CANIBD
Canadian IBD Nurses
ANNUAL CONFERENCE

SATURDAY, NOVEMBER 4, 2017
1:10 – 7:00 pm
Ritz-Carlton Hotel, Toronto
The Gallery Room – 4th Floor
About CANIBD
A CSGNA Community of Practice

Our Story
Nurses are an important part of the multidisciplinary approach to managing inflammatory bowel disease (IBD). Approximately 80 GI nurses across Canada have a primary role in IBD care (clinical inpatient and outpatient care, telephone advice, rapid access clinics, transition and biologic support). In 2015, CANIBD was created to advance mentoring and support for IBD nursing in Canada.

Our Vision
To ensure people of all ages living with IBD in Canada receive high quality clinical nursing care within the multidisciplinary team.

Our Mission
CANIBD is committed to improve the quality of care for people living with IBD. To this end, CANIBD:

- Provides support and mentorship for IBD nurses in Canada
- Provides and promotes learning opportunities for nurses
- Provides opportunities for networking and sharing best practices in nursing care
- Develops or adopts nursing guidelines, standards or consensus statement for IBD nursing in Canada
- Elevates the profile of IBD nursing in Canada

Our Success
With continued funding support from industry partners and management support from Crohn’s and Colitis Canada, CANIBD has made great strides in moving its mission forward. Some key achievements include:

- CANIBD Community of Practice established with CSGNA
- Successful CANIBD Annual Conference held
- Nurses Travel Education Award launched and awarded
- Nursing-led Research Grant launched and awarded
- Advocacy training support initiated
- Education and patient program supported, including nursing education webinars

The strategic priorities for 2016/17 are to:

- Promote and develop IBD nursing care & education
- Foster greater communication among IBD nursing network
- Strengthen nursing-led IBD research
- Support nursing-led advocacy for multidisciplinary teams in IBD care and access to treatments
- Ensure sustainability of CANIBD nursing community

Reach us at CANIBD@CSGNA.com
FACULTY

**Amol Deshpande**, MD MBA  
Rehabilitation Pain Service  
Comprehensive Interdisciplinary Pain Program  
Toronto Rehabilitation Institute  
Toronto, ON

**Claudio Fiocchi**, MD  
Clifford and Jane Anthony Chair in  
Digestive Disease Research and Education  
Professor of Molecular Medicine  
Cleveland Clinic Lerner College of Medicine  
Department of Pathobiology  
Lerner Research Institute  
Department of Gastroenterology & Hepatology  
Digestive Disease and Surgery Institute  
Cleveland Clinic, Cleveland, Ohio

**Johanne Lin**, RN  
Oakville Endoscopy Centre  
Oakville, ON

**Marie-Louise Martin**, BA BScN RN (EP) MN ACNP  
Nurse Practitioner, Inflammatory Bowel Disease  
University of Calgary  
Calgary, AB

**Tracie Risling**, RN PhD  
Assistant Professor  
University of Saskatchewan  
College of Nursing  
Saskatoon, SA

**Michael Vallis**, PhD RPysch  
Psychologist, GI Unit and Endocrinology  
Lead, Behaviour Change Institute  
Nova Scotia Health Authority – Central Zone  
Associate Professor, Family Medicine and Psychiatry  
Adjunct Professor, Psychology and Health and Human Performance, Dalhousie University  
Halifax, NS

STEERING COMMITTEE

**Usha Chauhan**, RN(EC) MN BScN ACNP(D) CGN(C)  
Nurse Practitioner, Adult Digestive Disease  
McMaster University Medical Centre  
Associate Professor, School of Nursing  
McMaster University  
Hamilton, ON

**Barbara K. Currie**, MN RN-NP  
Nurse Practitioner IBD  
Division of Gastroenterology  
QEII Health Sciences Centre  
Halifax, NS

**Karen Frost**, BScN RN(EC) MN NP  
Nurse Practitioner, IBD Centre  
The Hospital for Sick Children  
Adjunct Lecturer, Lawrence Bloomberg Faculty of Nursing  
University of Toronto  
Toronto, ON

**Joan Heatherington**, RN BScN MN ACNP  
Nurse Practitioner, University of Calgary  
Inflammatory Bowel Disease Group  
Alberta Health Services  
Calgary, AB

**Kate Lee**, PhD MBA  
Vice-President, Research & Patient Programs  
Crohn’s and Colitis Canada  
Toronto, ON

**Jennifer Stretton**, RN(EC) ACNP MN BScN  
Nurse Practitioner, Inflammatory Bowel Disease Clinic  
St. Joseph’s Healthcare  
Hamilton, ON

