

Moving in the Right Direction →

IN THE SPOTLIGHT: *Red Deer Regional Hospital , Alberta*

Most endoscope reprocessing departments start out in a space the size of a closet. I am referring to a room approximately 20' deep by 8' wide where the whole process of the leak testing, manual cleaning and High Level Disinfection are all performed within that one small room. This was the situation we were dealing at the Red Deer Regional Hospital for many years.

Renovations can be a huge undertaking for any hospital. To make renovations a success it takes: (a) Time to plan (b) Enough space allocated to renovate (c) A budget to cover renovations and equipment purchases and (d) The support from hospital departments such as, IP&C, Workplace Health and Safety, Administration, Medical device Reprocessing, Maintenance, and Environmental Services.

A demand to increase the number of procedures in our endoscopy unit needed to be addressed. This meant adding another procedure room and increasing the number of beds in our admission/discharge area. Also, that our reprocessing room at that time was not meeting the CSA standards. This became an opportune time for us to address the issue with a new design, which included added space that would allow us to better meet the CSA standards and promote patient safety.

The space we were given to develop the dirty side (Decontamination) was approximately 370sq feet with the dimensions of 27ft by 15ft. The space to develop the clean side was approximately 250sq feet with the dimensions of 27ft. by 10ft. This allowed adequate space for us to incorporate the pass thru technology of the AER (automated endoscope reprocessor) **Innova E4** machines. This layout gave us a one-way workflow separating dirty from clean to eliminate the risk of cross-contamination of endoscopes during the cleaning process.

My staff had never heard of the pass thru technology before and found it difficult to visualize. The capital planning group suggested that we do a mock up of the room size and layout where all the equipment would be placed for the front line workers to get a clearer picture of the work flow. (see pictures below)



Audrey shown in mock up of room layout for both the dirty and clean sides of the reprocessing area

This was a great help to my staff, who in turn made suggestions on how to change a few things, such as installing more pull out shelves to place scopes on and relocating the leak test station, before the plans were finalized with the architect. These suggestions were noted, valued and implemented.

With adequate funding we were able to incorporate stainless steel throughout the renovation project and the walls are made of **Altro Whiterock Chameleon** material for easy cleaning. We raised the counter tops to a higher level and made the sinks shallow but deep enough to still cover the endoscopes while cleaning.

The final phase of our renovation project included the 2 labs designed to house our endoscopes. Previously, our scopes were housed in wooden cabinets in our procedure rooms, which did not meet CSA standards. We now have the scope cabinets located in two separate rooms. The old reprocessing rooms were renovated to accommodate our new scope cabinets. We went with Stainless steel, Hepa-Filtered scope cabinets in our project. (see pictures below)



I might add that no renovation project is without its hiccup's, no doubt we had plenty of those, but I believe we did move in the right direction to accomplish our goal of patient safety. Two Keys to the overall success of our renovation project were;

1. Incorporating the CSA standards Z314.8.14 Decontamination of Reusable Medical Devices.
2. Involving the front line workers with their input and suggestions as much as possible while working with the space and budget you have.

In conclusion I would like to say that this was a huge renovation project for our hospital. It has taken us many years to get to the final results of this project. In the end, it provided staff with a working environment that meets the CSA standards, an atmosphere that would be safe for staff to work in and the technology to reprocess endoscopes using the pass thru technology.

Submitted by:

Audrey Boyce CFER

Alberta Health Services

Supervisor of Endoscope Reprocessing for the Central Zone

CSGNA representative on CSA committee

Synopsis CSGNA Face to Face Meeting

Feb 22-23, 2014 Toronto ON

ATTENDANCE: All existing board members.

REVIEW AND ADOPTION OF MINUTES AND AGENDA: Motions were passed to adopt minutes and agenda as circulated prior to the meeting.

DIRECTORS REPORTS

CANADA WEST: Connie provided an update on the upcoming GI events open to nurses. These were the Alberta Digestive Disease summit and another GI education event at the Chateau Lake Louise, June 6th, 2014. A member of the Vancouver Island chapter is assisting Connie in ways to keep the Vancouver Regional chapter viable. There has been continued discussion about ongoing activity with the Kamloops chapter, with a possibility of them amalgamating with the Kelowna chapter. Final reports from the chapters need to be submitted by Dec 31st of each year.

CANADA CENTRE: Joan reported that all chapters in the region are on track with organizing their chapter member's education. The conference planning committee, of which Joan is a member, have a tentative program in place. Most of the physician speakers are from surrounding areas of Ontario. There will be some nurse speakers. The 30th anniversary of CSGNA will be recognized and celebrated during the conference.

CANADA EAST: Paula reported that all the eastern region chapters have been fulfilling their member education requirements. The Quebec chapters will be officially included in the Canada East region of CSGNA.

EDUCATION: The NICE education program, which members will have access to on the CSGNA website, will be accredited by CAG. As a commitment to our French language nurses we will attempt to facilitate translation of the Core curriculum GI textbook, through sponsorship efforts or through the Heritage Canada grant. There will be a poll on the website to gather information on the number of French Core curriculum text books that would be needed. Cathy plans to break down infection control guidelines into reprocessing of scopes and general infection control guidelines within an Endoscopy unit.

PUBLIC RELATIONS: The conflict of interest and endorsement policies have been revised by Dana. These two policies, along with the position statement for the role of the RN in PEG placement and PEG insertion guidelines, were voted and approved by the Board, to adopt and post for members on the CSGNA website. The Social Media policy will be formalized and posted as well on the website in the members section.

PRACTICE: Work is in progress to coordinate our practice documents to be available for our members. Some of the documents require revision dates before posting. The bronchoscopy guidelines are completed and ready for posting. The documents of the role of the nurse with flexible sigmoidoscopies and also the role of nurse in advancing the scope have to be finalized.

