



The Guiding Light

CANADIAN SOCIETY OF GASTROENTEROLOGY NURSES & ASSOCIATES

NOVEMBER 2007 VOL. 17 #62

RECOGNITION OF MICHELE PAQUETTE

As many of you know, Michele is leaving after 15 years of continuous service at the national level. The board felt that Michele's leaving could not pass without recognition for her significant contribution to CSGNA and GI nursing across the country during her many years in GI.

Michele is a truly unique person, for reasons I will only touch on tonight. She was the first recipient of the GI Nurse Professional Award in 2005. However, her passion and commitment to her specialty has not overshadowed that most important to her, her family, and she has been able to maintain a balance in her life. Michele has a tremendous pride in her teacher and equestrian daughter, Isabelle. Isabelle has aspirations to compete in the Olympics. Michele herself likes to ride and seems to have limitless energy as she swims daily, year round. She also enjoys golfing with her husband and friends. She loves to entertain with her family and enjoys cooking, especially French-Canadian cuisine. She is a gracious hostess who welcomes people into her home with open arms.

Attributes noted by both physician and nursing colleagues include her mentoring, her organizational skills, and her commitment to her staff and patients. She has encouraged many to achieve certification in GI nursing



and has inspired all of us to strive for excellence in our practice.

Michele has been a member of CSGNA since 1983, serving in a number of roles both at the local and national level. She was national president of CSGNA from 1993-1994 but her interest in continuing education and GI nursing certification was in the forefront before that. For well over 10 years, Michele actively pursued the goal of GI Nursing certification, which became a reality in 2004. Her tireless commitment to her specialty has ensured a standard of practice and patient care enjoyed by all Canadian GI patients cared for by a CGN(C). She actively promotes, encourages and educates RNs seeking certification. Her leadership, calm demeanor, and sensible approach have won her the respect of nurses and physicians alike.

On behalf of the National Board, starting in 2008, we will offer the CSGNA Michele Paquette Certification Award. This award will be presented to a CSGNA member certifying for the first time. In 2009, a second award will be presented to a nurse recertifying in GI nursing. Each of these will be provided annually to deserving CSGNA members.

Debbie Taggart, RN, BN, CGRN, CGN(C)
CSGNA President 2006-2008

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President's Message

CSGNA's 23rd annual conference in Halifax, Come See the Sea, was an overwhelming success with double the attendance of 1997 when we were last hosted in this historic city. Over 300 came from across the country and for the first time we had a guest from New Zealand, Rosemary Tonkin, and Gastroenterology Nurse Specialist. Thanks to Evelyn McMullen and the local planning committee for their hard work.

As I reflect on the past year as President, I am proud of the way CSGNA has risen to meet the growing needs of our members. Funding of several initiatives was approved by your national executive and will be implemented in 2008. Significant members' funds are being applied to scholarships, awards, and chapter support to enable members to attend CSGNA events and also other educational offerings which will support members' needs and improve their practice. In 2008, Vancouver will host optional education sessions on Thursday, Sept. 11. Watch the website www.csgna.com for more information on this exciting addition to our program. Evaluations from this and previous years have asked that a tour of the hosting city be available. This will be noted on the website and will also be available on Thursday, Sept. 11. In 2008, CSGNA will be represented by a new modern logo which will be in both official languages. The new CSGNA pin will be provided to members with renewal of your membership in 2008.

An updated website will also appear in 2008. On it, we hope to have a Member's Only site through which you'll be able to access all forms, Standards of Practice, Guidelines and Position Statements. We will also have the site secure to enable credit card transactions. We will continue to move forward with a paperless conference.

The Society grows and improves with your input and participation. If you do not currently serve in an executive role in your chapter, consider taking one on. Suggest a topic for an education session and arrange it. Take the lead in organizing an education day and go for it. Promote CSGNA and GI nursing practice during Nurse's Week. Write the certification exam. Support and encourage others to write if you are already certified. Apply for the numerous scholarships now being offered through CSGNA. Your continuing education is of benefit to your patients, your colleagues, and your employer. Those of us serving at the local and national levels know that the personal rewards are much greater than our original investment of time. We also know how much fun we can have while improving our practice.

Respectfully submitted,
Debra Taggart RN,BN,CGRN,CGN(C)
CSGNA President 2006-2008

Board Positions Available

The following Board positions are available next September.

They are:

Newsletter Editor
Canada Centre Director
Canada West Director
Public Relations Director
Practice Director

These are two year positions. The job descriptions can be found on our website at www.csgna.com. Please submit your nomination to the current CSGNA President via mail or email by April 15th of the current year. Please consider stepping out of the box and submitting your nomination. You will grow as a person; not to mention the wonderful experiences and friendships you will gain.

Ischemic Colitis

Ischemic colitis is a common cause of lower gastrointestinal bleeding. Although it is often seen in elderly patients, young patients may be affected. It manifests as injury from transient ischemia involving the mucosa and submucosa with good prognosis to acute fulminant ischemia with transmural infarction, often progressing to necrosis and death. There are a variety of causes but the most common mechanism is an acute self-limited compromise in intestinal blood flow. Patients usually present with sudden onset of mild abdominal pain and tenderness over the affected segment of bowel followed by blood mixed with stool. Colonoscopy should be considered if the diagnosis is unclear.

Differential Diagnosis

The differential diagnosis of lower gastrointestinal bleeding include diverticulosis, angiodysplasia, colitis and cancer. Ischemic colitis is often overlooked but findings suggest that it may be the second most common cause, resulting in one in 1,000 hospitalizations and one in 100 colonoscopies or flexible sigmoidoscopies. It is a common vascular disorder of the intestinal tract in patients over 60 years of age. Ischemia may develop insidiously and no specific cause can be identified. The diagnosis and treatment of patients can be challenging because it often occurs in debilitated patients who have multiple medical problems.

Colonoscopy has largely replaced barium enema as the diagnostic modality of choice because it has a higher sensitivity for detecting mucosal changes and has the ability to obtain biopsy specimens if needed. The findings on colonoscopy will depend on the stage and severity of ischemic colitis. In the early stages, petechial hemorrhages are interspersed with areas of pale edematous mucosa. Later, segmental erythema with or without ulcerations and bleeding may be seen. A single longitudinal inflamed or ulcerated colon strip may characterize mild disease. In more severe cases, the mucosa appears cyanotic. Pseudopolyps and pseudomembranes may be seen. A chronic stage of ischemia is characterized by stricture, decreased haustrations and mucosal granulation may occur several weeks later. There are no endoscopic findings specific for ischemia. Findings favoring ischemic colitis rather than inflammatory bowel disease include segmental area of injury, abrupt transition between normal and affected mucosa, rectal sparing and rapid resolution of mucosal changes on serial colonoscopy. Histological changes of ischemic colitis are nonspecific and include edema, distorted crypts, mucosal and submucosal hemorrhage, inflammatory infiltration, granulation tissue, intravascular platelet thrombi and necrosis. Patients with inflammatory disease will usually have less crypt damage and more inflammation. Computed tomography is helpful to evaluate patients with abdominal pain. The most com-

mon finding is segmental circumferential wall thickening in 89% of patients with ischemic colitis. Pneumatosis suggests transmural ischemia or infarction. The major mesenteric vessels are often patent in ischemic colitis and therefore angiography is not useful.

Predisposing Factors

There are numerous conditions that predispose patients to ischemic colitis such as occlusion, vasospasm &/or hypoperfusion but the most common mechanism is hypotension from cardiac failure, sepsis, dehydration or hemorrhage producing a compromise in systemic perfusion, triggering a reflex mesenteric vasoconstriction. The colon is relatively vulnerable to hypoperfusion since it receives less blood flow compared to the rest of the gastrointestinal tract. It often affects the “watershed” areas of the colon, the splenic flexure and the retrosigmoid junction that have limited collateralization. Drugs may produce colonic ischemia by a similar mechanism and some common offenders include antihypertensive agents, diuretics, oral contraceptives, pseudoephedrine, Digoxin, Cocaine, non-steroidal anti-inflammatory agents and Verapamil overdose. Ischemia has been reported as resulting from strenuous physical activity, long distance running or bicycling and the mechanism is thought to be physiologic shunting by mesenteric vasoconstriction and intravascular volume depletion resulting from dehydration and electrolyte abnormalities. Chronic constipation, cardiac surgery, vascular surgery and colonic obstruction from tumors, barium impaction, adhesions, volvulus, diverticulitis or intestinal prolapse have also been reported causes of ischemic colitis.

Presentation

Most patients present with an acute onset of mild crampy abdominal discomfort and tenderness over the affected area, most often involving the left side. An urge to defecate is common. Mild to moderate amounts of rectal bleeding or bloody diarrhea usually develop within 24 hours. Blood loss is often minimal without need for transfusion. Anorexia, nausea, vomiting or abdominal distention may be present as a result of an associated ileus. Approximately, 15% of patients will have peritoneal involvement caused by transmural infarction and necrosis. Laboratory studies will be normal in mild cases but severe ischemia or necrosis may produce leukocytosis, metabolic acidosis or an elevated serum lactate. Plain abdominal x-rays are usually insensitive and nonspecific but important to exclude other disorders. They often show generalized bowel distention and air filled bowel loops. Thumb printing is a common finding but nonspecific and present in many forms of infective or inflammatory colitis.

Ischemic colitis is the most frequent form of mesenteric ischemia, mostly affecting the elderly. The majority of patients develop non-gangrenous ischemia which is generally transient and resolves spontaneously. Only a small number of these patients develop long-term complications, segmental colitis and the development of stricture. Approximately, 15% of patients with colonic ischemia develop gangrene which is life-threatening.

Treatment

Treatment of the patient depends on the severity of the ischemia. Supportive care is appropriate in the absence of colonic gangrene or perforation. Patients should be put on bowel rest and given intravenous fluids to ensure adequate colonic perfusion. A nasogastric tube should be inserted if an ileus is present. A rectal tube may be necessary if the colon is distended. Empiric broad spectrum antibiotics are recommended in moderate to severe cases to minimize bacterial translocation and sepsis. Oxygenation and cardiac function should be optimized. Any medications associated with ischemia should be withheld. Careful monitoring for signs of deterioration is imperative such as persistent fever, leukocytosis, peritoneal irritation, and protracted pain and bleeding. If present, a laparotomy and segmental resection are indicated. Mortality rates exceed 50% with infarcted bowel, despite resection.

Just a reminder that we need donations for door prizes and the silent auction for the National Conference in Vancouver September 2008!

Summary

The prognosis of patients with ischemic colitis depends upon severity and comorbidities. Most patients improve in one to two days and have complete clinical and radiological resolution in a few weeks. More severe ischemia causes ulceration and inflammation which can develop into segmental ulcerating colitis or strictures. Some patients will require surgery because of peritonitis or clinical deterioration despite conservative management. Recurrence is unlikely if predisposing conditions can be prevented.

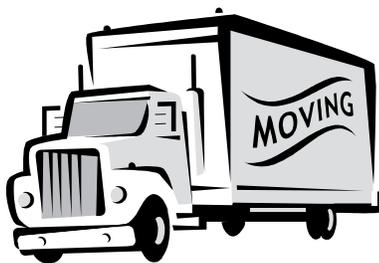
Submitted by Joan McKechnie

References:

1. Bryan T. Green, MD and David A. Tendler, MD. Ischemic Colitis: A Clinical Review. Southern Medical Journal, Volume 98, Number 2, February 2005
2. Peter Grubel, MD and J. Thomas LaMont, MD. Up-To-Date 2007. Colonic Ischemia www.uptodate.com
3. James R. Newman, BA MD and Mary Anne Cooper, MSc MD FRCPC. Lower gastrointestinal bleeding and ischemic colitis. Canadian Journal Gastroenterology, Volume 16, Number 9, September 2002

GUIDELINES FOR SUBMISSIONS to "THE GUIDING LIGHT"

- Submit all materials by email to the newsletter editor in word format.
- Submissions must be received by the 15th of the month preceding each issue i.e.: Feb 15th for March issues, June 15th for July issues and Oct 15th for November issues.
- Include all references.



