

## ***Canadian Digestive Disease Week 2014***

This year's Canadian Digestive Disease conference was held in Toronto from February 8-11<sup>th</sup> at the Fairmont Royal York highlighting the latest technologies in the fields of Gastroenterology and Hepatology.

National and International experts presented on digestive disorders, emergencies and challenging cases in both adult and pediatric patient care. Some of the highlights of the conference were the Breakfast with the experts, the small group sessions and the Gold medal lectures. All were extremely informative and relevant to healthcare in 2014.

A special thanks to Paul Sinclair, Palma Colacino and Sandra Daniels who provided outstanding support to the CSGNA. This year's CAG/CSGNA Nurse Bursary recipient was Joan McKechnie as seen below in the photo being presented the award by Dr. Lawrence Hookey.



*Dr. Lawrence Hookey presenting the CAG-CSGNA Nurse Bursary award to Joan McKechnie RN CGN(C), CSGNA Canada Centre Director.*



*Palma Colacino, Joan McKechnie, Mabel Chaytor & Lisa Westin*



*Joan McKechnie, Usha Chauhan & Lisa Westin*

# President's Report

## Get to know more about CSGNA

Everyone has something to offer. You can help share and spread the passion for gastroenterology nursing. Come out and get connected, attend chapter events, become a Chapter Executive, attend the National Conference and please do inquire about available Board Positions.

We are continuously revising and developing the Practice guidelines. This requires volunteers to sit on adhoc committees. Your input is most appreciated.

Educational programs help to enhance best practice. Please send along your ideas, they offer incredible value to future development.

Continue to show your support by renewing your membership for 2014 - 2015 (membership year runs from June 1, 2014 to May 31, 2015) Join now! By renewing, you will continue to benefit by getting a discount on conference registration.

Come Celebrate CSGNA's 30th Anniversary in Niagara Falls, Ontario October 2 - 4, 2014.

**Brave The Current: Innovation \* Inspiration \* Illumination**

Thank you for supporting CSGNA.  
Mabel Chaytor RN CGN(C)  
President 2012-2014

To learn more visit [www.csgna.com](http://www.csgna.com)

Please contact me about any comments you may have about this newsletter or any ideas for future issues.

**Linda Pinches, Newsletter Editor**

Email: [newslettereditorwebsitedirector@csgna.com](mailto:newslettereditorwebsitedirector@csgna.com)

### Guidelines for Submissions to "The Guiding Light"

- Submit all materials by email to the newsletter editor in word format.
- Submissions must be received by the first of the month preceding each issue i.e.: Feb1st for March issues, June 1st for July issues and Oct 1st for November issues.
- Include all references using APA referencing.

### CSGNA DISCLAIMER

The Canadian Society of Gastroenterology Nurses and Associates is proud to present The Guiding Light newsletter as an educational tool for use in developing and promoting your own policies and procedures and protocols.

The Canadian Society of Gastroenterology Nurses and Associates does not assume any responsibility for the practices or recommendations of any individual, or for the practices and policies of any gastroenterology unit or endoscopy unit.

# Synopsis CSGNA Board Teleconference Meeting November 18<sup>th</sup>, 2013

**ATTENDANCE:** All existing board members.

**REVIEW AND ADOPTION OF MINUTES AND AGENDA:** Motions were passed to adopt minutes and the agenda was circulated, prior to the meeting.

**PUBLIC RELATIONS:** The vendor relations and conflict of interest policy documents were reviewed by a lawyer, and will be circulated for final approval by the board.

**CHAPTER ISSUES:** The regional directors provided information about pertinent chapter activities. Vancouver chapter has been inactive as its chapter executives have resigned. There have been no volunteers to fill their positions. Canada West Director Connie Wescott has attempted to create some involvement by networking with nurses in the region. The Central region chapters have remained active in providing educational opportunities for members. No significant changes have been noted by our new Canada East Director Paula Triantafillou in the Eastern chapters.

**STANDING COMMITTEES:** We have had a positive response from a call for members at large, for the standing committees. These members are expected to review documents prepared by the Practice and Public relations directors.

**STRATEGIC PLAN:** Consultant Annamarie Fuch's, has been working with the board with the revision of our strategic plan. She will be providing the board with information sessions on the board governance.

