nurse
- Informed through review of literature and similar practice documents



# Principles of IBD Nursing Standards

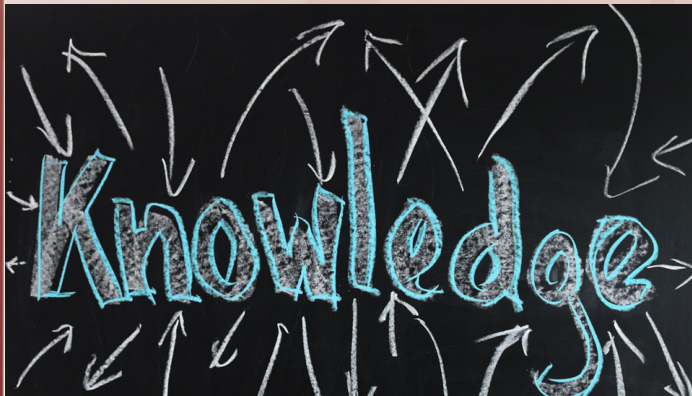
- **Knowledge:** Clinical Care
- Supportive **Patient Centered** Care
- **Quality** Care Assurance
- **Evidence** Based Practice
- **Leadership**





# Knowledge

- Considers theory and practice perspectives in clinical decisions
- Based on what is evidence rather than opinion or belief
- Improves practice by questioning findings from all sources
- Raises awareness of personal and professional accountability and the dilemmas of practice
- Improves care if the nurse is aware of the best knowledge or evidence to use in practice



# Patient Centered Care

**Respect for patients' preferences**

**Coordination and integration of care**

**Information and education**

**Physical comfort**

**Emotional support**

**Involvement of family and friends**

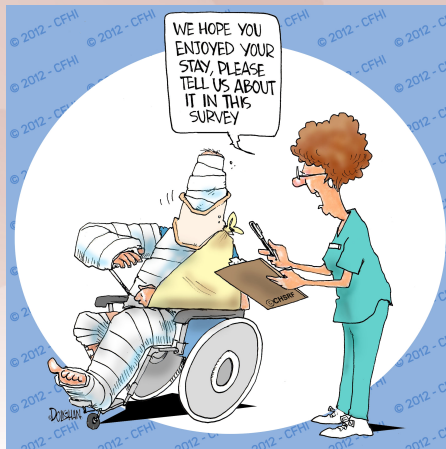
**Continuity and transition**

**Access to care**

# Quality Care

*Strives to achieve quality care indicators outlined by Crohn's Colitis Canada (in development)*

- Effective, adherent to an evidence base and results in improved health outcomes for individuals and communities
- Efficient, maximizes resource use and avoids waste;
- Accessible, timely, geographically reasonable, and provided in a setting where skills and resources are appropriate to medical need
- Acceptable/patient-centered, takes into account the preferences and aspirations of individual service users and the cultures of their communities;
- Equitable, delivering health care which does not vary in quality because of personal characteristics such as gender, race, ethnicity, geographical location, or socioeconomic status;
- Safe, delivering health care which minimizes risks and harm to service users.



# Evidence Based

- Cultivate a spirit of inquiry
- Ask Clinical Questions
- Search for and collect relevant evidence
- Critically appraise evidence
- Integrate, evaluate and disseminate evidence



# Leadership

- ‘Leadership involves the use of interpersonal skills to influence others to accomplish a specific goal.’ (Sullivan and Garland, 2010)
- Promotes IBD standards locally and nationally
- Supports quality, safety and cost effectiveness
- Identifies local service needs and influences development of programs
- APN
  - Works autonomously
  - Provides mentorship



# Canadian IBD Nursing Standards

- Are yours
- Can be used to guide development and assessment of clinical practice
- Reflect CAN IBD goals
- Are dynamic and subject to change
- Can be used to facilitate and lobby for resources and program development