AWARDS & RESEARCH: Updated documents for 2014 educational grants have been forwarded for posting on our website. Olympus no longer provides National conference scholarships; they contribute instead to the overall conference program and not at an individual level. The plan is to access other resources

TREASURER: CSGNA finances as reported by Jacqui are stable. As of 2015 the financial year end will be changed from Dec 31st to April 30th. There will be a Business plan developed as a baseline for CSGNA to operate from, as per CNCA guidelines.

NEWSLETTER EDITOR & WEBSITE: Linda reported that the next Guiding Light will be delayed due to confirmation of sponsors. A feature that will be added is a meet the board section. Discussion around improving our website service was held, other options are being explored.

PRESIDENT: Mabel plans to send information to the CNA and to CARNA to advertise our national conference on their websites. She reported attending the CDDW along with Lisa and Joan and will provide a report for our members. Mabel is also developing the conscious sedation guidelines and will post on our website once done.

PRESIDENT-ELECT: The CSA committee report from our representative Audrey Boyce was read to the board by Lisa. The membership and conference registration form will be revised by Lisa, in relation to the changes made with membership classes. Lisa also reported that efforts are being made, to address the needs of two communities of practice, Francophone and IBD nurses affiliated with CSGNA.

2014 ANNUAL CONFERENCE: Joan, who is the board representative on the conference planning committee, provided updated information about tentative plans for the conference. Information like the registration structure, speakers and presentations, confirmed vendor booths and social event.

NFP COMPLIANCE OCT 2014: Lisa updated the board about the requirement of bylaw revisions to meet CNCA rules. The amending bylaws governing membership class have been filed by our lawyer. Lisa also went over all the CNCA bylaws expectations and the meeting of their requirements.

STRATEGIC PLANNING UPDATE: Lisa updated the steps needed to continue developing the CSGNA strategic plan. She explained the process and how we will move forward with it.

DOCUMENT REVIEW: Practice documents that need attention were discussed and delegated to the applicable Board member.

NEXT MEETING: Face to Face Oct 1st, 2014

Submitted by :

Lorraine Majcen RN, BScN, CGN(C)

CSGNA Secretary

Please contact me about any comments you may have about this newsletter or any ideas for future issues.

Linda Pinches, Newsletter Editor

Email: newslettereditorwebsitedirector@csгна.com

Guidelines for Submissions to "The Guiding Light"

- Submit all materials by email to the newsletter editor in word format.
- Submissions must be received by the first of the month preceding each issue i.e.: Feb 1st for March issues, June 1st for July issues and Oct 1st for November issues.
- Include all references using APA referencing.

CSGNA DISCLAIMER

The Canadian Society of Gastroenterology Nurses and Associates is proud to present The Guiding Light newsletter as an educational tool for use in developing and promoting your own policies and procedures and protocols.

The Canadian Society of Gastroenterology Nurses and Associates does not assume any responsibility for the practices or recommendations of any individual, or for the practices and policies of any gastroenterology unit or endoscopy unit.

Presidents Report

CSGNA is a National leader in GI Nursing specialty making a difference in the challenging and ever changing health care system. Nursing has never been simply knowledge and science. It is the profession of caring and compassion that is most valued. It is vital to set goals that align with our Vision and Mission statement. The focus on membership is extremely important as we strive for excellence and continued education and competency.

Promoting leadership is essential for the future direction and success of CSGNA's greatest resource; membership. Members do make a difference. Our strength is in knowledge, skill and influence of registered nurses.

CNA BIENNIAL CONVENTION: June 16 – 18, 2014 in Winnipeg, Manitoba

EXPLORE the pressing health-care issues facing our nation.

REFLECT on the options and possibilities for our profession and health-care system

DESIGN realistic, goal-driven practice and policy solutions

ACT for real, meaningful change

These four key theme words did capture the spirit and inspired the 600 attendees. Canadian Network of Nursing Specialties: Leadership Program highlighted and encouraged the leadership potential in everyone. It takes time to connect and build relationships. Over 50 participants shared challenges facing our Associations in specialty areas of nursing. These sessions are a significant networking opportunity for sharing initiatives at a national level.

Barb Langlois was a masterful presenter, leading and engaging all to improve their message. She shared tips and strategy through thought provoking activities over the course of the day. Certainly worth buying her new book: Seriously? Me, too! We all proudly wore our buttons: I stepped up. You can too, during the remainder of the convention.



Newfoundland and Labrador attendees at the CNA Biennial convention

SGNA 41st Annual Course: Blending our Talents. Orchestrating Better Outcomes. Nashville, May 1 – 7, 2014.

What a wonderful opportunity to learn and network with international colleagues. Congratulations to those who received Certification and Re-certified in Gastroenterology CGN(C). It is a great accomplishment. Wear your pin with pride.



Presidential ladies from CSGNA, SGNA, SIGNEA and ESGENA

Presidents report continued:

BRAVE THE CURRENT: Niagara Falls, Ontario, October 2 - 4, 2014 INNOVATION – INSPIRATION – ILLUMINATION

The 3-day program of pertinent topics will be delivered by leaders. A stellar lineup of insightful presentations and excellent workshops are just a few highlights. The featured Live Endoscopy will surely be an unforgettable experience. Please register early to attend this one of a kind national conference. On-line registration is now open.

Members: Your loyalty deserves a big thank-you. It is worth it. Real value, Real simple. The learning experiences and memories together are invaluable. New members are welcome anytime. Do something. It does make a difference.

