

# CANIBD

## Canadian IBD Nurses ANNUAL CONFERENCE



Saturday, November 4, 2017  
Ritz-Carlton Hotel, Toronto

**cs&na** 

Canadian Society of Gastroenterology Nurses & Associates  
Société canadienne des infirmières et infirmiers en gastroentérologie et travailleurs associés

 **Crohn's and  
Colitis Canada**  
**Crohn et  
Colite Canada**



**COLLABORATING TO EXPLORE  
HEALTHCARE TRANSITION AND IBD  
MANAGEMENT NEEDS**

Tracie Risling, RN, PhD &  
Noelle Rohatinsky, RN, PhD  
CANIBD  
November 2017 - TORONTO







**CROHN'S & COLITIS CANADA**  
**CANIBD** RESEARCH GRANT  
NURSING AND HEALTHCARE TRANSITION IBD

Tracie Risling  
Noelle Rohatinsky



UNIVERSITY OF SASKATCHEWAN  
College of Nursing  
USASK.CA/NURSING

# PROJECT ELEMENTS

1. Scoping Review on HCT Literature (IBD)



5. New PILOT tool for Assessing HCT READINESS



## CHALLENGES ADOLESCENTS FACE IN HCT

- Canada has one of the highest rates of IBD in children/adolescents in the world.
- Patients can suffer poor health outcomes and disengagement with care during transition.
- May have knowledge deficits (disease processes, medication regimens, health history).
- Strong supports are needed to keep these patients connected to care, minimize disease complications, and promote quality of life.







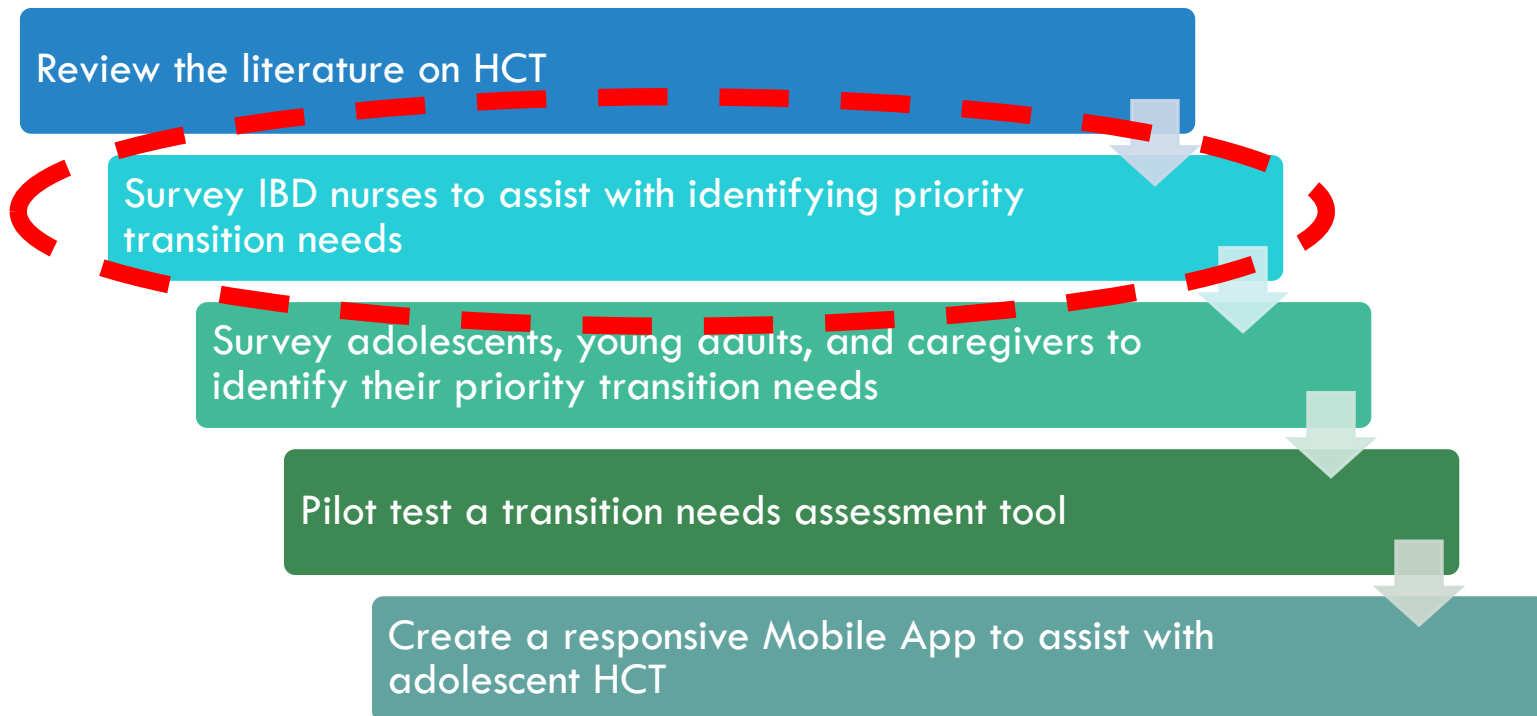
# SCOPING REVIEW ON HCT (**IBD**)