**Lisa Westin**, RN MN CGN(C)  
Past President, Canadian Society of Gastroenterology Nurses & Associates  
Case Manager, Gastroenterology  
Red Deer Regional Hospital Centre  
Red Deer, AB
## AGENDA – Saturday November 4, 2017

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic – Format, Content &amp; Objectives</th>
<th>Speakers/Moderators</th>
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</thead>
<tbody>
<tr>
<td>13:10–13:15</td>
<td><strong>Opening Remarks</strong>: Welcome - Updates in CANIBD (5 mins)</td>
<td>Karen Frost</td>
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<td>13:15–13:45</td>
<td><strong>(1) Mental Health in IBD</strong></td>
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<td></td>
<td><strong>1.1 Plenary Presentation</strong> (30 mins)</td>
<td>Dr. Michael Vallis</td>
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<td>Session Objectives:</td>
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<td>• Discuss the importance of understanding the psychosocial issues that impact adjustment to IBD and adherence to medical management</td>
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<td>• Explain the psychological reactions to living with IBD that need to be addressed as part of medical management</td>
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<td>• Review the mental health disorders that impact on treating the patient with IBD</td>
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<td>13:45–14:10</td>
<td><strong>1.2 Q&amp;A/Discussion</strong> (25 mins)</td>
<td>MODERATOR: Barbara Currie</td>
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<td>14:10–14:25</td>
<td><strong>Refreshment Break</strong> (15 mins)</td>
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<td>14:25–14:55</td>
<td><strong>(2) Pain Management in IBD: Are Cannabinoids and Opioids needed?</strong></td>
<td>Dr. Amol Deshpande</td>
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<td><strong>2.1 Plenary Presentation</strong> (30 mins)</td>
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<td>Session Objectives:</td>
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<tr>
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<td>• Be aware of the 2017 Canadian Guidelines for Opioids for Chronic Non-Cancer Pain</td>
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<td>• Understand the potential role of cannabis in pain management</td>
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<td>• Learn to utilize simple tools to monitor pain patients</td>
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<td>14:55–15:20</td>
<td><strong>2.1 Q&amp;A/Discussion</strong> (25 mins)</td>
<td>MODERATOR: Jennifer Stretton</td>
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<td>15:20–15:50</td>
<td><strong>(3) Future Landscape of IBD Therapy</strong></td>
<td>Dr. Claudio Fiocchi</td>
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<td><strong>3.1 Plenary Presentation</strong> (30 mins)</td>
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<td>Session Objectives:</td>
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<td>• Review the most significant advances in our understanding of IBD pathogenesis and management over the past 10 years</td>
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<td>• IBD Research: where are we going in the next 5 – 10 years? Where will the next great breakthrough be?</td>
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<td>15:50–16:15</td>
<td><strong>3.2 Q&amp;A/Discussion</strong> (25 mins)</td>
<td>MODERATOR: Marie Louise Martin</td>
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<td>16:15–16:20</td>
<td><strong>(4) CANIBD Nursing Forum</strong></td>
<td>MODERATORS: Barbara Currie &amp; Joan Heatherington</td>
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<td></td>
<td>Introduction/Opening remarks (5 mins)</td>
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<td>16:20–16:50</td>
<td><strong>4.1 CANIBD Practice Document</strong> (30 mins)</td>
<td>Joan Heatherington</td>
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<td>16:50–17:20</td>
<td><strong>Refreshment Break - Wine/appetizers</strong> (30 mins)</td>
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<td>17:20–17:40</td>
<td><strong>4.2 2016 Research Award Recipients Research</strong> (20 mins)</td>
<td>Tracie Risling</td>
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<td>17:40–18:00</td>
<td><strong>4.3 Fellowship Update</strong> (20 mins)</td>
<td>Usha Chauhan &amp; Johanne Lin</td>
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<td>18:00–18:15</td>
<td><strong>4.4 CANIBD Research Initiatives</strong> (15 mins)</td>
<td>Irina Nistor</td>
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<td>18:15–18:45</td>
<td><strong>4.5 SOP Development for Clinical Practice in IBD</strong> (30 mins)</td>
<td>Barbara Currie &amp; Joan Heatherington</td>
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<td>18:45–19:00</td>
<td><strong>Closing Remarks</strong> (15 mins)</td>
<td>Barbara Currie &amp; Joan Heatherington</td>
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