Do plan on attending the Niagara Falls conference. Take advantage of the discount to members. It is the educational event of the year. Check out the terrific program. Learning and laughing is certainly the best medicine. So easily digested, no pun intended.

The Planning Committee are excited and have worked hard to provide the best just for YOU. Be sure to network with colleagues from across the Country. The outstanding partners of industry experts will be there to advise and provide hands-on practical tips. Heather Reid's Innovative team of dedicated event specialists has worked extremely hard to bring these opportunities for all members of CSGNA.

Thank-you goes out to the chapter executives for their time and commitment over the past year. The Chapters education days and learning sessions are the result of hard work and passion for GI Nursing Specialty. Help build CSGNA locally and nationally. Do consider stepping up as an executive on the Board.

The 2014 Board positions are filled. Congratulations to the incoming President elect Connie Wescott and the Directors Yvonne Verklan, Maria Clarke and Mille Clements. Thank-you to the outgoing Directors: Sandra Stone, and Linda Pinches for your commitment, patience, and energy. A special thank-you to the remarkable, incoming President, Lisa Westin and the Bylaws Committee Lorraine Majcen, Joan McKechnie, Jacqui Ho and Donna Bremaud.

Sue Drysdale RN BA CGRN CGN(C) continues to act as the Canadian representative for CSGNA on the editorial board of the Gastroenterology Nursing Journal. It is a busy role. Thank-you for your ongoing commitment to CSGNA.

Looking forward to seeing you in Niagara Falls.

Come and Celebrate with us, the 30th Anniversary of Canadian Society of Gastroenterology Nurses and Associates.

Your job does not define you. How you do it, does. Your support is always appreciated.

Have a wonderful summer.



The Canadian anti-spam law (CASL) came into effect July 1, 2014.

In order to keep you on our monthly electronic Guiding Light newsletter and electronic mailing list, we need your consent to continue to send these electronic communications to you. If you have not done so already, please confirm your consent by sending a quick reply to Kim Dixon at csgnaexecutiveassistant@csgna.com

"I consent to electronic communication" will appear in the subject line.

Please note that you will be able to unsubscribe at any time in the future.

Our members are our greatest resource and we want to keep our communication

REPORTS

PRESIDENT ELECT REPORT

This has been a busy year for the Board of Directors. We have been working very diligently to ensure our operating bylaws meet the requirements of the Canadian not-for profit Act by October 2014. Our draft bylaws are under legal review and will be presented to the membership for voting at the October AGM in Niagara Falls. There will be a number of changes in the bylaws that are intended to simplify and clarify our processes and rules under which we operate. The bylaws will also have changes to important dates in our fiscal and membership year. Please take time to review them when they are circulated in the next months in order to cast an informed vote at the AGM.

We are in the beginning stages of formally developing our first community of practice in the field of IBD nursing. We will be communicating further over the next months on what this community is and how members can benefit and participate. This is an exciting move forward in our vision for CSGNA!

Through the much appreciated assistance of volunteers within our membership, we are able to provide our first French translated document "Standards of Practice." This strategy will continue to make our practice documents useful and available to our Francophone members.

As I finish up my final year as President Elect, I would like to thank Mabel and the Board of Directors for their guidance and support. You are an amazing group of volunteers who are passionate about the GI field of nursing and in furthering the mission, vision and goals of CSGNA. It isn't easy to balance your work life, home life and social life with the responsibilities of the Board of Directors. I appreciate all of your efforts and look forward to working alongside you in the next two years!

Our organization wouldn't be what it is without the work of Heather Reid and her team from Innovative Conferences and

Communications. Heather has skillfully led CSGNA planning committees down the path of first class Annual Conferences for the past several years. She has aided us in building and maintaining strong connections with our industry partners. She has participated fully in the execution of superb conference programs.

Please take the time to show your appreciation to Heather and her team at our upcoming conference in Niagara Falls. It's going to be spectacular! Invite all of your colleagues!

I also want to share my appreciation for the members who see the vision of CSGNA along with us. From the Chapter executive, members, and affiliates, to the conference planning committee members, and the volunteers who share their expertise (some of them "retired").

You all contribute to our success. As we have said many times, you are our greatest resource. I look forward to meeting more of you and sharing our future successes as a Leader in Gastroenterology Nursing in Canada! Have a great summer!

Submitted by:
Lisa Westin, RN, MN, CGN(C)
CSGNA President Elect

CANADA EAST DIRECTOR REPORT

Things are quiet in the Eastern Chapters now. All chapters have fulfilled their education requirements and are ready to enjoy the heat of the summer. Following the summer break I hope to see many new and old friends at the National Conference in Niagara Falls. Remember to apply for scholarships and make plans to join your colleagues in Ontario See you there!

Submitted by:
Paula Triantafillou BSCN RNCGN(C)
CSGNA Canada East Director

CANADA CENTRE DIRECTOR REPORT

Congratulations to our GI nurses who wrote their certification exam in April and those who recertified.

On June 30, the Montreal Chapter will be moving to the Canada East region. This decision was made by the board to increase the membership in Canada East. It will also provide more opportunities for educational grants, formerly called scholarships to Canada East. Canada Centre will have five chapters and Canada East will have four chapters with the change.

Montreal Chapter

The Montreal Chapter held an education day on March 22 in Montreal on Mobilization. It was about interpersonal relationships in the workplace. The conference was part theory and for the most part interactive.

Greater Toronto Chapter

The Greater Toronto Chapter hosted their education day on April 26 at St Joseph's Heath Centre in Toronto. The topics were excellent and the guest speakers were informative.