Working with Gastroenterology Nursing for publication

## Key FINDINGS:

- Large increase in publication in the last 5 years
- More publication needed on views of healthcare providers, caregivers, patients
- Themes: Transition Readiness, Patient Outcomes POST Transition, Transition Experiences/Barriers
- LACK of INSTRUMENTATION – Assessing Readiness for HCT
- LACK of NURSING voice and representation

# OUR PROGRAM OF RESEARCH





*Strongly agree*

*Agree*

*Disagree*

*Strongly disagree*











# CANADIAN NURSES WITH IBD EXPERIENCE! WE NEED YOU

**Who:** Canadian Nurses who work with IBD patients (pediatric and adult)

**What:** A national NURSING survey on healthcare transition (HCT) and how to improve it.

**Why:** Help patients living with IBD to be more successful in healthcare transition.

Participate and enter to win one of six \$50 gift cards!



Take the survey:

[https://tinyurl.com/  
IBDnursesonHCT](https://tinyurl.com/IBDnursesonHCT)

Funded by:



Crohn's and  
Colitis Canada  
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Colite Canada



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# IBD NATIONAL NURSING SURVEY

What do Canadian IBD nurses identify as key needs during HCT?

- Resources
- Tools
- Education

Working to create a NEW **assessment** TOOL for **HCT**



## PILOT HCT STUDY

- Survey adolescents, young adults, and caregivers to identify their priority transition needs
- What do Saskatchewan adolescents and young adults with IBD, and their caregivers identify as key needs during HCT?
- How can identified HCT priority needs be addressed through the use of a mobile web-based intervention?
  - Online Survey (n=49)
  - Interviews (n=13, 9 patients; 4 caregivers)