CHANGE OF NAME/ADDRESS

NAME: _____

NEW ADDRESS: _____

CITY: _____ PROVINCE: _____

PC: _____ PHONE: _____

FAX: _____ E-MAIL: _____

**[Send change of name/address to the
CSGNA Executive Assistant]**

Canadian Society of Gastroenterology Nurses and Associates

BYLAWS

Revised September 2007

CSGNA MISSION STATEMENT

The Canadian Society of Gastroenterology Nurses and Associates is committed to excellence of client care while enhancing the educational and professional growth of the membership within the resources available.

CSGNA PURPOSE STATEMENT

The CSGNA carries out its mission by providing opportunities for networking, education, and communication for its members.

CSGNA GOALS

Nursing Practice:

The CSGNA is committed to encouraging members to achieve high standards of care in daily practice by establishing standards of practice.

Networking:

The CSGNA encourages discussion and exchange of experience between nurses through the formation of Chapters, newsletter publication, an annual conference and website.

Education:

The CSGNA keeps its members abreast of current developments in the field of gastroenterology through seminars and an annual education conference. Members are encouraged to write the Canadian Nurses Association (CNA) Gastroenterology Nursing Certification exam.

Research:

The CSGNA encourages initiatives and studies in advancement of gastroenterology and endoscopy nursing practice.

Organization:

The CSGNA is a dynamic, financially stable, well organized Society responsive to members' needs.

1.0 NAME

The name of the organization shall be the "Canadian Society of Gastroenterology Nurses and Associates" (CSGNA). Hereinafter the word "Society" shall refer to "Canadian Society of Gastroenterology Nurses and Associates." The words Officer(s), Board and Executive are used interchangeably.

2.0 PURPOSE

The purpose shall be to unite into an organization, persons engaged in any capacity in the field of Gastroenterology Nursing in any of the ten provinces and three territories of Canada.

3.0 GOALS

The goals of the Society shall be to promote education and quality patient care by:

- 3.1 Setting standards of practice by developing guidelines and position statements.
- 3.2 Developing educational programs.
- 3.3 Encouraging study, discussion, exchange of information related experience and practice.

4.0 HEAD OFFICE

The Office of the Society shall be the location of the Executive Assistant; presently 2902 South Sheridan Way, Oakville ON L6J 7L6.

- 4.1 The Corporate Seal of the Society shall be held in safekeeping by the Officer designated by the Executive for the fiscal year.

5.0 MEMBERS

There shall be four classes of individual members consisting of active, affiliate, lifetime, and retired.

- 5.1 Active – shall be comprised of Registered Nurses or other Health Care Professionals engaged in full or part-time Gastroenterology Nursing or Endoscopy Nursing in clinical, supervisory, teaching, research or administrative capacity. They are eligible to vote. Only registered nurses may hold office.
- 5.2 Affiliate – shall be comprised of Nurses, Health Care Professional/persons engaged in activities relevant to the field of Gastroenterology but not currently engaged in gastroenterology Nursing or Endoscopy Nursing. They are not eligible to vote or hold office.
- 5.3 Lifetime – any member, deemed to have contributed substantial time and effort towards the advancement of the CSGNA may be nominated for a lifetime membership. All past Presidents will be awarded lifetime membership at the end of their term in office. Nominations for other lifetime awards may be submitted by any member of the CSGNA to the National Executive. Lifetime awards are to be voted on by the general membership in attendance at the annual business meeting. Lifetime membership will include voting privileges.
- 5.4 Retired-shall be comprised of CSGNA members not actively engaged in gastroenterology nursing practice.

- 5.5 Membership is not transferable. All members shall receive all publications from the Society.
- 5.6 The term “Associates” in the title of the Society, refers to CSGNA members who are not qualified as Registered Nurses.
- 5.7 Any member may resign by providing a written resignation to the Secretary.
- 6.0 FEES
A membership fee shall be required from the active, affiliate, and retired members annually on June 1 and shall become delinquent after July 1 of that year.
- 6.1 Membership shall lapse automatically as of July 1 if dues have not been received by the Executive Assistant.
- 6.2 The Executive shall determine annual dues payable and shall give appropriate notice to members.
- 6.3 Members shall be notified of any change in membership requirements by the regional directors and in The Guiding Light publication.
- 6.4 Members of the National Executive do not pay any fees while in office.
- 6.5 No membership fee shall be required from a lifetime member.
- 6.6 Retired members shall pay 50% of the annual membership fee.
- 6.7 All dues are payable in Canadian funds to the “Canadian Society of Gastroenterology Nurses and Associates”
- 7.0 MEETINGS
The annual business meeting shall be held in conjunction with the annual conference.
- 7.1 The results of voting for Executive officers open for election shall be announced at the annual business meeting.
- 7.2 Reports from selected Executive Board members shall be presented, as well as bylaw amendments and any other business deemed of national concern.
- 7.3 Written notice of the annual business meeting shall be included in the information about the annual conference.
- 7.4 The Board of Directors shall meet face to face at least twice a year and by teleconference and/or email as deemed necessary by the Board.
- 8.0 QUORUM
The quorum shall consist of the majority of members present.
- 9.0 ELECTION OF OFFICE
All members eligible to vote shall be informed of the National Board positions available and the deadline for the nominations via the first Guiding Light publication after the annual business meeting.
- Nominations must reach the Chair of the Nominations Committee by April 15 of the current year.
- 9.1 A slate of candidates for offices open in that fiscal year shall be mailed to the voting membership by May 15 of the current year.
- 9.2 Ballots are to be returned to the Chair of the Nominations Committee by June 15 of the current year.
- 9.3 Each active and lifetime member has one vote per office.
- 9.4 Votes shall be tabulated and recorded in the minutes of the annual business meeting.
- 9.5 The successful candidates shall be announced to the membership at the annual business meeting.
- 9.6 If there is only one nomination for an office by the deadline for nominations, the officer shall be elected by acclamation.
- 9.7 Successful candidates shall be notified as soon as possible after ballot counting enabling them to make the necessary arrangements to attend the annual conference.
- 9.8 Nominations shall be accepted from the floor at the annual business meeting if n nominations have not been received for an office. If there is more than one nomination, a secret ballot shall be held during the annual business meeting.
- 9.9 The first meeting with the new Executive shall be scheduled to take place in conjunction with the annual conference and meeting.
- 9.10 Transfer of duties from retiring Executive to newly elected Executive shall take place at the time of the annual CSGNA conference.
- 9.11 Officers elected must have been CSGNA members, preferably serving in some capacity in the preceding two (2) years.
- 9.12 Ballots shall be kept by the Chair of the Bylaws Committee.
- 9.13 A motion to destroy the ballots shall be made by said Chairperson during the annual business meeting.
- 9.14 The ballots shall be destroyed only after the motion has carried by a show of hands from the members present.
- 9.15 Tellers shall be chosen from the members present at the annual conference and the results announced to the membership in the event a motion for a recount of any office is made and carried.

10.0 EXECUTIVE

The executive of the Society shall include President, President-elect, Secretary, Treasurer, Membership Director, Education Director, Practice Director, Newsletter Editor, Canada West Director, Canada Centre Director, Canada East Director and Public Relations Director.

10.1 The Executive offices are open to all active members of the Society.

The Executive Officers shall have the powers and authority as described to perform their expected offices.

All National Executive members shall attend all Face to Face and Annual conferences. Exemptions shall be considered by the National Board.

10.2 Any member serving in an executive position at the Chapter or National level shall be an active CSGNA member.

11.0 TERMS OF OFFICE

11.1 The President shall serve for two (2) years

11.2 An election to fill the office of President Elect shall be held every two (2) years.

11.3 The President-elect will automatically accede when the President's term ends in two (2) years.

11.4 He/she shall become acting President and assume the duties of the office in the event of the President's absence.

11.5 The President-elect must have served the Society in some capacity prior to being elected to this office.

11.6 Persons elected Secretary, Membership Director, Education Director, and Newsletter Editor shall hold office for two years or until their successor is elected. Person elected Treasurer shall hold office for two years, with an option to continue for an additional 2 years without election.

11.7 No person shall be elected to consecutive terms as President.

11.8 No Officer on the National Board shall hold more than one office at a time.

11.9 There shall be no restriction upon the number of terms which other Officers may be elected to succeed themselves.

11.10 Elections to fill the offices of Secretary, Education Director, Treasurer, Canada East Director and Canada West Director shall be held in odd numbered years.

11.11 Elections to fill the offices of Newsletter Editor, Membership Director, Canada Centre Director, Public Relations Director and Practice Director shall be held in even numbered years.

11.12 All Officers shall deliver all records, correspondence or other property of the Society to their successor within thirty (30) days upon retiring from office.

12.0 VACANCIES

12.1 Whenever the office of President becomes vacant, the President-elect shall succeed to the Presidency for the completion of the unexpired term and continue in office for another full term. If the office of President becomes vacant while there is a vacancy in the office of President-elect, Officers shall appoint an acting President from the present Board members who shall serve until the end of that term. A special election shall be held to fill the office of President-elect.

12.2 If an elected member resigns or can no longer fulfill his/her duties before the term of office is completed, the Executive shall appoint an interim replacement until the annual meeting, when an election can take place.

12.3 The person appointed shall be the first runner up from the election, when possible.

12.4 If an officer should resign before completion of their term a written resignation shall be sent to the President at least fourteen (14) days prior to the resignation.

13.0 DUTIES OF THE EXECUTIVE – Duties shall include the following and may be modified as deemed necessary by the Board to meet the needs of the members.

DUTIES OF THE PRESIDENT

THE PRESIDENT SHALL:

13.1 Serve as an official representative and spokesperson for the Society.

13.1.1 Represent CSGNA mission, goals and positions to various members of the public.

13.1.2 Manage daily affairs of the organization.

13.1.3 Lead the National Board of Directors.

13.1.4 Chair Nominations Committee.

13.1.5 Provide mentoring to CSGNA leaders.

13.1.6 Submit and present an Annual report to the membership at the annual business meeting, and send it to the membership via the National Secretary sixty (60) days prior to the meeting.

13.1.7 Submit a report per issue of The Guiding Light.

13.1.8 Chair and prepare agenda for the National Board meetings and annual business meeting.

13.1.9 Travel as deemed necessary by the Board.

13.1.10 Attend the SGNA Annual Meeting and the House of Delegates session.

13.1.11 Encourage vision and growth of the organization by fostering educational opportunities and position statement formation.

13.1.12 Serve as an ex-officio on all standing committees.

13.1.13 Serve a two (2) year term with a four (4) year commitment to the Executive.

DUTIES OF THE PRESIDENT-ELECT THE PRESIDENT-ELECT SHALL:

13.2 Accede to the Presidency when the President's term ends.

13.2.1 Serve as acting President and assume the duties of the Office in the event of the President's absence, disability or resignation.

13.2.2 Communicate regularly with the President as deemed necessary.

13.2.3 Learn the affairs of the Society.

13.2.4 Accompany the President to the SGNA Annual Conference and attend the House of Delegates session.

13.2.5 Serve as the CSGNA liaison to SIGNEA.

13.2.6 Serve as advisory member without vote on standing and special committees.

13.2.7 Form and chair the Bylaws Committee

13.2.8 Forward amendments to these bylaws to the National Secretary in writing ninety (90) days prior to the annual meeting.

13.2.9 Communicate when necessary with provincial nursing organizations and CNA regarding CSGNA activities.

13.2.10 Perform such duties as delegated by the President.

Serve a two (2) year term with a four (4) year commitment to the Executive.

