COLLABORATING TO EXPLORE HEALTHCARE TRANSITION AND IBD MANAGEMENT NEEDS

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CANIBD
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CROHN’S & COLITIS CANADA
CANIBD RESEARCH GRANT
NURSING AND HEALTHCARE TRANSITION IBD

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PROJECT ELEMENTS

1. Scoping Review on HCT Literature (IBD)

5. New PILOT tool for Assessing HCT READINESS
CHALLENGES ADOLESCENTS FACE IN HCT

- Canada has one of the highest rates of IBD in children/adolescents in the world.
- Patients can suffer poor health outcomes and disengagement with care during transition.
- May have knowledge deficits (disease processes, medication regimens, health history).
- Strong supports are needed to keep these patients connected to care, minimize disease complications, and promote quality of life.
SCOPING REVIEW ON HCT (IBD)

Working with Gastroenterology Nursing for publication

Key FINDINGS:

- Large increase in publication in the last 5 years
- More publication needed on views of healthcare providers, caregivers, patients
- Themes: Transition Readiness, Patient Outcomes POST Transition, Transition Experiences/Barriers
- LACK of INSTRUMENTATION – Assessing Readiness for HCT
- LACK of NURSING voice and representation
OUR PROGRAM OF RESEARCH

Review the literature on HCT

Survey IBD nurses to assist with identifying priority transition needs

Survey adolescents, young adults, and caregivers to identify their priority transition needs

Pilot test a transition needs assessment tool

Create a responsive Mobile App to assist with adolescent HCT
Strongly agree
Agree
Disagree
Strongly disagree
CANADIAN NURSES WITH IBD EXPERIENCE!
WE NEED YOU

Who: Canadian Nurses who work with IBD patients (pediatric and adult)

What: A national NURSING survey on healthcare transition (HCT) and how to improve it.

Why: Help patients living with IBD to be more successful in healthcare transition.

Participate and enter to win one of six $50 gift cards!

Take the survey: https://tinyurl.com/IBDnursesonHCT

Funded by:
What do Canadian IBD nurses identify as key needs during HCT?

- Resources
- Tools
- Education

Working to create a NEW assessment TOOL for HCT
PILOT HCT STUDY

- Survey adolescents, young adults, and caregivers to identify their priority transition needs

- What do Saskatchewan adolescents and young adults with IBD, and their caregivers identify as key needs during HCT?

- How can identified HCT priority needs be addressed through the use of a mobile web-based intervention?

- Online Survey (n=49)

- Interviews (n=13, 9 patients; 4 caregivers)
HCT STUDY — PILOT RESULTS

Managing Complex Care

Creating Connections

Peer and Community Support

Information, Education, and Knowledge

Between patients, caregivers, and healthcare providers
Participant Prioritized HCT Needs (18 and UNDER)

- Taking my medications on my own (50%)
- Preparing questions for my appointment (13%)
- Talking with my family doctor easily (13%)
- Knowing what to do when a flare-up is starting (12%)
- Talking to people when I feel frustrated or angry with my IBD (12%)

Participant Prioritized HCT Needs (18 and OVER)

- Taking my medications on my own (32%)
- Deciding how often to see my doctor (16%)
- Talking with my doctor easily (16%)
- Finding answers about my IBD (24%)
AND NOW...

Overview

Does your team have a research idea that is creative, novel and innovative? Does your idea have the potential to benefit the health of Saskatchewan residents and beyond, but you need seed funding for the initial steps that will strengthen future funding requests? This grant program can help!
CREATE A MOBILE APP TO SUPPORT HCT AND LIVING WITH IBD
FUNDING ACKNOWLEDGEMENTS & PARTNERSHIPS

- Canadian Nurses IBD Group (CANIBD)
- Crohn’s and Colitis Canada (CCC)
- College of Nursing, University of Saskatchewan
- Saskatchewan Health Research Foundation (CID)

Community Partner(s)

- Saskatchewan Chapters Crohn’s and Colitis Canada (Based in Saskatoon Chapter)
OUR TEAM

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Thank You