They included Endoscopic US by Dr. Theodore Ptak, Avoiding Technical Obstacles to Successful Colonoscopy by Dr. Stan Feinberg, CCAC's National Patient and Caregiver Support Programs by Filomena Servidio-Italiano, The Many Faces of Crohn's Disease by Dr. Sam Elfassy and Improving Efficiencies in an Endoscopy Unit by Christopher Stout from Olympus Canada. There was a good turnout for the conference. They also elected a new Treasurer and Secretary. Thank you to the outgoing Greater Toronto Chapter Executive Secretary Beverly Gilley-Yannuzzi and Treasurer Mark Blomme for your commitment to CSGNA.

(Canada Centre Directors report continued)

Golden Horseshoe Chapter

The Golden Horseshoe Chapter had a successful education day on May 31 at Trillium Health Partners in Mississauga. There were close to 50 registered for the event. The speakers and topics were excellent as well.

The topics included Cautery and Pacemakers/ICDs by A. McDonald from Boston Scientific, Quality Assurance in Endoscopy by Dr. Hollingworth, Upper GI Bleeds by Dr. McMullen, Foreign Body Management by J. DuChene from Vantage, Infection Prevention/Control by D. Woods from ConMed, Bronchial Thermoplasty by V. Galluci from Boston Scientific.

London & Area Chapter

The London & Area Chapter is planning their education day later this year. They have a Chapter Executive Secretary position vacancy that needs to be filled.

Central Ontario Chapter

The Central Ontario Chapter has postponed their education day until the fall. The Chapter Executive Secretary position remains vacant and needs to be filled. Volunteer for the Chapter Secretary and help the executive plan for their next education day.

Ottawa Chapter

The Ottawa Chapter has postponed their education day until the fall due to low registration for the spring event.

The Golden Horseshoe Chapter is planning the 30th CSGNA National Conference in Niagara Falls, Ontario. The three day conference will be held at the new Scotia bank Centre from October 2-4, 2014. The Planning Committee have worked hard to provide a great program for us. Come celebrate our 30th anniversary and experience all that scenic Niagara has to offer!

Submitted by
Joan McKechnie, RN, CGN(C)
CSGNA Canada Centre Director

CANADA WEST DIRECTOR REPORT

Vancouver Island Chapter

Vancouver Island Chapter has had a busy spring! We had two excellent education nights; one in April on Inflammatory bowel disease, presented by gastroenterologist Dr. Justin Shah.

The other was in June, and was presented by Dr. Aaron Young (respirologists) and Dr. Andrew Singh (gastroenterologist) on EBUS and EUS. Both sessions were very well attended.

We held our AGM and executive elections in June where we were excited to bring on a new Secretary, Diane Bjola. Thank you so much to June Clarke for all of her hard work over the past two years, you were a great secretary!!! The current President and Treasurer will stay on for another year.

Alberta Southwest Regional Chapter

We hope that all of you are enjoying the summer and still taking time to relax and enjoy life as well as education. We have been taking some downtime as a chapter recently due to several family issues within our chapter. We had an evening event in February discussing the use of Hemospray which is now being used in our department.

It was very well attended and we now have a good working knowledge of Hemospray and some great tips thanks to one of the GI guys from Calgary.

We are planning another evening event in the fall, topic to be determined yet and hope to have many attend that as well. We have been doing some in-servicing on a monthly basis to keep everyone up to speed on the new changes here in AHS with regards to Standards of Practice and the new sedation policy. Good feedback from our members regarding this.

Stefanie and I are now part of the planning committee for the Rural Endoscopy Course which takes place in Banff in January 2015. There is a new nursing stream and we are organizing that portion.

Very exciting to spread our wings that way and hopefully gives us a bit of an in with the rural communities. As a chapter, we will be hosting another day long workshop in March of 2015 with the topic of "The Great Big C" and will be discussing all cancers of the GI tract. With a nod to our Newfoundland neighbours, we will be using the music from the band Great Big Sea and hope to use some of their ideas in our titles and decorating themes.

That's about all for now. Wishing you all a restful summer.

Respectfully submitted by :
Barb Harbers BN, CGN(C)
President AB SW Regional Chapter

Central Alberta Chapter

Central Alberta CSGNA Chapter had a busy spring. We had 2 supper meetings; one sponsored by Advantage with a presentation by Craig Merko, and another one sponsored by Boston Scientific with a presentation by Shane Morson. Both were very interesting and reasonably well attended.

We as a Chapter organized an education day for April 26th. Our Topic was "Bariatrics.... Balancing the Scales" We planned our program to educate our attendees in the process a Bariatric patient goes through from before ever having surgery, through to the follow-up after surgery.

Our speakers included RN's outlining the intake process, an OT speaking about Emotional Eating, a Dietician speaking about the dietary restrictions pre and post surgery, a Surgeon educating us on the different types of Bariatric Surgery, as well as complications of the same.

One of our Anaesthetists presented information around intubating, and giving anaesthetic to obese patients. Our final speaker of the day was a young woman who had had Bariatric Surgery, and was very excited to tell us her story.

(Central Alberta Chapter continued)

We had a great day, and as usual everyone in our Chapter worked hard to make it a great event for everyone there. Many of us are planning to go to the National Conference in Niagara Falls, and excited to see what this year's Planning Committee has in store for us. Looks like a great program. See you all there!

Submitted by:

Brenda Perlau,
Central Alberta CSGNA Chapter President

Calgary Chapter

Howdy all from Calgary the Stampede City.

Calgary held their education day in the spring, with a variety of educational topics and it was fairly well attended. We took advantage of our brand new hospital in the south of the city as our host site.

A few of our CSGNA members took advantage of the wonderful offer from the ASG and attended the Alberta Digestive Disease Summit in Lake Louise. It was breath taking and very educational.