13.2.11 Submit a report per issue to The Guiding Light.

13.2.12 Assume role of National Conference Director in collaboration with local Chairperson.

13.2.13 Represent CSGNA at the biennial meeting of the Canadian Nurses Association and act as liaison with CNA.

DUTIES OF THE SECRETARY

THE SECRETARY SHALL:

13.3.0 Record the minutes of all meetings of the National Board.

13.3.1 Provide a summary of National Board meetings for submission in The Guiding Light.

13.3.2 Forward the minutes of the meetings to all Board members and Chapter Presidents.

13.3.3 Conduct all correspondence for the Association as directed by the Executive.

13.3.4 Compile the annual report for distribution to the members ninety (90) days prior to the annual meeting.

13.3.5 Serve as a member of the Bylaws Committee.

13.3.6 Issue notice of meetings, activities, and conferences to all members.

DUTIES OF THE TREASURER

THE TREASURER SHALL:

13.4.0 Collect and deposit members' fees into the CSGNA chartered bank or trust company account.

13.4.1 Maintain a bank account for the Society with a minimum of three signing officers appointed and two signatures required for any transaction.

13.4.2 Make such payments as are authorized by the Society.

13.4.3 Maintain records of expenditures of the Society.

13.4.4 Submit to the Executive, sixty (60) days prior to the annual meeting, a Treasurer's report for publication in the annual report.

13.4.5 Maintain financial records of chapter educational sessions and annual reports.

13.4.6 Automatically become a member of the Annual Conference Planning Committee.

13.4.7 Arrange an annual financial report of the Society provided by a Certified General Accountant (CGA) or Chartered Accountant (CA). This is to be an outside firm/person independent of the CSGNA or persons therein.

13.4.8 Report on the Auditor's accounts of the Society to the members in the Annual Report and at the annual business meeting.

13.4.9 Contribute a report per issue of The Guiding Light.

13.4.10 The Treasurer shall be custodian of the seal of the corporation, which she will deliver only when authorized by a Resolution of the Board of Directors to do so and to such person or persons as may be named in the resolution.

DUTIES OF THE MEMBERSHIP DIRECTOR

THE MEMBERSHIP DIRECTOR SHALL:

13.5.0 Collect and maintain documentation of all CSGNA members. Personal information collected will remain confidential and used strictly for CSGNA membership benefits.

13.5.1 Issue membership cards and receipts to membership. Collect and maintain records of membership.

13.5.2 Forward to all board members every September a current list of all members of the Society and update as necessary.

13.5.3 Prepare a membership list for the distribution of The Guiding Light and Chapter membership lists to the Chapter Executive upon request.

DUTIES OF THE EDUCATION DIRECTOR**THE EDUCATION DIRECTOR SHALL:**

- 13.6.1 Serve as Board representative for certification.
- 13.6.2 Form and chair the Education Committee.
- 13.6.3 Allocate scholarships in consultation with Education Committee based on established point system.
- 13.6.4 Establish criteria for use of the fund and review annually.
- 13.6.5 Provide direction and approval to the Conference Planning Committee regarding the educational content of the CSGNA Annual Conference.
- 13.6.6 Review scholarship criteria annually.
- 13.6.7 Maintain records of all CSGNA education events.
- 13.6.8 Expand and improve publications, informational products and services that support the field of gastroenterology nursing.
- 13.6.9 Generate ideas for education that best meet the needs of the members.
- 13.6.10 Submit a report of activities of the Committee to the National Secretary ninety (90) days prior to the annual meeting for submission in the Annual Report.

DUTIES OF THE PRACTICE DIRECTOR**THE PRACTICE DIRECTOR SHALL:**

- 13.7.0 Monitor, record and update any practice guidelines, position statements and standards of the CSGNA.
- 13.7.1 Initiate new practice guidelines, position statements and standards required by the CSGNA.
- 13.7.2 Maintain a record/library of reference documents reflecting practice guidelines, position statements and standards.
- 13.7.3 Serve as a resource person for answering questions/concerns on practice guidelines, position statements and standards.

DUTIES OF THE DIRECTORS**THE REGIONAL DIRECTORS SHALL:**

- 13.8.0 Encourage and assist in the formation of chapters in their area.
- 13.8.1 Liaise with the Chapter Presidents and individual members in their Region about the work of the Society.
- 13.8.2 Report to the National Executive at regular intervals as deemed necessary by the Executive.
- 13.8.3 Attend a minimum of two meetings of the Executive in consultation with the National Board.
- 13.8.4 Provide a written report in sufficient time for those meetings which cannot be attended.

13.8.5 Submit a report of activities and future plans for inclusion in the Annual Report, ninety (90) days prior to the Annual Business Meeting.

13.8.6 Submit reports about their Region's activities to The Guiding Light.

13.8.7 There shall be one (1) Director elected from each of Canada East, Centre, and West.

13.8.8 Canada East shall consist of Prince Edward Island, Newfoundland, Nova Scotia, and New Brunswick.

13.8.9 Canada Centre shall consist of Ontario and Quebec.

13.8.10 Canada West shall consist of Manitoba, Saskatchewan, Alberta, British Columbia, Northwest Territories, Yukon and Nunavut.

13.8.11 Divisions of regions shall be decided by the co-directors. The Director will then inform the National Board and members re their areas of responsibility.

DUTIES OF NEWSLETTER EDITOR**THE NEWSLETTER EDITOR SHALL:**

13.9.0 Set guidelines for submissions to The Guiding Light.

13.9.1 Set deadlines for submissions to The Guiding Light.

13.9.2 Pursue appropriate material for the Newsletter.

13.9.3 Compile and edit submitted material for publication of the newsletter three (3) times annually.

13.9.4 Approve the final version of the edited newsletter prior to printing.

13.9.5 Provide updated membership list to the newsletter distributor and ensure mail out of newsletter to all membership in good standing.

13.9.6 Store copies of all previous newsletters. Submit a report to the National Secretary ninety (90) days prior to the annual business meeting for the Annual Report.

DUTIES OF THE PUBLIC RELATIONS DIRECTOR**THE PUBLIC RELATIONS DIRECTOR SHALL:**

13.10.1 Maintain and update the website.

13.10.2 Chair Vendor Relations Committee.

13.10.3 Serve as the resource person for the vendors.

13.10.4 Chair GI Nurses Day by establishing a theme and informing the Board.

14.0 COMPENSATION

14.1 All CSGNA financial requests over \$200.00 must be approved by two (2) Executive officers one of which shall be the Treasurer.

14.2 Verification of the appropriate receipts and the appropriate use of CSGNA funds must be present before reimbursement.

- 14.3 No reimbursement shall be made without appropriate receipts.
- 14.4 The expenses of the outgoing Executive shall include those incurred at the Annual conference at which their term of office is complete.
The expenses of the incoming Executive shall be paid by CSGNA at the Annual Conference where Executive changeover occurs. All National CSGNA Executive shall be exempt from paying to attend a CSGNA National Conference during their tenure on the Board.
A maximum number of ten (10) registration fees will be awarded to the local Annual Conference Planning Committee.
- 15.0 DISCIPLINARY ACTION**
- 15.1 Members shall be subject to reprimand, censor, suspension or expulsion by a two-thirds vote of the active members for violation of the Constitution, Bylaws or the Charter.
- 15.2 No such action shall be taken against a member until specific charges have been filed.
- 15.3 Members reprimanded, censored, suspended or expelled under the provisions as stated may within thirty (30) days after notification of such action, request the Executive of the CSGNA to review any questions of law or procedure involved therein.
- 15.4 Executive members of Chapters shall be subject to the same rules of compensation, discipline and removal as the National Executive.
- 15.5 A "conflict of interest" shall be defined as any situation or potential situation where an individual may gain or is perceived to gain, directly or indirectly from discussion on voting on said matters.
- 15.6 Any CSGNA member on a committee or in an Executive position, finding herself in a conflict of interest, shall remove herself from voting on said matters.
- 15.7 Any CSGNA member who does not identify a conflict of interest shall remain a part of the discussion and/or voting process but may be asked to resign from the said committee and/or Executive position following a review by the National Executive.
- 16.0 REMOVAL**
- 16.1 Officers elected by the membership may be removed by two-thirds vote of the active members present at the Annual Meeting.
- 16.2 The successor shall be the runner up in the previous election and remains in office until the end of the stated term. When there is no runner up or the runner up is not available to take office, nominations shall be taken from the floor. If there is more than one nomination, a secret ballot shall be held during the Annual Business Meeting.
- 17.0 PUBLICATION**
- 17.1 The Society shall publish The Guiding Light newsletter three (3) times annually.
- 17.2 The newsletter shall be sent to all members in winter, spring, and fall.
- 17.3 The Newsletter Editor shall be responsible for compiling a comprehensive, pertinent communiqué and distributing it free to all members in good standing.
- 18.0 EDUCATIONAL EVENTS**
- 18.1 An agenda shall be sent by the Chapter Secretary to the Regional Director six (6) weeks before the event for any CSGNA Educational program for a one (1) day conference and two (2) weeks before an evening seminar.
- 18.2 A report entitled CSGNA Educational Post Program Financial Report (form 01) shall be submitted by the Chapter Treasurer to the National Treasurer within one (1) month of the event upon completion of any CSGNA Educational Program.
- 18.3 The Chapter President shall ensure that appropriate records, financial statements and reimbursements are submitted to the National Treasurer.
- 18.4 The Chapter treasurer shall submit twenty-five percent (25%) of all profits to the National Treasurer after each event to support scholarships at the National level.
- 18.5 An extension shall be obtained from the National Treasurer and President in the event of an extenuating circumstance.
- 18.6 Any CSGNA member hosting/conducting an educational or fund raising event utilizing the CSGNA title shall have a bank account requiring two (2) signing officers, both CSGNA members.
- 18.7 The remainder of profits raised by chapters at CSGNA designated events shall be used for needs as determined by its membership.
- 18.8 The remainder of profits raised by CSGNA members shall be placed in a bank to organize future CSGNA educational meetings, supporting chapter formation costs, and to pay for bank account fees.
- 18.9 The national CSGNA shall remit ten percent (10%) of the profits from the annual conference meeting to the CSGNA chapter hosting the event.
- 18.11 The fiscal year shall run from January 1 to December 31.

19.0 STANDING COMMITTEES

19.1 BYLAWS COMMITTEE SHALL:

- 19.1.1 Consist of the President, President-elect, Secretary, and two Directors. The committee shall meet at the Spring Board meeting, by teleconference and /or email if deemed necessary to complete the bylaws revisions.
- 19.1.2 Be chaired by the President-elect.
- 19.1.3 Review bylaws and all recommendations for bylaw revisions submitted by members annually and make amendments as necessary.
- 19.1.4 The President-elect shall present to the Board of Directors at the spring board meeting any bylaws for revision or adoption for review by the Board before submission to the membership for a vote.

19.2 NOMINATING COMMITTEE SHALL:

- 19.2.1 Consist of the President and three members at large.
- 19.2.2 Be chaired by the President.
- 19.2.3 Recommend candidate(s) for each office, each of which shall be a member in good standing and shall signify his/her consent to stand for office.
- 19.2.4 Mail ballots to the membership.
- 19.2.5 Count the ballots and announce successful candidates to the membership at the annual business meeting.
- 19.2.6 Report tabulations to the Executive for recording in the minutes.

19.3 EDUCATION COMMITTEE SHALL:

- 19.3.1 Consist of one Director from each Region and at least four members at large. Effort shall be made to include all facets of the specialty including: research, endoscopy, management and gastroenterology nurses providing direct patient care.