**CNA AWARD OF MERIT:** Maria Cirocco and Usha Chauhan were nominated by CSGNA for the CNA award of merit in research and clinical practice. They have both contributed significantly to the GI specialty.

**BYLAWS:** The amendments to the bylaws presented to the membership in Banff, were approved by Industry Canada. The CNCA draft documents remain a work in progress, assisted by our legal counsel Theresa Mann.

**COMMUNITIES OF PRACTICE:** We are looking to the IBD and Francophone groups for community of practice members. We need to focus on having more diverse network groups.

**EDUCATION:** Efforts have been made to have our National conference educational hours recognized by an accredited source, such as an academic institution or by CNA. There are IBD modules waiting to be posted online. This will be done once the conflict of interest/vendor endorsement policy is completed and approved by the board.

**PRACTICE:** The development of infection control and conscious sedation guidelines are the focus at the present time.

**GUIDING LIGHT AND WEBSITE SPONSORSHIP:** Some vendors have shown an interest in supporting the publishing of the Guiding Light, though none have committed so far.

**AWARDS AND SCHOLARSHIP:** Scholarship funding continues to be reviewed by vendor sponsors, with changes in format and type of funding.

**2014 CONFERENCE PLANNING:** The Niagara conference planning is underway with many excellent speakers and interesting presentations planned. There is also planning for live Endoscopy to be transmitted from the therapeutic endoscopy program at St Mike's hospital in Toronto, during the CSGNA conference.

**NEXT MEETING:** Face to Face in Toronto Feb 22<sup>nd</sup>-23<sup>rd</sup>, 2014.

**Submitted by**  
**Lorraine Majcen RN, BScN, CGN(C)**  
**CSGNA Secretary**

# REPORTS

## PRESIDENT ELECT REPORT

Our 2011 bylaw amendments that were passed by the members at the AGM in Banff in September 2013 received ministerial approval in November 2013. This means that CSGNA can now move forward with revisions and additions to the bylaws that will meet the Canadian Not-for-profit Corporations Act (CNCA) compliance by October 17, 2014. We continue to work with Carter's legal firm in Toronto to ensure we meet the act requirements by the deadline.

As a result of the amendments and the requirements of the CNCA, the changes to the member definition are in effect. The 2014 membership form will reflect the changes.

**To summarize, there will only be one member class – Members. All others will be Affiliates.**

### VOTING

**Registered Nurses, Registered Nurse Practitioners, and Licensed or Registered Practical Nurses (LPNs/RPNs)** who work in health care based settings (hospitals, clinics, educational institutions, private practice, government agencies) with a Gastroenterology focus, in a clinical, advanced practice, supervisory, educator, research or administrative capacity. All members will be required to hold registration or licensure with their professional licensing body.

### NONVOTING

**Affiliates:** Retired members and Honoraries who forfeit their registration or license may choose to apply to CSGNA as an affiliate following their retirement.

Associates who work in the field of Gastroenterology in a health care setting, who are not nurses, are also eligible to apply to CSGNA as an Affiliate. This includes Endoscopic reprocessing staff and nursing assistants.

Students, who are not registered or working as an RN or LPN/RPN, and are enrolled in a Bachelor of Nursing program or a Practical Nurse program are eligible to join CSGNA as affiliates.

Others engaged in activities relevant to the field of Gastroenterology, but not employed in a health care setting or in the practice of Gastroenterology Nursing will also be eligible for benefits as an Affiliate. This includes Representatives and Nurse Employees of industry and pharmaceutical companies.

Affiliates are not eligible to vote, and may not hold office on Chapter executive or the National Board. Associates may serve on or represent CSGNA on ad hoc committees as determined by the Chapter or National Board.

### Honorary

These are members or affiliates who have contributed substantial time and effort toward the advancement of CSGNA. All past Presidents of CSGNA will be honored at the end of their term in office. Nominations for additional honorary awards may be submitted by any CSGNA member, to the Board. Honorary awards are to be voted on by the general membership in attendance at the annual

general meeting.

### Board and Chapter Executive

Only Registered Nurses and Registered Nurse Practitioners will be permitted to serve on the National Board and as Chapter Presidents. LPNs/RPNs may be elected by their chapter to serve on the Chapter Executive as Secretary or Treasurer or on ad hoc Chapter or Board committees as Members at Large. All Registered or Licensed nurse members will be eligible to vote up to the point at which they no longer register or maintain their professional licensure.

