CANIBD
Canadian IBD Nurses
ANNUAL CONFERENCE
Saturday, November 4, 2017
Ritz-Carlton Hotel, Toronto
CANIBD/CNSGNA Fellowship Program

CANIBD Nurse Meeting
November 4th 2017

Usha Chauhan NP  Adult
McMaster University Medical Centre

Joanne Lin RN
Oakville
Objective

- Provide brief overview of the program
- Review number of nurses who have completed the program
- Discuss the experience of one fellowship recipient
Working group

- 6 degrees Medical – medical writers
- Shila Murley – Janssen
- Usha Chauhan
- Karen Frost
- Jill Petkau
- Audrey Williamson
- Lisa Westin
Program Development

- Grant from Janssen
- To create an educational and mentoring opportunity for new or early career IBD nurses
- Through a consistent, structured Preceptorship program in selected IBD Clinic locations across Canada
- Program was developed in 2015 and rolled out in 2016
Program objective

- To develop the foundational knowledge and nursing skills required to implement evidence-based IBD nursing practice in the practice setting
- To ensure consistent IBD Nurse training and knowledge across Canada
- To provide an opportunity and support for established IBD nurses to mentor new or novice IBD nurses
- To establish a strong national IBD Nurse Network and sharing of best practices across Canada
- To ultimately improve the Quality of Life for patients and their families across Canada who are living with IBD
Program details

- 13 modules, each consisting of:
  - Evidence-based theory
  - Self-assessment quiz
  - Complete reference list to supplement further self-directed learning

- All modules to be completed by the Participant prior to starting the IBD Nurse Fellowship

- The Participant should be encouraged to bring forward any questions or knowledge gaps to the Preceptor during the IBD Nurse Fellowship

- The Participant should be encouraged to actively integrate module theory and self-learning into patient encounters during the IBD Nurse Fellowship
Modules

- Module 1 - Ulcerative Colitis
- Module 2 - Crohn’s Disease
- Module 3 - Ulcerative Colitis versus Crohn’s Disease
- Module 4 - Management of UC
- Module 5 - Management of CD
- Module 6 - IBD and Surgery
- Module 7 - Medication Adherence
- Module 8 - Health Promotion and Maintenance
- Module 9 - Nutrition and IBD
- Module 10 - Extra-intestinal Manifestations of IBD
- Module 11 - Anemia in IBD
- Module 12 - Fatigue in IBD
- Module 13 - Anxiety and Depression
Criteria

- Must be employed or have received a letter of offer for the role of IBD Nurse in a hospital or clinic setting.

- Must be a current member of CSGNA for the past one year (RNs, NPs, or LPN/RPNs).

- Must be in good standing with the regulatory provincial body and employment agency.

- Must be employed on a regular basis (0.4 FTE or greater) in an IBD care setting.

- Two years experience in a GI setting preferred.

- University education completed - BScN, MN, NP
Pre-Practicum

- Complete the online self-directed pre-training modules prior to the beginning of the fellowship.

- Develop learning plan

- Participate in a pre-fellowship call with my mentor to:
  - address learning needs
  - develop a learning plan for the fellowship
  - Determine how the learning needs will be achieved
Practicum

- One week at the chosen location
- Attend educational sessions pertinent to learning goals.
- Attempt to meet the learning objective
- Possible return to the spend additional week if necessary.
Receipts of the program

2016
- Angela Robertson-Victoria BC
- Barbara Habers-Calgary Alberta
- Susan Willer Toronto ON
- Johanna Lin Oakville ON

2017
- Stephanie Nicol- Coaldale, Alberta
- Heather Lennox London ON
- Jessica Robar-Halifax NS
- Bethany Rode-Kelowana, BC
CANIBD Nurses Fellowship Program Recipient Review

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Johanne Lin, RN
Objectives

- My nursing background
- Application process
- Learning plan
- Positive and negative experience
- Fellowship takeaways
Background

- Endoscopy Nurse for more than 10 years
- IBD for the last 3 years
  - Starting with:
    - Shadowed 2 different GI’s for 3 months
    - Spent one day in an IBD clinic with Usha and one day with Jennifer
    - Participated in educational dinners and IBD conferences
  - Read, read, read ...
Application

- Why I applied in the fellowship program
  - To have the opportunity to work with IBD nurse specialists
  - Improve my knowledge in IBD
Learning

- Fellowship schedule
  - One day a week for 5 weeks
- Learning
  - Patient compliance
  - Blood work (poor nutrition absorption)
  - Biologic failure (switch biologic)
  - Crohn’s Disease (surgery)
  - Methotrexate (precaution)
  - Enteral feeding
  - EIM (erythema)
Positive experience

• Learning from knowledgeable nurses
• Learning in a real environment
  • Patients
  • Situations
• Exposed to different scenarios
• Different ways to treat the same disease but with different doctor recommendations
Negatives experience

- Time management for one day a week was a challenge.
  - A full week fellowship would be probably easier for time management but, from a learning perspective, one day a week was better.
  - More time to assimilate what I learned.
  - Seeing patients during the fellowship gave me the opportunity to bring out some questions about difficult cases.
Program Takeaways

- Great program
- Learned so much
- Recommended to improve your knowledge in IBD
Moving Forward

- We are looking for additional preceptors
- We want to keep the program going
- If you are interested please contact CANIBD steering committee members
- We want to evaluate the program
Thank you

Questions