19.4 VENDOR RELATIONS COMMITTEE SHALL:

- 19.4.1 Be chaired by the Public Relations Director.
- 19.4.2 Consist of two (2) Directors and the Treasurer.
- 19.4.3 Liaise with vendors to promote, encourage, and maintain relationships; maintain accurate records of vendor recognition, review recommendations of vendor evaluations at the end of each conference; and make recommendations to the Executive at the spring meeting.
- 19.4.4 Meet annually or more often as required.

19.5 FINANCE COMMITTEE SHALL:

- 19.5.1 Be chaired by the Treasurer.
- 19.5.2 Consist of the Treasurer, the Canada West Director and the Canada East Director.

- 19.5.3 Review and audit financial statements, monitor financial policies, recommend budget, meet as necessary, and report at each meeting.

20.0 SPECIAL COMMITTEES SHALL:

- 20.1 Be appointed by the Board at a general meeting and be given the necessary power to discharge its duties.
- 20.2 Submit to the National Board a written report upon completion of the special committee's duties.

21.0 CHAPTERS

- 21.1 A Chapter shall be described as a geographical area (city, region, or town) where ten (10) or more active members reside.
- 21.2 These members shall apply to the Executive for Charter as a Chapter.
- 21.3 A Chapter shall coordinate educational activities and functions of the CSGNA within its designated area in collaboration with its Regional Director.
- 21.4 The formation of a Chapter shall include a minimum of ten (10) active members applying to the National Membership Director.
- 21.5 The local group and the Regional Director will determine geographical boundaries for the chapter.
- 21.6 The Membership Director shall supply a list of all active members in the region.
- 21.7 The local group shall call for nominations from that list and notify all members of a meeting and election.
- 21.8 The number of officers required for the chapter executive shall initially be determined by the local group and henceforth by the Executive of the chapter.
- 21.9 The National Membership Director and the National Secretary shall be notified within thirty (30) days of the election results and of the title of the Chapter.
- 21.10 The name CSGNA shall appear within the title of the Chapter. (E.g. the Edmonton Chapter of the CSGNA)

22.0 THE CHAPTER SHALL:

- 22.1 Promote the Association in its area and encourage membership.
- 22.2 Be sensitive to the concerns and issues of its area and communicate them to its Directors for discussion at the National Executive.
- 22.3 Tabulate the activities of its area and submit details to its Directors for inclusion in the Newsletter and Annual Report.
- 22.4 Elect officers to include president, secretary and treasurer.
- 22.5 Officers shall hold office for two (2) years or until their successors are elected.

- 22.6 There shall be no restrictions upon the number of terms to which an officer may be elected to succeed themselves.
- 22.7 No officer shall hold more than one office at a time.
- 22.8 Open and maintain a bank account for the Chapter with a minimum of two (2) signing officers.
- 22.9 Submit membership fees directly to the National office.
- 22.10 A one-time one-year zero percent (0%) loan shall be available to a local group for Chapter formation upon application to the National Executive.
- 22.11 Plan a minimum of four (4) education hours per year for the membership in its area. Notification of an educational event shall be sent to the respective members a minimum of 14 days prior to the event.
- 22.12 Submit to their Regional Director by December 31 the Chapter's financial report.
- 22.13 All Chapters shall be available for audits at the request of the National Treasurer.
- 23.0 A CHAPTER MAY BE REVOKED FOR THE FOLLOWING:
- 23.1 At the request of the Chapter.
- 23.2 Failure to have ten (10) active members. (Until such time that there is one (1) chapter in each province this minimum number may be waived)
- 23.3 Repetitive failure to respond to communication requests.
- 23.4 Failure to meet the minimum of four (4) education hours per year for the membership in its area.
- 23.5 Failure to assume responsibility for its actions and to comply with CSGNA bylaws.
- 23.6 The Chapter President will report to the CSGNA National Executive any Chapter having serious internal problems or failure to meet Charter requirements.
- 23.7 The Chapter President will report any problems to the Regional Director.
- 23.8 The Regional Director shall make arrangements for the Chapter and its Executive to meet with the CSGNA President or a member of the CSGNA National Executive for the purpose of evaluating the problems.
- 23.9 The results of this meeting will be presented to the National Executive at the next regularly scheduled executive meeting.
- 23.10 The CSGNA National Executive shall determine the outcome for the Chapter.
- A probationary period of twelve (12) months may be granted to comply with Charter requirements.
- A Chapter may also belong to its Provincial Nurses' Association provided there is no conflict of interests with the CSGNA.
- 24.0 CHANGING CHAPTER NAME
A Chapter may change its name if fifty-one percent (51%) of the Chapter membership is in favour. The National President of the CSGNA shall be informed of the name change within thirty (30) days of adoption of the new name.
- 25.0 DISSOLUTION OF A CHAPTER AND SOCIETY
In the event of dissolution, the Chapter Executive, after payment of or making provisions for the payment of all liabilities, shall dispose of the assets of the Chapter by forwarding the assets to the CSGNA National Executive.
In the event of dissolution of the Society, after payment of or making provisions for payment of all liabilities, the National Executive shall dispose of the assets to one or more Canadian non-profit associations with similar activities to the CSGNA such as Specialty Practice Groups.
- 26.0 AMENDMENTS
- 26.1 Active Members may submit recommendation for amendments to these Bylaws to the Chair of the Bylaws Committee no later than 180 days prior to the Annual Business Meeting. All recommendations will be reviewed. Recommendations inconsistent with or contrary to the current Bylaws or the goals and objectives of the CSGNA will be returned to the member.
- 26.2 Members shall be notified of the proposed amendments in writing, to be included with the information of the annual meeting.
- 26.3 Vote shall be by mail to be received by the committee chair not later than 60 days prior to the Annual Business Meeting. To pass, two thirds of the membership must vote in favor of an amendment. All members not voting will be considered a "yes" vote.
- 26.4 Any Bylaws of the corporation repealed or amended shall not be enforced or acted upon until the approval of the Ministry of Industry has been obtained.
27. PARLIAMENTARY AUTHORITY
The rules contained in the current edition of ROBERT'S RULES OF ORDER shall govern the Society in all cases to which they are applicable and are not inconsistent with these Bylaws.

HALIFAX 2007



Halifax Planning Committee.



2007 CSGNA Scholarship Recipients.



CSGNA National Executive 2007-2008.



Michele Paquette with CSGNA New Member Scholarship Recipient Judith Spencer from Alberta.



Elaine Burgis with Yvonne Verklan, President of the CSGNA Chapter of The Year Edmonton.



Nurse Endoscopists, Quality Improvement in the Endoscopy Unit, and the Global Rating Scale

PART I

D. Taggart RN,BN,CGRN,CGN(C)

In Canada, the need for improved efficiency in endoscopy units is not a new concept. Nor is the need for increased access to colon cancer screening. What is new to many units is the way in which this can be achieved and implemented using quality and safety indicators. The Global Rating Scale (GRS) developed by Dr. Roland Valori in the United Kingdom evolved to determine whether endoscopy units were providing patient-centred service (R. Valori, personal communication, Dec. 1, 2006). From this question, 12 patient-centred standards divided between Clinical Quality and Quality of Patient Experience were created. Clinical Quality included appropriateness, informed consent, safety, comfort, quality, and prompt reporting of results. Quality of Patient Experience included equality for access to service, timeliness, choice, privacy and dignity, follow-up care, and opportunity for patient evaluation. Where this tool has been utilized in the United Kingdom, the profile of endoscopy has been raised, teamwork and standards have improved, services gaps identified, quality assurance measured and improvement noted in the patient's endoscopy experience. All of the indicators utilized in this tool refer to procedures performed by endoscopists who are assessed according to the Knowledge and Skills Framework ((KSF).

Nurse endoscopists figure into the GRS and the United Kingdom has been a leader in a formal nurse endoscopy program since 1996. Sarah Harnden, Nurse Consultant in Gastroenterology, became one of the first nurse endoscopists in 1996, initially performing

only flexible sigmoidoscopy. Her role evolved with her scope of practice increasing so that she now performs therapeutic procedures in both upper and lower endoscopic procedures. Under her leadership, her hospital was the first to open a national bowel screening centre in 2006. Harnden was actively involved in the development of the GRS. She developed skill mix tools to determine safe staffing levels (S. Harnden, personal communication, Sept. 16, 2006). In part, the nurse endoscopy program in Britain came about as a strategy to cope with the low number of gastroenterologists and long waitlists for endoscopic procedures (Cyboran, 2006).

While Canada is in the early stages of considering nurse endoscopists, Ontario was the leader having nurse-performed flexible sigmoidoscopy as early as 1999 (Shapero et al, 2001). While that program did not continue, it did identify that trained nurses could perform this skill. A limiting factor at that time was that these trained nurses were not able to obtain biopsies. A re-defined, more comprehensive training program for nurses was implemented in 2006 with 6 nurses in the cohort (Dobrow et al, 2007).

Without nurse endoscopists, the Global Rating Scale is being implemented in centres across Canada. Minimally, almost 250 indicators are evaluated in the initial process (Valori, 2005). With a positive response to most of these indicators and acting on noted deficiencies, the process moves forward. Following the tool developed in the United Kingdom, the indicators revolve around patient safety, informed consent, best practice, minimizing du-

plication of tasks, and other identified areas in which the patient's experience is improved. In the United Kingdom, identifying these indicators and reviewing twice annually have significantly impacted access to care and reported improved patient satisfaction.

The Calgary Health Region in collaboration with the Canadian Association of Gastroenterology and Canadian Society of Gastroenterology Nurses and Associates is one of the Canadian centres involved in a pilot study of the GRS Program.

Subsequent issues of the Guiding Light will highlight how this initiative is unfolding.

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CSGNA CHAPTER EXECUTIVE LIST 2007/2008

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Treasurer: June Peckham

SYNOPSIS OF 2006 CSGNA ANNUAL MEETING IN HALIFAX SEPTEMBER 19th -23rd 2007

1. **REVIEW AND ADOPTION OF AGENDA:** A motion was passed to adopt the agenda.
2. **REPORTS:** Reports from each board member were circulated and reviewed. A concern was raised regarding chapter achieving their educational hours by attending education events that were planned by physicians. Although this education is important, each chapter is required to organize and host educational events pertinent to its own membership to meet annual CSGNA charter requirements.
3. **TREASURER:** Several sponsors have provided scholarships to members. In 2008, the sponsor will award the scholarships at the annual conference. Recipients will be notified. Chapters were given \$1,500 each to aid chapter executives to attendance at the chapter dinner. Two (2) early bird registrations for the annual conference were provided to each chapter. The response from the chapter was very positive and for 2008 we will awarding the following incentives:
 - Each chapter will be awarded \$2,000 and 3 early bird registrations for annual conference with an expectation that there will be chapter representation at the annual chapter dinner
 - CSGNA will award 15 scholarships at \$1,500 each
 - CSGNA professional development award of up to \$2,000 for a member who wishes to attend a professional development course. Criteria include applications to be received within 60 days of the event and a member can only apply once every 3 years.
 - Chapter executive professional development of \$250 for one chapter executive to attend to attend a professional development course.
4. **BYLAWS:** There were 593 ballots sent out this year with 50 returned. All the bylaws passed with some positive comments, including a comment that the Annual Report was well done.
5. **EXECUTIVE ASSISTANT & MEMBERSHIP:** As of September 2007 the membership has 792 active members that represents an increase of 60 members. The number of telephone calls from members to the head office has increased. Inquiries will be made regarding using a '800' number. The new number will be published in the GL. The CSGNA office is shared with CAG and frequently there is some confusion with the mail. CSGNA's address will be **CSGNA, Suite #201- 2903 South Sheridan Way, Oakville, ON. L6J 7L6**. Postcard reminders of the annual conference will be mailed in early spring.
6. **NEWSLETTER:** Heidi Sisson is the new editor replacing Leslie Bearss. Articles are always needed but discussion about the quality of submissions ensued. Members need to be encouraged to provide research or evidence based articles with proper referencing. Information in the newsletter should be kept interesting and relevant for the members; therefore all articles submitted need to be reviewed before publication. The task of reviewing the articles has yet to be determined.
7. **EDUCATION:** Maryanne Dorias is the new director replacing Michele Paquette as she retires. Michele has dedicated a tremendous amount of time to CSGNA especially with initiating the GI certification exam. In Michele's honor CSGNA will offer a \$500 scholarship in 2008 for a CSGNA member writing the certification exam for the first time and in 2009 will award \$500 to a member who is recertifying. Feedback from the chapter executive will be used by directors, Mabel, Monique and Joanne to revise the chapter packages. The new professional development scholarships will be trialed for one year in 2008. The application will be received at the CSGNA office and will be reviewed by the education committee. The application form and the scholarship criteria will be available in the Guiding Light.
8. **CHAPTER OF THE YEAR AWARD:** Four chapters who competed this year were Ottawa, Vancouver, Golden Horseshoe and Edmonton. **Edmonton Chapter** was chosen as chapter of the year.
9. **GI PROFESSIONAL NURSE AWARD:** The 2007 recipient of this award was Lorie McGeough from Regina.
10. **PRACTICE:** CSGNA Sedation guidelines dated 2002 state that an ECG needs to be done prior to giving sedation. However, all the other sedation practice guidelines state that only a pulse check is necessary. This will be investigated further and updated based on current evidence. Guidelines need to be updated on a regular basis. The possibility of French translation for the guidelines is being investigated and these will also be posted on the website when available.
11. **2007 CONFERENCE – HALIFAX:** The conference was well attended by about 300 delegates and 24 sponsors. Evaluations were positive from most delegates.
12. **CHAPTER DINNER MEETING SEPTEMBER 20TH 2007:** Chapter executive who attended the chapter dinner received