# HCT STUDY – PILOT RESULTS

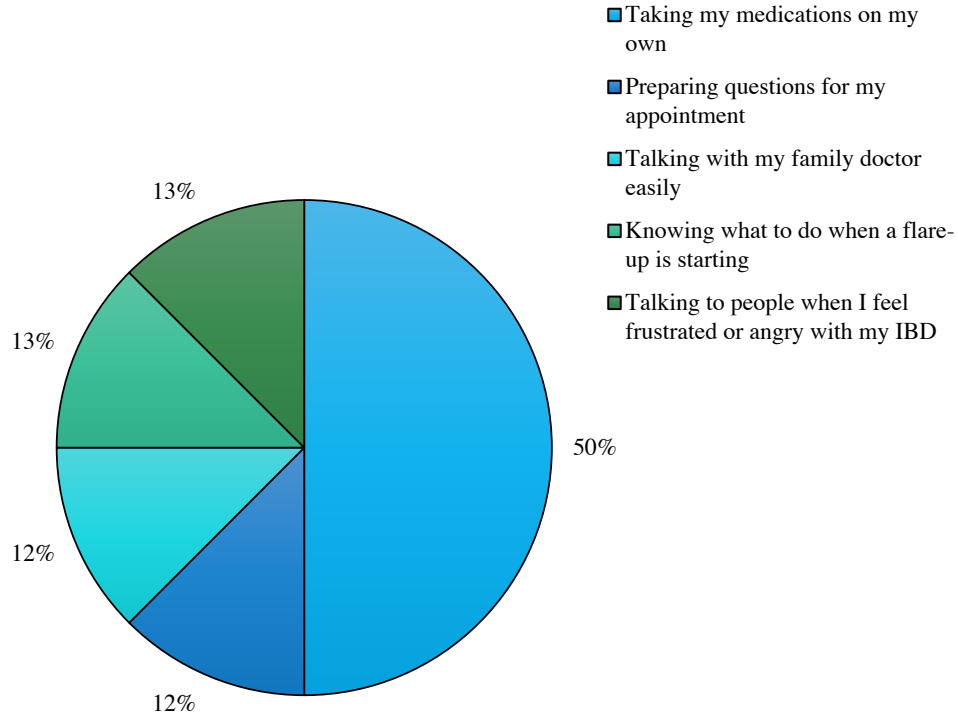
Managing Complex Care

Creating Connections

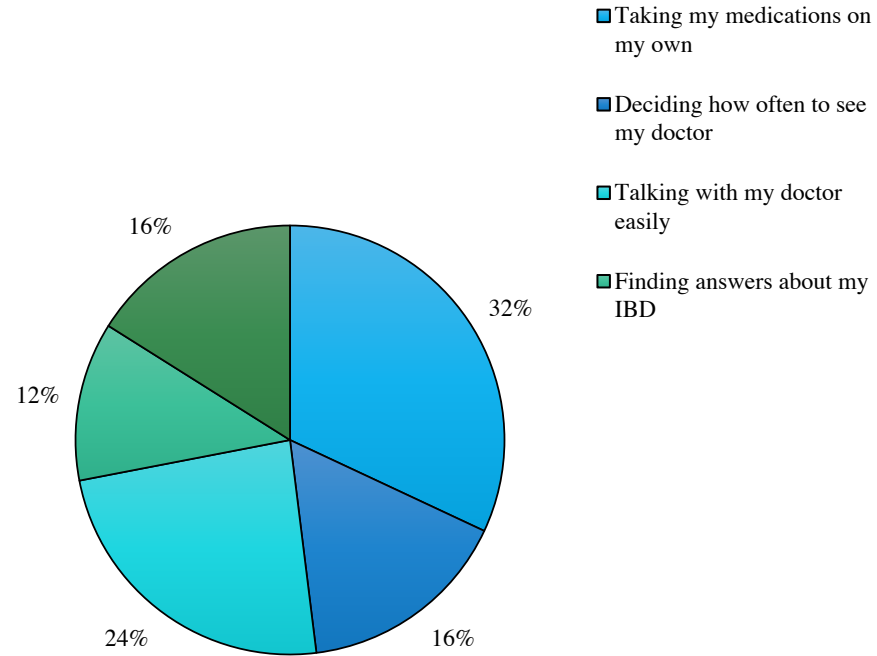
Peer and Community  
Support

Information,  
Education, and  
Knowledge

Between patients,  
caregivers, and  
healthcare providers



Participant Prioritized HCT Needs (18 and UNDER)

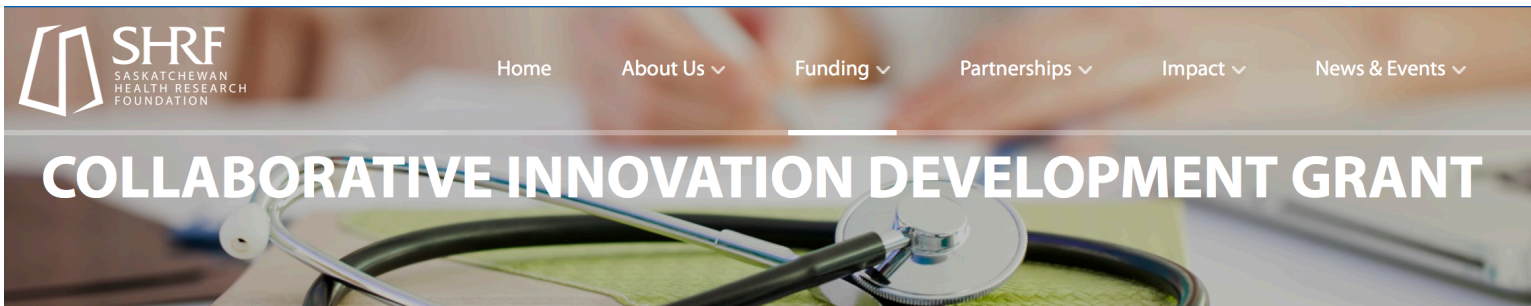


Participant Prioritized HCT Needs (18 and OVER)





# AND NOW...



## Overview

Does your team have a research idea that is creative, novel and innovative? Does your idea have the potential to benefit the health of Saskatchewan residents and beyond, but you need seed funding for the initial steps that will strengthen future funding requests? This grant program can help!

# CREATE A MOBILE APP TO SUPPORT HCT AND LIVING WITH IBD



# FUNDING ACKNOWLEDGEMENTS & PARTNERSHIPS

- Canadian Nurses IBD Group (CANIBD)
- Crohn's and Colitis Canada (CCC)
- College of Nursing, University of Saskatchewan
- Saskatchewan Health Research Foundation (SHRF)

## Community Partner(s)

- Saskatchewan Chapters Crohn's and Colitis Canada (Based in Saskatoon Chapter)



**CROHN'S  
& COLITIS**

Make it stop. For life.



Crohn's and  
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# OUR TEAM

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