I would like to thank the Bylaws Committee of the Board for their diligent and ongoing work in sifting through the many requirements of the Act and in applying them to our existing and upcoming bylaws. Your time and commitment is greatly appreciated!

I would also like to thank those members who offered assistance in reviewing new practice documents, sitting on ad hoc committees and translating existing documents into French. You are CSGNA's greatest resources! With your input and assistance, we will succeed in completing our strategic goals and move our organization forward for all of our members.

If you are interested in assisting the Board by volunteering your expertise, please indicate on your 2014 Membership renewal form.

Submitted by  
Lisa Westin, RN, MN, CGN(C)  
CSGNA President Elect

## CANADA EAST DIRECTOR

It's that time again and each Chapter has been busy planning and hosting their education days. These are great opportunities to get together to share ideas and knowledge and to network with our GI peers. After the winter we endured in the Maritimes, we are all looking forward to retiring our shovels and enjoying the summer months ahead! See you all in Niagara Falls!

Submitted by  
Paula Triantafillou RN CGN(C)  
CSGNA Canada East Director

## CANADA CENTRE DIRECTOR REPORT

I had the opportunity to attend the 2014 Canadian Digestive Diseases Week (CDDW) in Toronto at the Fairmont Royal York Hotel in early February. The four day GI conference program was amazing. Next year, the CDDW will be held in beautiful Banff, AB. Check it out.

The Canadian Nurses Association (CNA) Certification Day is celebrated this year on March 19, 2014. Enjoy this special day and congratulate all the certified nurses in your workplace. Best wishes to all the nurses who will be writing their CNA GI certification exam in April.

Congratulations to those nurses who successfully completed their GI certification renewal process also.

### Montreal Chapter

The Montreal Chapter conference is planned for March 22, 2014. The flyer is posted on the website in French and the theme is Mobilization (how to get your peers moving, aim high).

The conference is part theory and for the most part interactive. We hope to see our colleagues from the Island of Montreal, perhaps Quebec City and its surroundings.

The CNA certification exam is coming up very soon. Attending the conference is a great opportunity to get questions answered and network.

Reported by Montreal Chapter  
President Mildred Clement

### Ottawa Chapter

The Ottawa Chapter has a half day spring conference planned for April 12, 2014. They have three speakers arranged. Details are not available yet.

Reported by Ottawa Chapter  
Secretary Monique Travers

### Greater Toronto & Area Chapter

The Greater Toronto & Area Chapter educational event will be held on April 26, 2014 at St Joseph's Health Centre in Toronto in the education centre of the hospital. The conference poster is available on the CSGNA website.

The Chapter Secretary and Treasurer positions will be vacant this spring. GTA members, please consider stepping up to the challenge. Thank you to Bev and Mark for your invaluable contributions to CSGNA.

Reported by Greater Toronto & Area  
Chapter President Daysi Sandino

### Central Ontario Chapter

The Central Ontario Chapter is trying to arrange a half day educational seminar in the spring, hopefully at the end of April or early May. Suggested topics include Hepatitis, Eosinophilic Esophagitis and

The Chapter Executive is looking for help to fill the vacant secretary position. If you are interested, please contact Donna Bremaud or Liz Robins.

### Golden Horseshoe Chapter

I hope this cold snowy winter has not got everyone down on 2014 yet. The Golden Horseshoe Chapter has a lot coming with the better weather. The 2014 Planning Committee has been busy with our upcoming National Conference in Niagara Falls in October. We are working on a very exciting and innovative program. Please watch for more details very soon.

The Golden Horseshoe Chapter is also planning a spring education event in Mississauga. Trillium Health will be organizing the event and it will likely be held in May or June.

Reported by Golden Horseshoe  
Chapter President Jody Hannah

### London & Area Chapter

The London & Area Chapter are planning for a full day conference this year. It was supposed to be a spring event but it might be later. The Chapter Executive still needs a Chapter Secretary. If you are interested, please contact Donna Pratt or Deborah Holmes.