a one gig USB key donated by Olympus. Central Alberta Chapter was welcomed as the newest chapter with chapter seals presented to all the chapters. Rosemary Tompkins from New Zealand made a short presentation about her role as GI Clinical Nurse Specialist in New Zealand. The evening was dedicated to provide networking opportunity to the attendees.

13. **CDDW 2008:** Debra and Maryanne were selected to attend the CDDW in Banff February 2008.
14. **SGNA CONFERENCE:** Branka and Cindy were selected to attend the SGNA conference in Salt Lake City, Utah in May 2008.
15. **EXECUTIVE POSITIONS FOR RENEWAL SEPT 2008:**
 - Canada West
 - Canada Centre
 - Public Relations
 - Newsletter Editor
 - Practice director.
16. **VANCOUVER CONFERENCE 2008:** Annual conference will be held at the Sheraton Hotel on September 18th to 20th. The program is almost finalized.
17. **UPCOMING CSGNA MEETING:** Teleconference meeting November 13. There will be a face to face meeting in Toronto in March, dates to be determined.

Submitted by Usha Chauhan
CSGNA Secretary

C.S.G.N.A. DISCLAIMER

The Canadian Society of Gastroenterology Nurses and Associates is proud to present The Guiding Light newsletter as an educational tool for use in developing/promoting your own policies and procedures and protocols.

The Canadian Society of Gastroenterology Nurses and Associates does not assume any responsibility for the practices or recommendations of any individual, or for the practices and policies of any Gastroenterology Unit or endoscopy unit.

To all CSGNA chapters,

I am writing to request that each Chapter submit an abstract for the upcoming National conference. The deadline for submitting the abstract is April 30.

I encourage you to submit an abstract because the process is very rewarding.

Share with us what you do in your units. The topics are endless. You could select a research project, an audit, a new procedure, CQI project, etc.

We look forward to your submission.

Submission:

Abstracts must include identification of area(s) of focus (background information); a description of the problem or issue; discussion of planning, implementation, evaluation; how your issue promoted health care outcomes or professional development in your area

Cover Sheet

Please complete a cover sheet and submit with your abstract. The cover sheet must include title of the abstract, names of all presenters/authors, credentials, and place of employment/academic affiliation. Please indicate main contact's name, telephone number, e-mail address and fax number.

Please note: this information will be used in the conference program should your abstract be selected.

Format

Your typed abstract should not exceed one standard letter size sheet of paper, double-spaced, with one-inch margins and standard 12 fonts.

The title, authors, objective, description, and conclusion should appear on the abstract. This abstract will be included as part of the course syllabus.

Please fax or e-mail your cover sheet and abstract in Microsoft Word or word perfect format.

Other Information

All authors are responsible for any expenses incurred in preparing and presenting their poster (including registration and travel expenses).

Selection Process

A blind review and selection will be made by the Abstract Review Subcommittee of the Conference Planning Committee.

Selection criteria include relevance to conference, clarity, impact on gastroenterology nurses and associates, or impact on patient outcomes

Selected abstracts will be developed into presentation format by the authors. Oral presentations will be delivered during a free paper session. Posters will be displayed in a prominent location at the conference. A 30 minute time period will be designated for the authors to discuss the poster and answer questions that delegates may have.

Notifications

All abstracts will be acknowledged upon receipt. Deadline for abstracts is APRIL 30th. Successful authors must indicate their intent to participate by June 1 st. to be included in the conference syllabus.

Submit abstracts to:

Those wishing to send in abstracts are welcome to send them to the current
CSGNA.



Canadian Society of Gastroenterology Nurses & Associates

LORIE MCGEOUGH RN, CGN(C) GI PROFESSIONAL NURSING AWARD 2007

This year, five nurses were nominated by their peers for this prestigious award. These nurses are Lorie McGeough, Joan McKechnie, Stewart Blackwell, Yvonne Verklan, and Francine Nyentap. Each is to be congratulated to have been recognized as leaders and deserving recipients.

Based on criteria established in 2004, this year's recipient embodies all the qualities and attributes of an outstanding GI nurse. Lorie McGeough is a mother, a leader, a mentor, as well as being a lifelong learner. She is a visionary with a deep commitment to her patients and her colleagues. Her enthusiasm, sense of humour, and her profound dedication to her specialty have inspired others to assume leadership roles at both the chapter and national levels. Her significant involvement in her workplace, community, across the country and internationally, are noteworthy. Her participation in the evolution and fruition of the Certification in Gastroenterology Nursing were integral and her encouragement and support inspired many nurses to write and achieve CGN(C) status. Lorie served 10 years on the CSGNA national board and was the local chairperson for one of the most successful CSGNA conferences hosted in Regina in 2006.

With great pride the National Board was proud to acknowledge Lorie McGeough's achievements in Halifax in September.

Respectfully submitted by nominators,
Cindy James and Debra Taggart

GI Professional Nursing Award 2007



It is with great pleasure and honour that I am the recipient of the 2007 GI Professional Nursing Award. To be recognized by one's peers across this country is one of the most exceptional highlights of my nursing career. This award will always hold a special place in my heart. Thank you to all of the well wishers I met in Halifax, and to my colleagues at home. Your comments have touched me deeply. A special thank you to Cindy James and Deb Taggart for the nomination. The one important thing I can say is that, not for one minute have I ever regretted becoming active in the CSGNA both locally and nationally. I have watched the CSGNA grow from a very small insignificant force to the nationally and internationally respected organization it is today. It is only through the dedication and foresight of many exceptional nurses that this has been made possible. I have been blessed to have been a part of it all. Keep up the good work!

Lorie McGeough RN CGN(C)
GI Professional Nursing Award 2007

Chapter of the Year 2007 – Edmonton Chapter

If you have you seen the e-newsletter End to End, you will have some idea why Edmonton Chapter has received the distinction of Chapter of the Year for 2007. Excellence is a quality they project in everything they do. Enthusiastic to the core, they have adopted innovative ideas to elevate CSGNA to a new level.



Not content to uphold the status quo, they have made the effort to draw members from outlying community hospitals and include nurses working on GI units and other non-endoscopy areas. Non-members were invited to attend educational events at no cost to allow them to see the benefit first-hand. Three non-members attending the spring conference in April were the lucky recipients of a draw for free memberships. In May, a wine and cheese reception was held to promote CSGNA and seventeen people joined.

The twice yearly journal club allows members to explore an issue in an article and then discuss it in the group setting.

Participation in the national conference is high. Check out the website (www.csgna.com) to see the fun they had at the lobster dinner night.

Always the first to have reports and minutes sent in to the Canada West Director, now they have started submitting articles to the Guiding Light. They are already planning to present a poster at the conference in Vancouver.

Members are appreciated and recognized for their accomplishments and several have been nominated for awards and scholarships by the chapter, Judy Langner being the recipient of the SciCan award this year. Certification is valued and encouraged and the chapter has consistently had members qualify.

This chapter has worked very hard and deserves the honor of “Chapter of the Year”.

Since this chapter is the “big sister” of our newly-formed Central Alberta Chapter in Red Deer, I am especially proud to proclaim their accomplishments. They are an inspiration to me and I hope they will spur others on to greater things.

Congratulations to all members for being innovative and enthusiastic in sharing CSGNA with Edmonton area.

Joanne Glen RN, CGN(C)

WE COULD ONLY IMAGINE! – EDMONTON 2007

And it happened! We actually received the award for the Chapter of the Year! It was just at our Sept. 12 chapter meeting that we talked about what we hoped to accomplish for this upcoming year. If we could just add to our portfolio with more articles to the Guiding Light, get our e-newsletter up and going, or possibly with someone taking a position on the Board, then maybe we could have a good chance at qualifying to be “Chapter of the Year” ... next year.

Just two short years ago, our chapter was dying out. We didn't have regular meetings anymore and if we did, they were attended by a few five of us. In spring of 2005, one of our outgoing members actually said that we should just fold due to lack of interest. So at our meeting Anna Tsang, Anna Stephenson, Dianne Fuson, Jan MacNeil and I agreed we weren't ready to pack it in! We were going to carry the load while other tired members took a break and participated when they could. We knew that if we got

the information out there, then we would see new members. How could they not love the idea of great education opportunities, networking and meeting with a fun bunch of nurses every month? Of course, we needed a new executive. You have never seen a faster process ... each of the other four jumped at a position and left me with President! I am not kidding!

With the dedication and hard work of the “original five”, we had our first one day conference planned and successfully attended that fall. This provided a much needed awareness to nurses from sites in and around Edmonton about CSGNA, and we saw the beginning of new growth in our chapter. Having had primarily Endoscopy and GI Medical nurses, we saw members come to us from GI Research, Pediatric GI Clinics, IBD Clinics, Stoma/Wound Care, GI Surgery, GI Motility Study, and General Medicine. What we have now is a well rounded team approach to getting those great educational opportunities

that we love to have.

There is no shortage of innovative ideas and discussions on suggestions and challenges within our team. We have created a new point recognition system, providing funding to members with a one time recognition of points for participation; our own Edmonton CSGNA Chapter seal; our Journal Review, a bi-yearly event; our “End to End” e-newsletter, emailed to members four times in our year running; and our Membership Blitz, successful this last May for signing up 17 new members. And, in the midst of laughter and design, with many amateur type artistic impressions, we came up with the GI Poster and Theme which were displayed in the Guiding Light, March edition. All of this along with yet another one day conference, the many sponsored dinner/presentations and the member given informal presentations, have certainly kept our chapter busy and far from where we were ... just two short years ago!

Submitted by Yvonne Verklan



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PRESIDENT-ELECT REPORT

I would like to commend Evelyn McMullen, the Halifax conference planning committee and Nova Scotia Chapter for an outstanding Annual Conference. Thank you for all your hard work during the past 2 years that produced an educational and personally enriching program. Halifax was a wonderful experience. And, down east hospitality was at its best!