Many interesting things were brought back to our unit. What a great opportunity to sit with the physicians from across the province, country and around the world and benefit from their knowledge and share ours as well. It was also an excellent opportunity to network with many other nurses in other GI fields. Planning will begin for our next Dine and learn to take place most probably in November.

At present, most of us are just planning to have, hopefully, a nice dry summer and work on our travel plans to the National Conference in Niagara Falls.

I send my prayers and best wishes to those who have been affected by the "nasty" weather in Saskatchewan, Manitoba and Ontario.

Best to all
Connie Wescott
Calgary CSGNA Chapter President

Edmonton Chapter

The Edmonton Chapter reports a full and successful education year! We have met our goal of having three evening education sessions, and were able to add in one more.

In addition to the sessions held in October and January, we hosted events in April and June. We have found the attendance to all of our sessions have increased this year. We credit our 2013 spring conference for bringing awareness of CSGNA, our chapter and the education we have to offer.

Dr. Chris Teshima gave a presentation on Pancreatitis followed by EUS (Endoscopic Ultrasound) Drainage of Pancreatic Pseudocysts. A special thank you goes to member Vicki Oberg who did a great job with organizing this evening dinner / presentation. There were 43 delegates and two new CSGNA members registered.

Lesley Burgess from COOK Medical hosted a topic from their company's GI 360 Series: Upper GI Bleeding Management. We held our last chapter meeting in May. We are planning our one day conference GI UPDATE on INFLAMMATORY BOWEL DISEASE (IBD) on Saturday, October 18th.

We have three members who have received their CNA GI Recertification. Congratulations to Pam Blakely, Jo-Anne Goett MacHattie and Kathy Korner!

An election was held for Chapter President and Yvonne Verklan was acclaimed and will have this role for two years. To encourage attendance at our meetings, names of chapter members were put in to a draw each time they attended this membership year. Two draws were made from the many entries. Congratulations to Kim Bernard and Anna Tsang who have each won a complimentary membership for next year!

We are saying good bye to two long time chapter members and exemplary role models Judy Spencer and Judy Langner.

They have each retired from work and now from CSGNA. Both are well known at each of their sites as supervisors and educators in Endoscopy. Judy Langner is well known for her roles as past Canada West Director on the National Board and past President on our Edmonton Chapter. She was Chair for our 2001 National Conference and Co-Chair for our 2010 National Conference. She was nominated by our chapter and was awarded a SciCan Scholarship.

Judy Spencer served as past Secretary for our Chapter. Working with Tourism Edmonton, she was instrumental in organizing the "Art and Culture" component provided in our 2010 National Conference. She founded and was editor for our e-newsletter "End to End". Judy also participated on the CNA Certification Exam Board.

The Edmonton Chapter thanks them for their leadership, contributions and dedication! We wish them all the best in their future endeavors. We wish everyone a safe and happy summer.

Respectfully submitted by:
Yvonne Verklan, RN CGN(c)
President, Edmonton Chapter CSGNA

Regina Chapter

Our Regina Chapter has been busy with preparations for our annual GI day conference which will be in October. We also celebrated GI Nurses' Day during Nursing week in May with a booth at the main entrance to the Regina General Hospital with patient information about the colorectal cancer screening program in effect in Saskatchewan. This booth was very well attended and received a lot of positive feedback.

Submitted by:
Jennifer McIntyre
CSGNA Regina Chapter President

Submitted by :
Connie Wescott RN CGN(C)
CSGNA Canada West Director

DIRECTOR OF AWARDS AND RESEARCH REPORT

Another year has come to an end and it is time to gear up to review and award the educational grants.

I am looking forward to being busy for the two weeks following the deadline of July 15th in reviewing all the applications and awarding the grants.

Don't forget that everyone has a chance to receiving one of the grants

Submitted by:
Donna Bremaud RN CGN(C)
CSGNA Awards & Research Director

PRACTICE DIRECTOR REPORT

Work continues in revising and updating CSGNA standards and guidelines. Guidelines that are actively being revised now are the ones for conscious sedation and infection control. These guidelines have been identified by our members as important, vital guidelines that they would like to have further developed.

These guidelines are very encompassing and requires tremendous amount of research.

Due to personal issues I am unable to continue my position, as practice director after my term is complete in September 2014. It has been my privilege to serve on the Board of Directors of CSGNA for the past 2 years.

Submitted by:
Sandy Stone R.N. CGN(C)
CSGNA Practice Director

NEWSLETTER EDITOR & WEBSITE DIRECTOR REPORT

The CSGNA executives have submitted a request for proposals to several companies for website, social media and newsletter administrative support. We have received the proposals and are now reviewing and comparing the proposals to find one that works best for our organization.

We plan on continuing with our Guiding Light Newsletter to be submitted electronically in PDF format to our members.

There has been a decrease in articles submitted for the newsletter, and I would like to encourage our members to submit an article for the November GL newsletter.

The website is being updated frequently with chapter events and educational conferences. If your chapter has an educational event coming up, please submit the event to me at newslettereditorwebsitedirector@csgna.com and I will place it on the website as well as in the upcoming e-newsletter.

Due to personal issues I am resigning my position of Newsletter Editor & Website Director in September 2014. It has been my privilege to serve on the Board of Directors of CSGNA for the past 2 years.

Submitted by:
Linda Pinches RN CGN(C)
CSGNA Newsletter Editor & Website Director

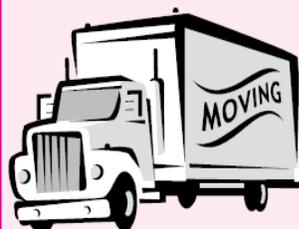
**MEMBERSHIP
RUNS FROM
JUNE 1ST
TO MAY 31ST
ANNUALLY**

CSGNA MEMBERSHIP FORM

A new bilingual membership form is available now on the CSGNA website. Please print the form and mail-in your completed application and cheque payment before **May 31, 2014**.