Reported by London & Area Chapter  
Treasurer Deborah Holmes

Plan to join us at the CSGNA 30<sup>th</sup> National Conference on October 2-4, 2014 in Niagara Falls, ON. The Planning Committee is working very hard to put together a great program for you.

Submitted by  
Joan McKechnie RN CGN(C)  
CSGNA Canada Centre Director

## CANADA WEST DIRECTOR REPORT

### Vancouver Island Chapter

After a very quiet fall for the Chapter (and a very busy time for our workplace), we are ready to start planning some educational opportunities for our members on Vancouver Island. We are hoping to have 2 evening education events over the next few months.

We have had several re-certifications this year...Way to go!! To those members who have taken the initiative to maintain certification. Elections are due to take place in April when we will be holding our AGM. Looking forward to a great year ahead!

Reported by Andrea White President  
Vancouver Island Chapter

### Okanagan Chapter

The Okanagan Chapter is excited for this New Year! We have another of our Members eligible for the CNA Exam this year and she's busy studying for the Spring - good luck Margaret . . . we're all cheering for you. She will bring our GI Certified number to 11!

We are organizing our February dinner talk for the middle of the month and then the monthly journal reviews will get going again in March.

Here in Kelowna, we began working with the BC Cancer agency for screening positive FIT patients in the local area. For now, this program funding will run December to March and help get some of these high risk patients in for their colonoscopies. We so value this opportunity to try and prevent some colon cancers. Working with an exterior agency has meant changing our regular

paperwork for these specific patients - which has been challenging at times. Hopefully the funding will continue as bringing this potentially life-saving awareness to our population is such a benefit.

Reported by Bethany Rode  
Okanagan Chapter President

### Alberta Southwest Regional Chapter

Members of the Southwest Regional Chapter have had a very busy year! We enjoyed our joint venture organizing the National Chapter amongst an ongoing 2 year renovation of our Day Procedures unit. We finished the third and final stage of renovations the first week of December.

Our unit increased from two endoscopy rooms to four. We now have our own Fluoroscopy room on the unit to do ERCP's and stents only steps away. We have increased our Prep and Recovery beds to 8 with an additional 4 swing beds shared with other entities on our unit. We have been oriented to Bronchoscopies and have taken on this role during work hours as well as call.

We have upgraded our Motility system and increased staff and patient flow. We now have our own booking clerk utilizing our space and staff more efficiently. It has been a year of learning and growth!

Amongst this organized chaos we have continued with our regular CSGNA meetings and welcome Stefanie Nicol to the board as Treasurer. We are preparing for an upcoming Educational Day next fall utilizing some of our new Doctors to share their expertise on the "Big C".

We have accomplished much over the past year in our personal progress as a unit and look forward to hosting another education day to share with nurses in our region.

Reported by Merrill Wight for Barb Harbers

### Central Alberta Chapter

Central Alberta CSGNA Chapter has been gearing up for another fantastic Education Day on April 26, 2014. We have chosen Bariatrics as our topic and our title is "Bariatrics ... Balancing the Scales". We are using an interdisciplinary approach and will walk the attendees through the process of having Bariatric Surgery from beginning to end and everything in between.

We are quite excited about the day, and hope to see many of you there. We are also having a dinner meeting where one of our Rep's will be highlighting some more of their wares.

Many of our members are off in the sunshine trying to escape Alberta's cold, snowy weather. See you at our Education Day!!!!

Reported by Brenda Perlau,  
President of Central Alberta CSGNA Chapter

### Calgary Chapter

The Calgary chapter just had an excellent dine & learn sponsored by Janssen of Johnson & Johnson. Our presenter was none other than Joan Heatherington speaking on the topic of Ulcerative Colitis. One of the newer UC drugs - Symponi, was introduced to the group.

The chapter is in its final planning stages for its April 5 the education day

being held @ our newest hospital in the city. Keep an eye out for information on this coming soon.

Our chapter will be sadly saying good bye to our talented secretary Michelle Larocque. She will be replaced by Robyn Maynard who is keen and will keep our executive on its toes-welcome.

Reported by Connie Wescott  
Calgary Chapter President

### **Edmonton Chapter**

We've had two very informative and interactive evening education sessions this membership year.

Our first dinner / education session was hosted at the Royal Alexandra Hospital in October. Dr. Clarence Wong spoke on "Barrett's Esophagus Update" and on "FIT TEST – the 'NEW' Alberta Colon Screening Tool". There were 37 delegates and we had one new member join CSGNA.