The bylaw amendments were ratified by ballots returned. Bylaw amendments were presented in the Annual Report mailed out to our membership in June. There were 593 ballots sent to members, with 50 ballots returned by the closing date. All proposed amendments were ratified. The current bylaws are presented in this newsletter.

Our association with CNA as an associate member has provided a valuable networking opportunity with other national nursing associations. We have been able to discuss like issues, such as encouraging membership growth, as a group. As it turns out, most associate, affiliate and emerging nursing associations of CNA are experiencing the same issues that we at CSGNA face. CNA plans to further develop these relationships between their "AAEs" through teleconferencing, continued email networking and at the National Biennial Convention, which will be held June 16th - 18th, 2008 in Ottawa.

In celebration of its centennial, CNA will present one-time awards, the "CNA Centennial Awards" to 100 Canadian registered nurses in recognition of their contribution to nursing in Canada. We hope to see at least 1 CSGNA member on the award list! Other celebrations include a Canada Post issued stamp commemorating CNA in its 100th year and the unveiling of CNA's coat of arms. Keep up to date on CNA's centennial activities at www.cna100.ca. There will special recognition of all CNA certified nurses. Activities will be ongoing throughout

2008 and all registered nurses will have an opportunity to celebrate Canadian nursing.

**Respectfully submitted,
Elaine Burgis, RN, CGN(C)
President-elect 2006-2008**

NEW EDUCATION DIRECTOR

Dear Colleagues,

There have been many changes in the educational realm of Gastroenterology. As many now know Michele Paquette has retired from her position as the Education Director. Michele was not only an educational leader for fifteen years but, she also increased the standard of education by introducing guidelines while encouraging certification and understanding in Gastroenterology. Michele has done a tremendous amount for the specialty.

As the new Education Director, I hope to use the skills and advice that Michele has given me and put them into practice. I hope my passion for Gastroenterology nursing will assist others in their everyday needs, provide encouragement and advice, and continue to increase the standard of nursing. I have worked in Gastroenterology since 1993 however, since earning my certification in 2005, I have gained a deep appreciation for this field of nursing and I have come to value this profession and the patients we care for.

My main goal is to increase the level of education in Gastroenterology by encouraging certification, assisting with educational development, and supporting people with resources and materials. I believe that education opens doors for new opportunities within the field, develops respect from colleagues and practitioners, and increases understanding by others working in this area. In addition, increasing education will assist in the knowledge of equipment and staying up to date with changing technology will provide personal growth and also assist the practitioners with their work.

More importantly, education helps in the understanding of patient's conditions and provides the best possible care while broadening and deepening people's skills and awareness.

For 2008 we anticipate scholarships be available from our vendor sponsors. The Board is also pleased to offer each chapter \$2000 to support three (3) Chapter executive or designates to attend the national conference in Vancouver. This is an increase of \$500. Three (3) complimentary early bird registrations will also be included. The new CSGNA Membership Scholarship is increased to two (2) at \$1500 each. The Annual CSGNA Scholarship Award will be awarded to 15 at \$1500 each. I also want to mention Doreen Reid from Alberta and Janet Young-Laurin from Ontario who also received the CSGNA Scholarship Award in 2007. Congratulations to both of you! The CAG Scholarships will be awarded to one research nurse and one clinical nurse the amount yet to be determined. This year we have introduced three new awards.

1. The Michele Paquette Certification/Recertification Award
2. The CSGNA Professional Development Scholarship Award
3. The CSGNA Executive Professional Development Award

While attending the Halifax conference, I met many members from across Canada. Prior to the conference, I attended my first CSGNA Board meeting. I was very impressed by how hard each member worked and contributed to CSGNA on our membership's behalf! Everyone was very friendly, knowledgeable, and willing to share information. We have an exciting year ahead as we go forward!

Once again the "Foundation GI Certification Prep Course" was held on Thursday, September 20, 1100-1500 at Queen Elizabeth 11 Health Science Center. Attending this program allowed participants to receive more educational hours. Presentations were given by Branka Stefanac

on Moderate Sedation and A&P of the Biliary and Pancreatic Systems, Lorie McGeough spoke on Clinical Pathways, Joanne Glen described a Competency Tool used at her facility, and Michele Paquette offered a mock exam. I want to thank all of the wonderful speakers and the Board of Directors who organized this course. Allot of preparation went into this program.

The CSGNA National Conference in Halifax was very well attended and enjoyed by all. Every morning was started with a healthy breakfast and exhibit viewing. Many interesting topics were covered; among them were Pediatric Gastroenterology, Research for Beginners,

breakout sessions including Ergonomics, CSGNA Positions and Guidelines, and Certification/Recertification generated many discussions. At the dinner "Come Visit Your Roots", the Michele Paquette Certification/Recertification Award was introduced by our President Debbie Taggart to honour our outgoing Educational Director Michele Paquette, for all of her contributions to CSGNA and Gastroenterology. The GI Professional Award was also presented to Lorie McGeough by Debbie Taggart. We were all very moved with the presentations of these awards to both of these deserving individuals.

On Saturday September 22, 2007, the Ontario Nurse Performed Flexible Sigmoidoscopy Program was introduced. Presentations on Cystic Fibrosis, Laparoscopic Mucosal Resection, Holistic Medicine, GI bleeds were also given. The conference ended with many laughs with Bill Carr's "Don't Worry Be Happy". A fun evening was organized - "Come Taste the Sea" with live entertainment from John Flynn. It was a great event done by the Halifax planning committee and many CSGNA members.

October 11 and 12, 2007, Debbie Taggart, Joanne Glen, and I attended the 7th Annual Interdisciplinary Forum in GI Medicine in Vancouver. It was a great opportunity to see live

video transmissions of numerous endoscopy procedures from St. Michael's Hospital in Toronto, a very enjoyable and a wonderful learning experience. Many other topics were discussed such as Acute Pancreatitis, The Constipated Patient, New Toys for Colonoscopy Colon Cancer Screening, and NSAIDS and the Gut. There was also an Endoscopy Nurses Workshop.

The first day of the GI Forum, I worked in tandem with Nala Murray from St. Paul's Hospital. What an interesting topic, "High Definition - A current Focus on HIV/AIDS Infections for GI Nurses" and I presented "GI Nurses Get Smart Understanding Laboratory Values - Viral Load and CD4". On the second day of the GI Forum, Judy Deslippe spoke on "Elders in Our Care". Judy shared many ideas to help the participants care for their patients. I presented on "Defining GI Nurses Work - C.N.A. Certification, Is It Worth It?" This topic generated many questions and a great interest was shown. The GI Forum was a noticeably full program.

Vancouver will host the 2008 CSGNA National Conference. We are very excited to announce optional education sessions Thursday, September 11, 2008 with one option being an ERCP program. Please watch the website www.csgna.com for more information on topics, time and place these will occur.

Certification deadline October 19th has been given an extension by C.N.A. to November 9. The application for Certification is on line from the C.N.A. web site www.cna-aiic.ca. We now have 199 nurses certified in Gastroenterology. HURRAY!

Earning certification validates the GI nurse with acquired knowledge and skills in many practice settings. I encourage you to consider writing the certification exam. You can do it!

The exam is date April 5, 2008.

Although, I may never replace Michelle, I truly hope to elevate and encourage people to increase their understanding and education to raise the standard in this specialty and to

increase satisfaction and patient care. Please contact me with any questions, interests, ideas, and concerns.

**Respectfully submitted by,
Maryanne Dorais RN CGN(C)
Education Director**

DIRECTOR OF CANADA CENTRE REPORT

I would like to congratulate the Halifax planning committee for an excellent conference. There were a few changes such as the Foundation which was free of cost and very well organized by Michèle Paquette with interesting topics. A disc replaced the syllabus which will help the participants to share information with their colleagues.

The Montréal Chapter is planning a full bilingual day conference in the fall.

Two members were acclaimed in the position of the Chapter secretary Betty Lee Ryder and Norma Baysa as the new treasurer.

The Ottawa Chapter met Oct. 3, 2007 to plan a day conference for May 3, 2008. The treasurer Micheline Lafrance renewed her position. A short summary of the Halifax conference was giving to the attendees. Next meeting will be held November 7 and December 5, 2007.

The Greater Toronto Chapter is organizing an evening educational event in mid November or January. The topic will be on "Fatty Liver". An election will take place at that time for the positions of President and Secretary. A day conference is in the works for some time in the spring.

The Golden Horseshoe Chapter has three new executive members: Alma Smith is president; Shannon Lindsay is the new treasurer and Sanja Kekic secretary. The out-going and in-coming executive met on Oct. 3, to discuss the Chapter's duties. They are planning a day conference on Nov. 10, 2007 which will be held in Kitchener. Two members wrote and passed their Gastroenterology exam. Congratulations.

The South Western Ontario Chapter has elected a new president, Vicky Lipps. The Chapter will meet October 25, 2007 in Chatham for an educational session sponsored by Altana.

The Central Ontario Chapter also had a busy year and is planning a fall educational evening session possibly in mid November.

The London and Area Chapter executive remains the same. They have organized an evening educational on "Managing Varices Bleed" by hepatologist Dr. Paul Marotta.

The event is sponsored by Boston Scientific and will be held at Auberge du Petit Prince.

Respectfully submitted
Monique Travers RN, CGN(C)

DIRECTOR PRACTICE REPORT

It was great to see so many of you in Halifax. It was great to meet many of you in person not just via email. Review of some of the guidelines in smaller groups generated excellent discussion and changes have been made to reflect your input. Please continue to send your input, it is very valuable.

Continue to network and attend your local area education sessions.

Guidelines for PPE will be available next time as we are adding "Radiation Safety". Infection Control and Scope reprocessing will be complete after we get the final word from the Canadian Standards Association (CSA).

My email address is
stefanac@rogers.com

CANADA WEST DIRECTOR REPORT

MANITOBA

It was great to see that some of our members were able to attend the national conference for the first time. I remember how the little light was lit under me as the result of attending my first big conference and seeing what a great group the CSGNA membership is and how important it is to stay connected in order to attempt to keep the discipline safe for GI patients and nurses.

We had our first chapter meeting on Thursday October 4th. Although the number in attendance wasn't as high as usual, it was a very good meeting. Carol Reidy from St. Boniface hosted the meeting and Mike Enns from Olympus presented the educational session on managing GI Bleeds and included a hands-on portion so that members could get the feel of the products.

We started with a round the room informal discussion of our impressions and experiences in Halifax. There was lots of positive feedback about the networking, the opportunity to meet the vendors and to see the options for equipment. The educational sessions were discussed and the members were satisfied with the content. The comedian impressed everybody. One of our members reported that I was mentioned for the research that was done on upper extremity injuries and published by SGNA. We spoke about the plan to expand our research project to include Canadian nurses. We went on to discuss membership and ways to attract more members. It was suggested that we increase the access to educational points.

We also discussed starting a journal club. I am getting ideas together to get that off the ground.

One of our members has been studying to write the certification exam and we encouraged more to do the same.

We again discussed taking our knowledge to the community in order to educate the public about GI issues and the role of endoscopy. One other option that was discussed was networking with Olympus in order to partner our meeting with their school on reprocessing which will be held for the rural community and away from Winnipeg. Interest was voiced about this option as well.

Susan Drysdale, president

KAMLOOPS AND REGION

We hope to accomplish a lot this year and hope more nurses will attend from our surrounding area. Three

members attended the national conference in Halifax. Fun was had by all! Information will be shared with the Kamloops and Region membership in a local CSGNA meeting to be held in November. Most members are planning to attend the national conference in Vancouver 2008.

Two to three more members are planning to write their GI Certification in April. Study groups are now being organized to offer support to these members. One possibly two members will be attending the GI Forum in Vancouver.

For the upcoming year we would like to see more submissions to "The Guiding Light" and increase our membership. Being a small unit, traveling can be a challenge.