You may also renew/join online and pay with Visa or MasterCard:
CSGNA Online Application

CHANGE OF NAME/ADDRESS



NAME: _____

NEW ADDRESS: _____

CITY: _____ PROV.: _____ POSTAL CODE: _____

PHONE: _____ FAX: _____

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(Send change of name/address to the CSGNA Executive Assistant)

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CSGNA EXECUTIVE

Mabel Chaytor, RN, CGN(C)
President 2012 – 2014



Mabel has been a member of CSGNA for the past 25 years. She re-certified in Gastroenterology Nursing 2014 CGN(C)

Mabel is the Patient Care Coordinator in the Endoscopy Unit at Eastern Health St. Clare's Mercy Hospital in St. John's, Newfoundland and has been part of the Newfoundland Chapter of the CSGNA since 1992.

Mabel has held positions within the association as Chapter Secretary and Canada East Director on the National board.

Mabel strives to encourage the future leaders of CSGNA to be involved locally, nationally, and internationally. You can do it. Together we can do it.

Lisa Westin, RN, MN, CGN(C)
President Elect 2012-2014



Lisa has been a member of CSGNA since 2004 and certified in Gastroenterology Nursing CGN(C).

Lisa works as a Case Manager for Gastroenterology at Red Deer Regional Hospital in Red Deer, Alberta. She is a member of the Central Alberta Chapter and has held positions as Chapter secretary and Public Relations Director of the Board. She has presented to CSGNA members on the subject of Inflammatory Bowel Disease.

Her goal as a board member is to assist in the growth and development of the Society with a particular interest in developing Communities of Practice in the GI nursing fields among our membership

Lorraine Majen RN BScN CGN(C)
Secretary 2011-2015



Lorraine has been a member of CSGNA since 1999, and is certified in Gastroenterology Nursing CGN(C).

Lorraine works as a staff nurse in the Endoscopy unit of the Scarborough Hospital General campus in Toronto Ontario. She has been involved in CSGNA, as secretary of the Greater Toronto Chapter, and has served on planning committees for the CSGNA annual conference. Lorraine has also contributed to poster and poster presentations at CSGNA conferences.

Her goal as a board member is to support the mission, vision and values of CSGNA, thereby enhancing the growth and development of the association, and to encourage the networking of GI nurses from coast to coast. She also considers it a privilege to serve as a member of the board.

Jacqui Ho RN BSc CGN(C)
Treasurer 2013-2015



Jacqui has been a member since 1998 and is certified in Gastroenterology Nursing CGN(C).

Jacqui is the Patient Care Manager Endoscopy & Surgical Clinics at the Scarborough Hospital in Toronto, Ontario

She is a member of The Greater Toronto Chapter and has held the past positions of both the President & Treasurer of the Greater Toronto Chapter.

My goal is to promote the specialty of GI nursing through education and certification.

CSGNA DIRECTORS

Linda Pinches RN CGN(C)
Newsletter Editor & Website Director
2012-2014



Linda has been a member of CSGNA since 1990 and is certified in Gastroenterology Nursing CGN(C).

Linda works as a staff nurse and resource nurse at St. Michael's Hospital in Toronto and is a member of the Greater Toronto Chapter. She has been involved in CSGNA on the education committee and assisted in the set up of the Greater Toronto Chapter and acted as the secretary of that chapter for two years. She has been a speaker at both local and national CSGNA conferences and poster presentations.

Her goal as a board member is to encourage more members to write articles for the guiding light and to share their knowledge with others across Canada.

Donna Bremaud RN CGN(C)
Awards & Research Director 2013-2015



Donna has been a member of CSGNA since 2003 and certified in Gastroenterology Nursing CGN(C).

Donna works as the Nurse Coordinator of the Flexible Sigmoidoscopy project at Southlake Regional Health Centre in Newmarket, Ontario. She has been involved in CSGNA as both President and Secretary of her local chapter since 2005. She has presented to CSGNA members on the subject of Colon Cancer Screening as well as Abdominal Pressure during colonoscopy.

Her goal as a board member is to assist the membership in increasing their knowledge base of gastroenterology.

Sandra Stone RN CGN(C)
Practice Director 2012-2014



Sandra has been a member of CSGNA since 2003 and certified in Gastroenterology Nursing CGN(C).

Sandra works as the Follow-Up Coordinator for Newfoundland and Labrador Colon Cancer Screening Program.

She has been an active member of Newfoundland Chapter holding the position of President, served and yearly committee for GI Education days.

Cathy Arnold Cormier RN BScN CGN(C)
Education Director 2013-2015



Cathy has been a member of CSGNA since 2006 and certified in Gastroenterology Nursing CGN(C).

Cathy works as a Nurse Manager for Endoscopy and Minor Surgery at The Moncton Hospital in Moncton N.B. She has been involved in CSGNA as President of the NB/PEI Chapter 2009-2010 and 2013 to present.

Her goal as a board member is to expand the website to include on-line CEU approved Education for GI nurses.

CSGNA DIRECTORS

Dana Letto RN BN CGN(C)
Public Relations 2012-2014



Dana and has been a member of the CSGNA since 2005 and is certified in Gastroenterology Nursing CGN(C).

Dana works as a Clinical Nurse Educator for Endoscopy at the Misericordia Hospital in Edmonton, Alberta. She also works as Inflammatory Bowel Disease nurse in private practice. She is a member of the Edmonton Chapter CSGNA and has held executive positions in the past. She was past recipient of the Patricia Coughlin Award and an Olympus Scholarship. She is currently working towards her Masters degree in the Family-All Ages Nurse Practitioner program at Athabasca University.