Our appreciation goes to chapter member Kathy Korner for all of her work to organize and chair this session. Special thanks go to our company sponsor WARNER CHILCOTT for their interest and support in our chapter's education and this session.

Our second dinner / education session was hosted at the Grey Nuns Hospital in January. We had a record attendance of 49 delegates! We are delighted to have two new members join CSGNA at this event.

Dr. Anand Bala a gastroenterologist from the Grey Nuns Hospital spoke on "The FodMap Diet and IBS". We had a second presentation given by an anaesthetist, Dr. Craig Needham on "Procedural Sedation in Endoscopy: an Anaesthetist's Perspective". Our appreciation goes to chapter

member Lucie Greffard-Aubin for all the work she did as this site's program leader and event Chair. Special thanks go to our company sponsor ABBVIE for their continued interest in our chapter's endeavors and for providing this educational opportunity.

Vicky Oberg is busy organizing our third education session. It will be held in April at the University Hospital. Dr. Chris Teshima has been confirmed to speak on "Endoscopic Ultrasound (EUS) Drainage of the Pancreatic Pseudocyst ". The second topic is yet to be announced.

We have rescheduled our one day conference on "Inflammatory Bowel Disease (IBD)" to Saturday, October 18. There are four Alberta Chapters and spring is the preferred time of year to host annual conferences.

We are hoping that by offering an annual conference in the fall, it will give a more balanced educational year to nurses & associates in combination with the other chapters' events.

If successful, we plan to make that our signature time of year to host our Edmonton Chapter Annual Conferences.

Reported by  
Yvonne Verklan, RN CGN(c)  
President Edmonton Chapter

### **Regina Chapter**

The CSGNA Regina Chapter enjoyed a Dinner Meeting on December 3 rd, 2013. We evaluated the success of our GI Education Day. Good job team! An in-service on clips and dilators was provided by Olympus on December 11<sup>th</sup>. We also had an in-service by Cook on Hemospray held in January. An election for a new executive team was held on January 29, 2014. Jennifer McIntyre was nominated as new

President and accepted the position. Dorothy Bateman remains as treasurer, and Cegee Schrader remains secretary.

Thank-you for volunteering your time and for your commitment towards GI nursing.

Reported by J Marie Turton  
Former President of CSGNA, Regina Chapter

### **Manitoba Chapter**

The November 27th meeting of the Manitoba Chapter of the CSGNA was held at the Tapestry Restaurant located at The Niakwa Country Club and was hosted by Shawna Gillespie from Cook.

The meeting was called to order at 2010hr by President Carol Reidy with 20 attendees.

A delicious supper was provided by Cook Canada. During the meal a very informative presentation was given to those present by Cook Canada with Dr. Steve McClave's recorded presentation on Enteral Feeding.

We will have our next meeting on February 11/14 with a Presentation organized by our sponsor Kylee Schell, Territory Manager-Conmed Canada. (*Agenda: Cross contamination, infection prevention, Endoscope management*).

We expect a good turnout.

Sue Drysdale RN CGC(C) has been providing members with educational articles from Up to Date for review to attain further education hours from our chapter.

Reported by Carol Reidy RN, CGN(C)  
Manitoba Chapter President

Submitted by  
Connie Wescott RN CGN(C)  
CSGNA Canada West Director

### DIRECTOR OF AWARDS AND RESEARCH REPORT

This year is proving to be another challenging year for educational grants. As more of the American based companies strive to comply with the new Health Care Compliance Code of Conduct, funding for educational grants becomes exceedingly difficult.

Having said that, we are still very privileged to have SciCan continuing their support of our nurses by way of four \$500 educational grants for our members to help offset the expenses of attending the conference in Niagara Falls this year.

Please remember that the application for the SciCan grants **does require** that the applicant be nominated from the local chapter. The criteria is the same as when it was a single grant in that we are accepting one nomination from each chapter and then will do 4 random draws for the \$500.

All scholarship applications are found on the website as well as detailed instructions on the criteria required for each. We are continuing to explore all avenues to increase our number of educational grants available for our membership.