A couple times a week we have a personal trainer lead fitness workouts to keep us "fit as a fiddle". All well attended and fun.

Maryanne Dorais, president

EDMONTON

Our September meeting saw us reviewing our previous year's accomplishments and growth. We celebrated the "birth" of our newest innovative creation, our "End to End" e-newsletter. In our June meeting, the need to reach members who couldn't attend meetings and our distant chapter members throughout the Alberta north area was expressed. After some discussion, our computer "guru" Judy Spencer came up with the e-newsletter idea. We thank her for all of her hard work and dedication as Newsletter Editor. "End to End" will be sent to members every three months from September to June. For more information please contact Judy at csgna.edmonton@gmail.com.

We are looking forward to our first of two Journal Reviews in November. We are excited to have one of our newest chapter members involved in providing the topic on "Ostomy Complications". Martha Patry is the Ostomy and Wound Care Nurse at the Misericordia Hospital in Edmonton. At the October meeting, members received a journal on the topic for their

information and review. This Ad Hoc Committee is facilitated by founder Anna Stephenson.

We had our first evening education event on October 2. Thank you to Rob Clarkson from ConMed for his inservice on Electrocautery Safety and for dinner. Five Edmonton members did indeed "See the Sea" in the historical city of Halifax, N.S. and experienced the friendly hospitality of the Halifax Chapter! Congratulations on the excellent conference with all of the many interesting speakers, vendors and evening events. In addition to the valuable information we received at the conference, we all took advantage of staying and learning more about your great province!

The very surprised members of the Edmonton Chapter are so proud to accept the Chapter of the Year Award and we thank the board for this great honor! We know that each of the chapters nominated were all very deserving of this award as well. We thank Deb Taggart and Joanne Glen for their avid support, encouragement and interest in our group!

Yvonne Verklan, president

REGINA

Our Regina Chapter is presently planning our annual GI day October 26. We usually have around 100 in attendance. It is a full day of educational speakers, awesome food and door prizes. We can also visit the vendor tables to see the newest in GI technology. In November we are also planning our first study group session. We may add a little wine and cheese to the agenda that evening.

Shelley Cochrane, Janice Robson, Kathy MaCauley and I, Connie Bender, had a great time in Halifax. The education was very valuable and the lobster night was a hoot. One we won't forget or "remember" for a long time. Thanks so much to the Halifax Chapter for a job well done.

Connie Bender, president

OKANAGAN

We had two of our chapter members attend the conference in Halifax and very much enjoyed it. They have given us a presentation of the topics discussed and it sounds like it was informative and a great reminder of what should be happening, based on existing CSGNA guidelines. Looking forward to having the next conference on the west coast so that many (if not all) of our unit can attend. We are excited about the current year, now that the President is back from maternity leave, the chapter will be more active than in the past year. We had a few great educational opportunities at the end of September with Dr. Love, a visiting gastroenterologist presenting a day of procedures we are not doing often on our unit. There was also a fall installment of the annual Kelowna Digestive Diseases Weekend, which had many great speakers and interesting topics. We are looking forward to our dinner meeting this month to discuss some potential chapter events for the end of the year and spring 2008.

Future plans include an anesthetist and a gastroenterologist presenting to the group.

Bethany Rode, president

CENTRAL ALBERTA

Plans for our first education day are almost complete and registrations are rolling in. We are optimistic that it will be a success.

Bev Herzog, Betty Bradford and Judy Klaus, 2007 successful certification candidates are encouraging members to consider writing the exam. Five members enjoyed the conference in Halifax.

Joanne Glen, president

VANCOUVER ISLAND

At our October meeting, we decided to have our day conference April 26th, 2008. We are in the process of getting suggestions on topics. On Saturday (October 13th) we had a breakfast and review about the Halifax Conference at the Colwood Golf

Course. It was sponsored by Dennis Johnson from Roche Pharmaceutical and free for members. Vicki, Karen, Alex, Laurie, and Charlene gave the talk since we were the five members who attended the conference.

Charlene McCabe, president

Director Canada East Report Newfoundland

Most of the staff from the two GI units in St. John's attended the 23rd National Conference. It was great to see our west coast buddies again from Corner Brook, Grand Falls and Gander.

New Brunswick / PEI

New executives Tracey Pyne and Heather Sutherland so glad to meet you. I have some nice photos to share.

Nova Scotia

"Come See The Sea" another excellent conference. Great job thanks to the commitment and hard work of the planning committee. Congratulations Evelyn, Edna, and Lisa.

All chapters have been very active. They have increased their membership and surpassed the required educational hours. I want to thank all of the Chapter Executives for organizing the educational events for their members. Keep up the good work.

Any questions or suggestions please contact me via e-mail or telephone.

**Submitted by
Mabel Chaytor, RN, CGN(C)
Canada East Directory**

Three members attended the National CSGNA conference in Halifax, Nova Scotia. All had a good time and enjoyed themselves, congratulations to the planning committee. The session on certification initiated some members to look at doing their GI Certification. Good luck to those members. Plans have begun for our spring conference, hopefully in May. No definite date as yet.

**Tracey Pyne, President NB/PEI
Chapter CSGNA**

CSGNA Announces 2 New Professional Development Awards

In an effort to support our membership in continued education and enrich our professional practice, it is with great excitement that CSGNA announces 2 new awards. These awards were developed to support our membership to attend educational and professional development courses other than CSGNA events.

The "CSGNA Professional Development Scholarship Award" has been developed to support our members' attendance at an educational course or program other than a CSGNA event, including international events. The award can be used for expenses associated with attending the event, including travel, accommodation and registration fees. The value of the award will be up to \$2000 dependent upon a projected budget provided by the applicant. There will be an annual fund of up to \$10,000 devoted to this award. Application for the award must be made 45 days prior to the event and monies awarded will be presented after the event awaiting proof of attendance and receipts for expenses.

The second new award is the "CSGNA Chapter Executive Professional Development Award". This award is made available to chapter executives to assist them in attending

any professional development course that would enrich their role in their CSGNA chapter, workplace or gastroenterology practice. This could include a computer course on PowerPoint, an ethics course or a workshop that would support your practice. The award is for up to \$250 for course registration fees. There will be an annual fund of up to \$2000 devoted to this award. Application for the award must be made 30 days prior to the event and monies awarded will be presented after the event awaiting proof of attendance and receipt for the educational event fee.

As stated in our association's goals, CSGNA's commitment to excellence of client care is achieved by enhancing the educational and professional growth of its membership. It is through these new awards that CSGNA hopes our membership will be supported by giving the opportunity to attend the many other available programs and educational events outside CSGNA.

Application forms for both of these new awards are available in the Guiding Light.

Vancouver GI Forum

Since I joined the national board of CSGNA, I have had several opportunities to attend educational events. October 11 and 12, I went to Vancouver for the GI Forum, held in conjunction with St. Michael's (Toronto) annual course. Many unusual cases were presented in the live endoscopy sessions and some surprises were encountered. GI is not always predictable and apparently glitches happen in places other than my worksite! There was a good representation of nurses totaling about 40-50. Nurses' sessions were increased from the previous year and interesting topics such as caring for the elderly and HIV/AIDS were presented by Nala Murray, Maryanne Dorais and Judy Deslippe. After the workshop on certification, there were many questions and obvious interest in the subject.

Thanks to the organizing committee and CAG for welcoming us to such a remarkable conference.

Joanne Glen RN CGN(C)

Annual Membership Fee Increase

Effective with membership renewal in 2008, the CSGNA annual membership will be \$75. With this you will continue to receive the Guiding Light three times per year, be able to apply for the increased number of scholarships and awards offered, and attend your chapter and national events at a reduced, member-rate.



THE GI PROFESSIONAL NURSING AWARD

Criteria:

- Promotes and enhances the image of GI nurse in her hospital or the community.
- Participates in professional organizations and National activities for CSGNA.
- Demonstrates creative and innovative methods in patient care.
- Acts as a role model and mentor.
- Contributes to improving quality of care of patients and their family.
- Does volunteer work.
- Encourages certification among peers.
- Is committed to continuing education.

Recognition Criteria:

- member of CSGNA
- Completion of specialty certification.
- Completion of Bachelor's degree
- Completion of Master's degree
- Completion of a post-graduate Nursing certificate.
- Award Recipient: Recognized with Provincial, National or International Award.
- Publication: Article, Abstract Editorial in a Journal.
Author or co-author of a book
- Presentation: Presented or co-presented at a conference (either oral or poster).
Presented at a hospital in service
- Unit contribution: Has written policies and procedures.
- CSGNA Chapter member, who actively supports and attends CSGNA functions

The GI nurse must be nominated by at least two nominators who must submit a written statement to support the nomination.

Nominations must be submitted to CSGNA Education Director by March 30 annually.

FUTURE CSGNA CONFERENCES

VANCOUVER
September 11th to 14th 2008

TORONTO 2009



The SciCan Educational Scholarship

SciCan, in conjunction with the CSGNA, is pleased to again offer the annual educational scholarship in the amount of \$1500, to be awarded to a member of the CSGNA for use in attending the National CSGNA conference **for the current year** (conference registration, hotel, flights, meals, etc.). The award will go to a person who has made a significant contribution to GI advancement and education in her/his hospital or community.

In order to encourage applicants from all parts of Canada, each CSGNA Chapter will be asked to submit one qualified candidate for the SciCan Educational Scholarship. The choice of a candidate to submit rests with each Chapter. The application should consist of a one-page description of the candidate's contributions to endoscopy in the region. All other selection criteria that pertain to CSGNA educational awards apply. **Applications should be sent to the Education Director of the CSGNA by May 31st of each year.** Her address can be found on the back page of The Guiding Light.

Choosing a winner from among the seventeen candidates will not be an easy task! We expect that the caliber of applicants will be very high, and neither SciCan nor the CSGNA executive believes that they we should stand in judgment of the applicants and deem that one are more deserving than the others. Therefore, assuming that the seventeen candidates all meet the criteria, a draw will be made for the winner. That person will be announced in the June/ July issue of The Guiding Light and will be presented a commemorative plaque at the CSGNA annual meeting. The winner's name and photograph will also be published on SciCan's website. Applications for this scholarship are due May 31st annually.

SciCan is a Canadian manufacturer and distributor of medical and dental products. Our medical products in Canada include the Innova endoscope washer-disinfector, Statim sterilizer, Fujinon endoscopy systems, US Endoscopy endoscopic accessories, Mediscart endoscope transport systems, SciCan endoscope storage cabinets and Medisafe instrument cleaners. SciCan is pleased to support the CSGNA and its goal of keeping its members abreast of developments in the field of Gastroenterology. We are privileged to work with such a dedicated, professional and fun-loving group of people.

Please contact me about any comments you may have about this newsletter or any ideas for future issues.

Helga Sisson, Newsletter Editor.
Email hsisson99@rogers.com

REMINDER

As per Bylaw 22.12 all CSGNA Chapters shall submit to their Regional Director by December the 31st the Chapter's financial report.



Canadian Society of Gastroenterology Nurses & Associates

C/O EDUCATION CHAIR: MARYANNE DORAIS, CSGNA, #201 - 2902 South Sheridan Way, Oakville, ON L6J 7L6

The Michele Paquette CERTIFICATION/ RECERTIFICATION Award

Criteria Overview

An award of \$500 will be provided to the selected applicant who is a certified, motivated CSGNA member committed to improving practice and demonstrating excellence in the nursing care of the gastroenterology patient.

Eligibility and Application

The applicant must:

1. Provide a copy of current CSGNA membership with continuous CSGNA membership of at least 2 years for the certification award and at least 5 years for the recertification award.
2. Submit a current Curriculum Vitae
3. Provide receipt of CNA Gastroenterology Nursing Certification/Recertification in the current year.
4. Provide a personal letter of 250 words or less identifying contributions to one's own workplace, CSGNA, and/or gastroenterology nursing practice.