Her goal as a board member is to continue to network with Industry, other Not for Profit Organizations, Regulatory bodies, and fellow CSGNA members. She will continue to support to other board members in the revision and development of practice documents.

Paula Triantafillou RN CGN(C)
Canada East Director 2014-2016



Paula has been a member of CSGNA since 2005 and certified in Gastroenterology Nursing CGN(C).

Paula works as a senior endoscopy nurse at the Queen Elizabeth Hospital in Charlottetown, Prince Edward Island. She is a member of the NB/PEI chapter and is the past president.

Her goal as a board member is to assist with sharing of practices and standards across Canada.

Joan Mckechnie RN CGN(C)
Canada Center Director 2012-2014



Joan is a member of CSGNA Golden Horseshoe Chapter in Ontario since 2004 and certified in Gastroenterology Nursing CGN(C).

She is the current Canada Centre Director 2012-14 and has held positions as Newsletter Editor & Website Director 2010-12, co-chair of the 2009 Toronto National Conference Planning Committee and the Chapter President 2004-2007.

Her goal as a board member is to promote CSGNA, GI education and certification.

Connie Wescott RN CGN(C)
Canada West Director 2012-2014



Connie has been a CSGNA member since 2005 and is certified in Gastroenterology Nursing CGN(C).

Connie works as a staff nurse (&loves her job) in the endoscopy unit at the Peter Lougheed Centre in Calgary Alberta. She has been involved in CSGNA for numerous years, mainly as the Calgary chapter president. She is the proud owner of two rambunctious Bichon cross dogs, Cooper & Poppy

Her goal as a board member is to assist & educate members to a better understanding of what the CSGNA is, what it can do for them and how to access opportunity in the CSGNA & possibly beyond.



Canadian Society of Gastroenterology Nurses & Associates
Société canadienne des infirmières et infirmiers en gastroentérologie et travailleurs associés

Please make Cheque Payable to CSGNA and mail with completed application to:
Prière de libeller le chèque à CSGNA et envoyez avec l'application remplie à :
#224 – 1540 Cornwall Road, Oakville, ON L6J 7W5 Canada
CSGNA Membership ends May 31 each year

MEMBERSHIP APPLICATION (Check one)

FORMULE D'APPLICATION (Cochez Un)

<input type="checkbox"/> Member \$100.00 Open to Registered Nurses, Registered Nurse Practitioners, Licensed Practical Nurses and Registered Practical Nurses who hold valid provincial registration or license and are in good standing and work in health care based settings (hospitals, clinics, educational institutions, private practice, government agencies) with a Gastroenterology focus, in a clinical, advanced practice, supervisory, educator, research or administrative capacity.	<input type="checkbox"/> Membre 100,00\$ Ouvert aux Infirmières Autorisées, Infirmières Praticiennes Autorisées, Infirmières Auxiliaires Licenciées, Infirmières Auxiliaires Autorisées qui détiennent un enregistrement provincial ou une licence valide, sont en règles et travaillent dans des établissements de santé (hôpitaux, cliniques, institutions éducatives, pratique privée, agences gouvernementales) principalement en gastroentérologie soient dans le domaine clinique, la pratique avancée, surveillance, éducation, recherche ou administration.
<input type="checkbox"/> AFFILIATE \$100.00 Open to those who no longer qualify to be members of CSGNA by reason of not having a valid registration or license as an RN, RNP, LPN or RPN. People who work in the field of Gastroenterology who are not registered/licensed nurses (endoscopic reproprocessors, assistants, BSN, LPN/RPN students. Others engaged in activities of the field of Gastroenterology, but not employed in a health care setting (representatives and nurse employees of industry and pharmaceutical companies).	<input type="checkbox"/> AFFILIÉE 100,00\$ Ouvert à ceux qui ne qualifient plus comme membres de la SCIIIGTA en raison d'un enregistrement ou d'une licence tels IA, IPA, IAL ou IAA non valable. Les gens qui travaillent dans le domaine de la Gastro-entérologie qui ne sont pas des infirmières autorisées/licenciées (personnel assigné au retraitement des endoscopes, assistants, étudiants en sciences infirmières, infirmières auxiliaires licenciées ou autorisées. D'autres engagés dans le domaine de la Gastroentérologie mais non employés dans le milieu des soins de santé (représentants et infirmières employées dans l'industrie ou compagnies pharmaceutiques).

APPLICANT INFORMATION/INFORMATION DU MEMBRE

Please print or type the following information/ S.V.P. Imprimez ou dactylographiez l'information

SURNAME /NOM DE FAMILLE		FIRST NAME/PRÉNOM	
MAILING ADDRESS /ADDRESS DE RETOUR			
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CITY/VILLE	PROV./PROV.	POSTAL CODE/CODE POSTAL	HOME PHONE/TELEPHONE (MAISON)
			()
HOSPITAL/OFFICE/COMPANY NAME / NOM DE L'HÔPITAL/BUREAU/COMPAGNIE			BUSINESS PHONE/TELEPHONE (TRAVAIL)
TITLE/ POSTION		EMAIL	
EDUCATION/ÉDUCATION (CHECK ONE/COCHEZ UN) <input type="checkbox"/> RN/IA <input type="checkbox"/> RPN/LPN / I AUX <input type="checkbox"/> TECH/TECH			
<input type="checkbox"/> OTHER/AUTRE (EXPLAIN/SPÉCIFIEZ) _____ CNA MEMBER/ MEMBRE AIC <input type="checkbox"/> YES/OUI <input type="checkbox"/> NO/NON			
<input type="checkbox"/> CNA CERTIFICATION IN GASTROENTEROLOGY/CERTIFICATION EN GASTROENTÉROLOGIE DE L'AIC			
MEMBERSHIP/ABONNEMENT (CHECK ONE/COCHEZ UN)		<input type="checkbox"/> RENEWAL/RÉNOUVELLEMENT	<input type="checkbox"/> NEW/NOUVEAU
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<input type="checkbox"/> OTHER/AUTRE _____			
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<input type="checkbox"/> SITTING ON AD HOC COMMITTEES AS A MEMBER AT LARGE/ SIÉGER À DES COMITÉS AD HOC EN TANT QUE MEMBRE DANS SON ENSEMBLE			
<input type="checkbox"/> REVIEWING NEW CSGNA PRACTICE DOCUMENTS/ EXAMINER LES NOUVEAUX DOCUMENTS DE PRATIQUE CSGNA			
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CSGNA CHAPTER EXECUTIVE LIST 2013-14