Submitted by  
Donna Bremaud RN CGN(C)  
CSGNA Director of Awards and Research

### PUBLIC RELATIONS REPORT

I attended an Advanced Nursing Practice Leadership conference in Edmonton in March. An exciting venue for advanced practice nurses to display their evidence based research.

I will be attending the Edmonton Chapter's education night coming up in late April on Treatment of Pancreatic Pseudocysts. In May I will be attending a 3 day NP conference in Edmonton and am hoping to network with other AP nurses. In June I am also hoping to attend the Alberta Digestive Disease conference in Lake Louise, Alberta. A busy spring for educational opportunities and networking!

Document review and editing is ongoing. I am hoping to start working on a social media policy in the coming weeks.

Submitted by  
Dana Letto BN RN CGN(C)  
CSGNA Public Relations Director

### PRACTICE DIRECTOR REPORT

Work is continuing on updating position statements, statements and guidelines and finding more recent references. Particularly; Role of the RN Performed Flexible Sigmoidoscopy.

As well work continues on guidelines for Infection Control and Conscious Sedation. In addition we have recently had our standards translated and will be posted to the web site shortly. Wishing all members a great spring after a long hard winter.

Respectfully Submitted  
Sandy Stone RN CGN(C)  
CSGNA Practice Director

### NEWSLETTER EDITOR & WEBSITE DIRECTOR REPORT

We still do not have a sponsor to cover the yearly printing of the Guiding light newsletter. The newsletter will be submitted via mass email to the members from May 2014 via a PDF or digital version.

The CSGNA executive will be submitting a request for proposals to various companies for website revision and management of both website and the guiding light newsletter.

The website is being updated frequently with educational chapter events and conferences.

Please submit any educational events or conferences that you would like posted on the website to me at **websitedirectornewslettereditor@csgna.com**. These events will also be included in the monthly e-newsletter.

As always, we are looking for any articles related to new techniques, procedures, patient care and changes within your workplace that may be interesting to the CSGNA members. Please submit any article to me at **websitedirectornewslettereditor@csgna.com**.

Thanks and have a great spring and summer.

Submitted by  
Linda Pinches RN CGN(C)  
Website Director & Newsletter Editor

## CSGNA EXECUTIVE BOARD POSITIONS AVAILABLE

***The following board positions are available this September:***

**Newsletter Editor & Website Director  
Awards & Research Director  
Canada Centre Director  
Canada West Director (1yr term)  
Public Relations Director  
Practice Director**

These are 2 year positions commencing in the fall of 2014. The job descriptions can be found on the **CSGNA website** - "**Members Only**" section. Login, click on "Members Only" heading, select "Job Descriptions for the Executive Board Positions."

Please submit your nomination form to the CSGNA President via mail or email by **May 15, 2014**.

Please consider stepping out of the box and submitting your nomination. You will grow as a person, not to mention the wonderful experiences and friendships you will gain.



**MEMBERSHIP  
RUNS FROM  
JUNE 1ST  
TO MAY 31ST  
ANNUALLY**

### **CSGNA MEMBERSHIP FORM**

A new bilingual membership form is available now on the CSGNA website. Please print the form and mail-in your completed application and cheque payment before **May 31, 2014**.

You may also renew/join online and pay with Visa or MasterCard: CSGNA Online Application

### **CSGNA MEMBERSHIP HAS ITS REWARDS!!!**

**CSGNA is committed to investing in the professional development of its members.**

If you are a member you may be eligible for funding opportunities, through the national scholarship fund, to help offset your conference costs.

- Check the CSGNA website for national funds available (for both nurses and allied health professionals)
- Contact your chapter for local scholarship opportunities
- Your professional association (RNAO in Ontario) may have education funds available
- Your hospital/department may also have an educational fund that you may be able to tap into
- Your local chapter executive/or unit manager may be able to assist you with the process

Follow the application process and good luck! We hope to see you in Niagara Falls.



