

CANIBD

Canadian IBD Nurses ANNUAL CONFERENCE



Saturday, November 4, 2017
Ritz-Carlton Hotel, Toronto

cs&na 

Canadian Society of Gastroenterology Nurses & Associates
Société canadienne des infirmières et infirmiers en gastroentérologie et travailleurs associés

 **Crohn's and
Colitis Canada**
**Crohn et
Colite Canada**

CANIBD/CSGNA Fellowship Program

CANIBD Nurse Meeting

November 4th 2017

Usha Chauhan NP Adult

McMaster University Medical Centre

Joanne Lin RN

Oakville



Objective

- Provide brief overview of the program
- Review number of nurse who have completed the program
- Discuss the experience of one fellowship recipient

Working group

- 6 degrees Medical – medical writers
- Shila Murley – Janssen
- Usha Chauhan
- Karen Frost
- Jill Petkau
- Audrey Williamson
- Lisa Westin

Program Development

- Grant from Janssen
- To create an educational and mentoring opportunity for new or early career IBD nurses
- Through a consistent, structured Preceptorship program in selected IBD Clinic locations across Canada
- Program was developed in 2015 and rolled out in 2016

Program objective

- To develop the foundational knowledge and nursing skills required to implement evidence-based IBD nursing practice in the practice setting
- To ensure consistent IBD Nurse training and knowledge across Canada
- To provide an opportunity and support for established IBD nurses to mentor new or novice IBD nurses
- To establish a strong national IBD Nurse Network and sharing of best practices across Canada
- To ultimately improve the Quality of Life for patients and their families across Canada who are living with IBD

Program details

- 13 modules, each consisting of:
 - ❖ Evidence-based theory
 - ❖ Self-assessment quiz
 - ❖ Complete reference list to supplement further self-directed learning
- All modules to be completed by the Participant prior to starting the IBD Nurse Fellowship
- The Participant should be encouraged to bring forward any questions or knowledge gaps to the Preceptor during the IBD Nurse Fellowship
- The Participant should be encouraged to actively integrate module theory and self-learning into patient encounters during the IBD Nurse Fellowship

Modules

- Module 1- Ulcerative Colitis
- Module 2- Crohn's Disease
- Module 3- Ulcerative Colitis versus Crohn's Disease
- Module 4- Management of UC
- Module 5- Management of CD
- Module 6- IBD and Surgery
- Module 7- Medication Adherence
- Module 8- Health Promotion and Maintenance
- Module 9- Nutrition and IBD
- Module 10- Extra-intestinal Manifestations of IBD
- Module 11- Anemia in IBD
- Module 12- Fatigue in IBD
- Module 13- Anxiety and Depression

Criteria

- Must be employed or have received a letter of offer for the role of IBD Nurse in a hospital or clinic setting.
- Must be a current member of CSGNA for the past one year (RNs, NPs, or LPN/RPNs).
- Must be in good standing with the regulatory provincial body and employment agency.
- Must be employed on a regular basis (0.4 FTE or greater) in an IBD care setting.
- Two years experience in a GI setting preferred.
- University education completed - BScN, MN, NP

Pre-Practicum

- Complete the online self-directed pre-training modules prior to the beginning of the fellowship.
- Develop learning plan
- Participate in a pre-fellowship call with my mentor to:
 - address learning needs
 - develop a learning plan for the fellowship
 - Determine how the learning needs will be achieved

Practicum

- One week at the chosen location
- Attend educational sessions pertinent to learning goals.
- Attempt to meet the learning objective
- Possible return to the spend additional week if necessary.

Receipts of the program

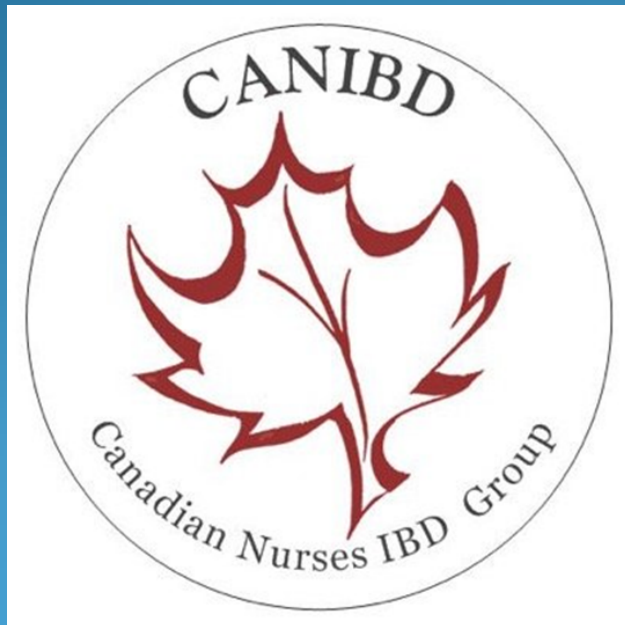
- **2016**

- Angela Robertson-Victoria BC
- Barbara Habers-Calgary Alberta
- Susan Willer Toronto ON
- Johanna Lin Oakville ON

- **2017**

- Stephanie Nicol- Coaldale, Alberta
- Heather Lennox London ON
- Jessica Robar-Halifax NS
- Bethany Rode-Kelowana, BC

CANIBD Nurses Fellowship Program Recipient Review



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Johanne Lin, RN

Objectives

- My nursing background
- Application process
- Learning plan
- Positive and negative experience
- Fellowship takeaways

Background

- Endoscopy Nurse for more than 10 years
- IBD for the last 3 years
 - Starting with:
 - Shadowed 2 different GI's for 3 months
 - Spent one day in an IBD clinic with Usha and one day with Jennifer
 - Participated in educational dinners and IBD conferences
 - Read, read, read ...

Application

- Why I applied in the fellowship program
 - To have the opportunity to work with IBD nurse specialists
 - Improve my knowledge in IBD

Learning

- Fellowship schedule
 - One day a week for 5 weeks
- Learning
 - Patient compliance
 - Blood work (poor nutrition absorption)
 - Biologic failure (switch biologic)
 - Crohn's Disease (surgery)
 - Methotrexate (precaution)
 - Enteral feeding
 - EIM (erythema)

Positive experience

- Learning from knowledgeable nurses
- Learning in a real environment
 - Patients
 - Situations
- Exposed to different scenarios
- Different ways to treat the same disease but with different doctor recommendations

Negatives experience

- Time management for one day a week was a challenge.
 - A full week fellowship would be probably easier for time management but, from a learning perspective, one day a week was better.
 - More time to assimilate what I learned.
 - Seeing patients during the fellowship gave me the opportunity to bring out some questions about difficult cases.

Program Takeaways

- Great program
- Learned so much
- Recommended to improve your knowledge in IBD

Moving Forward

- We are looking for additional preceptors
- We want to keep the program going
- If you are interested please contact CANIBD steering committee members
- We want to evaluate the program



Thank you
Questions