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Secretary: **Diane Bjola**
Treasurer: Christine Kunetsky

Vancouver Regional Chapter

President: TBD
Secretary: TBD
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Treasurer: Gail Mason

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Treasurer: Edna Lang

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Newfoundland Chapter

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Secretary: Maria Clarke
Treasurer: Linda Feltham

30th Anniversary



CONFERENCE 2014 | October 2-4
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INNOVATION

Mike Lipkin
World Renowned
Motivator and Communicator

Mike Lipkin brings out the best in leaders and employees around the world. The founder and president of Environics/Lipkin, and the author of numerous bestselling motivational books, he combines Environics' trademark "social values research" with his personal expertise to provide people with the confidence and insight to take powerful action and achieve pre-eminence in their lives.

Lipkin is a former brand manager at Colgate Palmolive, board member at Grey Advertising, and account director at Olgivy & Mather – one of the world's leading advertising agencies. Environics/Lipkin has quickly become one of Canada's largest and most sophisticated polling companies.

Lipkin's motivational titles include, *Your Personal Best: The 12 Personal Best Practices to Help You Live at Your Highest Level*; *Luck Favours the Brave: How the Five Social Super Trends Can Make You Very, Very Successful*; *On Fire: The Art of Personal Consistency*; *Keeper of The Flame: How to Inspire Others on the Gasp of Change*; and his most recent title, *One Life, One Meeting: How to Achieve Pre-eminence, One Conversation at a Time*.



INSPIRATION

Tilda Shalof
RN
Author and Speaker

Since the publication of the national bestseller, *A Nurse's Story*, author and ICU nurse Tilda has become an outspoken nurse leader, dedicated to explaining nursing to the public and raising awareness of nursing's role in health care and safety.

Passionate about helping nurses connect to the power and ideals of our profession, she inspires nurses to be all that they can be.

Tilda's second book, *The Making of a Nurse*, charts the educational, emotional, and spiritual steps in her journey of becoming a nurse. She shares professional and personal challenges she has experienced along the way to becoming the nurse she aspired to be.

In Tilda's presentation at CSGNA 2013, she will share anecdotes from her 27 years working in the Medical-Surgical ICU at Toronto General Hospital of the University Health Network. Tilda will also tell about her experience of being a "nurse in the news" explaining how she prepares herself to face the media, field the tough questions put to her about nursing and health care, why she believes it is imperative for nurses to speak up on behalf of their patients, our health care system and the importance for nurses to speak about our work and tell their stories.

Tilda has also written, *Camp Nurse – My Adventures at Summer Camp* and her latest book, *Opening My Heart – A Journey from Nurse to Patient and Back Again*. Please visit Tilda's web-site at www.NurseTilda.com



Nicole Moore
Shark Attack Survivor
and Inspirational Speaker

Nicole has inspired people all over the world with her shocking story, spirit of survival and love of life. Nicole, an RN, lives in Orangeville, Ontario with her husband Jay and their two young daughters.

On January 31st, 2011, while vacationing with friends in Cancun, Nicole had one of the most unimaginable and horrific things happen... she was attacked by a shark. As a result, Nicole and her entire family, have had their lives forever changed.

The manner in which Nicole survived, will galvanize the belief in power of mind over body. Pain, multiple surgeries and eventual amputation has never dampened her spirit and today, still in recovery mode, she is thriving. Nicole's mantra "keep moving forward and don't let obstacles stand in your way" is now the focus of her motivational speeches.

A touching, moving story about how to face adversity with strength, courage, grace and determination. She will enlighten you with her quick wit and her ability to face an incomprehensible situation with a positive attitude. After hearing her story, you will be left with the certainty that there is simply...

Moore to Life



ILLUMINATION

Meg Soper
RN
Comedienne and Speaker

Meg is recognized as one of the premiere motivators in Canada. She combines her remarkable sense of humour with a unique perspective of life to captivate her audience and provide them with a presentation filled with inspiration and entertainment.

Meg has appeared as a keynote speaker and feature performer at corporate functions, conventions and universities across North America and internationally. She has shared the stage with such celebrities as Ellen Degeneres and Ray Romano.

With over 25 years experience in the Health Care industry and as a Registered Nurse in the Operating Room, she understands the challenges that nurses face from a first hand perspective. From Children's Hospital in Vancouver, B.C. to St. Michael's Hospital in Toronto, Ontario and finally back to a community hospital close to home, Meg has gained a wide range of professional experience throughout her career.

Meg is co-author of the book, *From the Stage to the Page: Life Lessons from Four Funny Ladies*. She has appeared on the CBC Television Network, Women's Television Network and Prime TV, as well as being featured in many radio programs and comedy festivals. Meg has a tremendous ability to connect with her audience and take every event to a higher level.



cs^gna CONFERENCE 2014

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