**COMPLETED APPLICATION WITH SUBMISSIONS MUST BE RECEIVED BY
THE EDUCATION CHAIR B Y JULY 31ST OF THE CURRENT YEAR**

Name: _____

Address: _____

City: _____ Prov: _____

Postal Code: _____ Home Telephone: _____

Circle all that apply: RN BSN MSN Other _____

Hospital/ Employer: _____

Work Address: _____

City: _____ Prov: _____

Postal Code: _____ CSGNA member since- _____

Signature: _____



Canadian Society of Gastroenterology Nurses & Associates

C/O EDUCATION CHAIR: MARYANNE DORAIS, CSGNA, #201 - 2902 South Sheridan Way, Oakville, ON L6J 7L6

The CSGNA Chapter Executive Professional Development Award

Criteria Overview:

This award of up to \$250 will be awarded to one CSGNA chapter executive to attend a local educational professional development course/program, other than a CSGNA event. Up to \$2000 will be devoted for this professional development activity.

Eligibility and Application:

The applicant must provide the following to be considered for this award:

1. Provide copy of current CSGNA membership with continuous CSGNA membership for at least 2 years
2. Submit a current Curriculum Vitae
3. Provide a copy of the educational registration form and educational event fee
4. Provide a personal written letter of 250 words or less how this award would enable the CSGNA executive member to gain new knowledge and skills that would contribute to one's own CSGNA Chapter, workplace, and/or gastroenterology nursing practice.
5. Submit a copy of attendance and educational event fee receipt

APPLICATION FORM AND SUBMISSION MUST BE RECEIVED BY THE EDUCATION CHAIR BY 30 DAYS PRIOR TO THE EDUCATIONAL EVENT

Name: _____

Address: _____

City: _____ Prov: _____

Postal Code: _____ Home Telephone: _____

Circle all that apply: RN BSN MSN Other _____

Hospital/ Employer: _____

Work Address: _____

City: _____ Prov: _____

Postal Code: _____ CSGNA member since- _____

Signature: _____



Canadian Society of Gastroenterology Nurses & Associates

C/O EDUCATION CHAIR: MARYANNE DORAIS, CSGNA, #201 - 2902 South Sheridan Way, Oakville, ON L6J 7L6

The CSGNA Professional Development Scholarship Award

Criteria Overview:

The CSGNA Professional Development Scholarship Award of up to \$2000 is to be used for travel, accommodation, and registration fees for a CSGNA member to attend any educational course/program other than a CSGNA event. Up to \$10,000 will be devoted for professional development activity.

Eligibility and Application:

The applicant must:

1. Provide a copy of current CSGNA membership with continuous CSGNA membership of at least 2 years
2. Submit a current Curriculum Vitae
3. Provide a copy of the educational registration form along with a proposed budget for course fee, travel, and accommodation
4. Provide a personal written letter of 250 words or less identifying how this scholarship would enable the CSGNA member to attain professional development and contribute to one's own workplace, CSGNA, and /or gastroenterology nursing practice.
5. Submit a copy of attendance and receipts for course fee, travel, and accommodation following the educational event
6. The applicant may only apply once every three years

**APPLICATION FORM AND SUBMISSION MUST BE RECEIVED BY THE EDUCATION CHAIR
45 DAYS PRIOR TO THE EDUCATIONAL EVENT**

Name: _____

Address: _____

City: _____ Prov: _____

Postal Code: _____ Home Telephone: _____

Circle all that apply: RN BSN MSN Other _____

Hospital/ Employer: _____

Work Address: _____

City: _____ Prov: _____

Postal Code: _____ CSGNA member since- _____

Signature: _____



Canadian Society of Gastroenterology Nurses & Associates

C/O EDUCATION CHAIR: MARYANNE DORAIS, CSGNA, #201 - 2902 South Sheridan Way, Oakville, ON L6J 7L6

APPLICATION FORM FOR **CAG** NURSE SCHOLARSHIP PRIZES

The Canadian Association of Gastroenterologists (CAG) scholarship prizes are available to one research nurse and one endoscopy nurse in the amount of \$500 each, to be used for travel to the Annual CDDW meeting.

ELIGIBILITY:

1. Current active member of CSGNA for at least two years.
2. Active supporter of CSGNA and objectives.

PLEASE SUBMIT THE FOLLOWING WITH THIS APPLICATION:

1. A two page summary of how this scholarship and attendance at the proposed meeting would benefit you in your research/endo-clinical role in gastroenterology, and what self initiated research projects you are involved in.
2. A current Curriculum Vitae.
3. A letter of reference from your Unit Director.
4. Two letters of reference from CAG members.
5. Copy of CSGNA Membership Card.

APPLICATION FORM AND SUBMISSIONS MUST BE RECEIVED BY THE EDUCATION CHAIR AT THE ABOVE ADDRESS BY **DEC 1 OF THE CURRENT YEAR.**

NAME: _____

CIRCLE ALL THAT APPLY: RN BScN BAN MSN CGN(C) OTHER _____

HOME ADDRESS: _____

CITY: _____ PROV: _____

POSTAL CODE: _____ HOME TELEPHONE: _____

FAX: _____ E-MAIL: _____

HOSPITAL/EMPLOYER: _____

WORK ADDRESS: _____

CITY: _____ PROV: _____

POSTAL CODE: _____ JOINED THE CSGNA IN _____ (year).

SIGNATURE _____ DATE _____



CSGNA EDUCATION COMMITTEE POINT SCORING SYSTEM FOR AWARDING SCHOLARSHIPS

Each year as a member (cumulative points)	1 Point
Each year served on National Executive (cumulative points)	3 Points
Each year served on Annual Conference Planning Committee (cumulative points)	3 Points
Each year served on Chapter Executive (cumulative points)	2 Points
Each time submitted an article for publication in “The Guiding Light” not reports (cumulative points)	2 Points
Can demonstrate actively recruited members	1 Point
Each time has acted as speaker at a CSGNA conference or seminar (cumulative points)	2 Points
Each time served on an ad hoc committee of the CSGNA (e.g.) Bylaws (cumulative points)	2 Points
Outlines geographical location and travel expenses	1 Point
Actively participates in Chapter events (E.G.) fundraising	1 Point
Each year as a member on the planning committee for a regional conference (cumulative points)	1 Point
CGN(C)	3 Points
CBGNA certification	1 Point
Typed format	1 Point

REVISED September 2002

M. Paquette, Education Director



Canadian Society of Gastroenterology Nurses & Associates

C/O EDUCATION CHAIR: MARYANNE DORAIS, CSGNA, #201 - 2902 South Sheridan Way, Oakville, ON L6J 7L6

APPLICATION FORM FOR CSGNA **ANNUAL** SCHOLARSHIP AWARD

The Annual National Conference award of \$1,500.00 is to be used for travel and accommodation to the Annual National Conference in Canada.

EXCEPTIONS:

1. Applicant cannot have received **THIS** award in the previous two years.
2. Current members of the Executive and Conference Planning Committee are not eligible for this award.
3. Scholarships are available only to active members.

PLEASE SUBMIT THE FOLLOWING WITH THIS APPLICATION:

1. A written summary of how this scholarship and attendance at the proposed meeting would benefit you in your work.
2. A current Curriculum Vitae.
3. Please specify your past involvement in the CSGNA: e.g., acted as speaker at a meeting, actively recruited new members for CSGNA, aided in the formation of a local Chapter, served on an Ad Hoc Committee, and any Newsletter articles submitted. Describe your current involvement with your Chapter: e.g., fundraising or planning Chapter conferences.
4. Outline projected financial needs to attend this meeting.
5. Geographical location and related travel expenses will be taken into consideration by the Education Committee when scoring applications.
6. Copy of CSGNA Membership Card.

APPLICATION FORM AND SUBMISSIONS MUST BE RECEIVED BY THE EDUCATION CHAIR AT THE ABOVE ADDRESS BY **JUNE 1 OF THE CURRENT YEAR.**

NAME: _____

CIRCLE ALL THAT APPLY: RN BSN BAN MSN OTHER _____

HOME ADDRESS: _____

CITY: _____ PROV: _____

POSTAL CODE: _____ HOME TELEPHONE: _____

FAX: _____ E-MAIL: _____

HOSPITAL/EMPLOYER: _____

WORK ADDRESS: _____

CITY: _____ PROV: _____

POSTAL CODE: _____ JOINED THE CSGNA IN _____ (year).

SIGNATURE _____ DATE _____



Canadian Society of Gastroenterology Nurses & Associates

CSGNA Membership ends May 31st each year

CSGNA, #201 - 2902 South Sheridan Way, Oakville, ON L6J 7L6

MEMBERSHIP APPLICATION

(CHECK ONE)

ACTIVE \$50.00

Open to nurses or other health care professionals engaged in full- or part-time gastroenterology and endoscopy procedure in supervisory, teaching, research, clinical or administrative capacities.

AFFILIATE \$50.00

Open to physicians active in gastroenterology/endoscopy, or persons engaged in any activities relevant to gastroenterology/endoscopy (includes commercial representatives on an **individual** basis).

RETIRED \$25.00

Open to members not actively engaged in gastroenterology nursing practice.

LIFETIME MEMBERSHIP

Appointed by CSGNA Executive.

FORMULE D'APPLICATION

(COCHEZ UN)

ACTIVE 50,00\$

Ouvert aux infirmières et autres membres de la santé engagés à plein ou demi-temps en gastroentérologie ou procédure endoscopique en temps que superviseurs, enseignants, recherches application clinique ou administrative.

AFFILIÉE 50,00\$

Ouvert aux médecins, actifs en gastroentérologie endoscopique ou personnes engagés en activités en gastroentérologie/endoscopiques incluant représentants de compagnies sur une base individuelle.

RETRAITÉ 25,00\$

Ouvert aux membres non engagés activement dans la pratique infirmière en gastroentérologie.

MEMBRE À VIE

Nomme par l'exécutif.

APPLICANT INFORMATION / INFORMATION DU MEMBRE

Please print or type the following information / S.V.P. imprimer ou dactylographier l'information

SURNAME

NOM DE FAMILLE _____

FIRST NAME

PRÉNOM _____

MAILING ADDRESS

ADDRESS DE RETOUR _____

CITY

VILLE _____

PROV.

PROV. _____

POSTAL CODE

CODE POSTAL _____

HOME PHONE

TELEPHONE () _____

E-MAIL: _____

HOSPITAL/OFFICE/COMPANY NAME

NOM DE HÔPITAL/BUREAU/COMPAGNIE _____

BUSINESS PHONE

TELEPHONE TRAVAIL () _____

EXT.

LOCAL _____

TITLE/POSITION _____

CHAPTER NAME

NOM DU CHAPITRE _____

EDUCATION (CHECK ONE)

ÉDUCATION (COCHEZ UN)

RN

IA

RPN/LPN

I AUX

TECH

TECH

OTHER ((EXPLAIN)

AUTRE (SPÉCIFIEZ) _____

CNA MEMBER YES/NO

MEMBRE AIC OUI/NON

CNA CERTIFICATION IN GASTROENTEROLOGY

CERTIFICATION EN GASTROENTÉROLOGIE DE L'AIC

MEMBERSHIP (CHECK ONE)

ABONNEMENT (COCHEZ UN)

RENEWAL

RÉNOUVELLEMENT

NEW

NOUVEAU

Please make cheque payable to CSGNA

(Mail with this completed application to the above address)

Prrière de libeller le chèque à CSGNA

(Envoyez avec cette formule d'application dûment remplie à l'adresse ci-haut mentionnée.)

CSGNA 2007-2008 Executives

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Send any inquiries regarding membership to the CSGNA executive assistant Karen Moricz. Her address and other information are listed at the bottom of this page.

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