Canadian Society of Gastroenterology Nurses & Associates  
Société canadienne des infirmières et infirmiers en gastroentérologie et travailleurs associés

Please make Cheque Payable to CSGNA and mail with completed application to:  
Prière de libeller le chèque à CSGNA et envoyez avec l'application remplie à :  
#224 – 1540 Cornwall Road, Oakville, ON L6J 7W5 Canada  
CSGNA Membership ends May 31 each year

MEMBERSHIP APPLICATION (Check one)

FORMULE D'APPLICATION (Cochez Un)

<input type="checkbox"/> <b>Member \$100.00</b> Open to Registered Nurses, Registered Nurse Practitioners, Licensed Practical Nurses and Registered Practical Nurses who hold valid provincial registration or license and are in good standing and work in health care based settings (hospitals, clinics, educational institutions, private practice, government agencies) with a Gastroenterology focus, in a clinical, advanced practice, supervisory, educator, research or administrative capacity.	<input type="checkbox"/> <b>Membre 100,00\$</b> Ouvert aux Infirmières Autorisées, Infirmières Praticiennes Autorisées, Infirmières Auxiliaires Licenciées, Infirmières Auxiliaires Autorisées qui détiennent un enregistrement provincial ou une licence valide, sont en règles et travaillent dans des établissements de santé (hôpitaux, cliniques, institutions éducatives, pratique privée, agences gouvernementales) principalement en gastroentérologie soient dans le domaine clinique, la pratique avancée, surveillance, éducation, recherche ou administration.
<input type="checkbox"/> <b>AFFILIATE \$100.00</b> Open to those who no longer qualify to be members of CSGNA by reason of not having a valid registration or license as an RN, RNP, LPN or RPN. People who work in the field of Gastroenterology who are not registered/licensed nurses (endoscopic reproprocessors, assistants, BSN, LPN/RPN students. Others engaged in activities of the field of Gastroenterology, but not employed in a health care setting (representatives and nurse employees of industry and pharmaceutical companies).	<input type="checkbox"/> <b>AFFILIÉE 100,00\$</b> Ouvert à ceux qui ne qualifient plus comme membres de la SCIIGTA en raison d'un enregistrement ou d'une licence tels IA, IPA, IAL ou IAA non valable. Les gens qui travaillent dans le domaine de la Gastro-entérologie qui ne sont pas des infirmières autorisées/licenciées (personnel assigné au retraitement des endoscopes, assistants, étudiants en sciences infirmières, infirmières auxiliaires licenciées ou autorisées. D'autres engagés dans le domaine de la Gastroentérologie mais non employés dans le milieu des soins de santé (représentants et infirmières employées dans l'industrie ou compagnies pharmaceutiques).

APPLICANT INFORMATION/INFORMATION DU MEMBRE

Please print or type the following information/ S.V.P. Imprimez ou dactylographiez l'information

SURNAME /NOM DE FAMILLE		FIRST NAME/PRÉNOM	
MAILING ADDRESS /ADDRESS DE RETOUR			
CITY/VILLE		PROV./PROV.	POSTAL CODE/CODE POSTAL
HOSPITAL/OFFICE/COMPANY NAME / NOM DE L'HÔPITAL/BUREAU/COMPAGNIE		BUSINESS PHONE/TELEPHONE (TRAVAIL)	
TITLE/ POSTION		EMAIL	
EDUCATION/ÉDUCATION (CHECK ONE/COCHEZ UN) <input type="checkbox"/> RN/IA <input type="checkbox"/> RPN/LPN / I AUX <input type="checkbox"/> TECH/TECH			
<input type="checkbox"/> OTHER/AUTRE (EXPLAIN/SPÉCIFIEZ) _____ CNA MEMBER/ MEMBRE AIC <input type="checkbox"/> YES/OUI <input type="checkbox"/> NO/NON			
<input type="checkbox"/> CNA CERTIFICATION IN GASTROENTEROLOGY/CERTIFICATION EN GASTROENTÉROLOGIE DE L'AIC			
MEMBERSHIP/ABONNEMENT (CHECK ONE/COCHEZ UN)		<input type="checkbox"/> RENEWAL/RÉNOUVELLEMENT <input type="checkbox"/> NEW/NOUVEAU	
CHAPTER NAME/NOM DU CHAPITRE _____			
LANGUAGE/LANGAGE <input type="checkbox"/> ENGLISH/ANGLAIS <input type="checkbox"/> FRENCH/FRANCAIS <input type="checkbox"/> BILINGUAL/BILINGUE			
PRIMARY PRACTICE AREA/SECTEUR PRIMAIRE DE PRATIQUE			
<input type="checkbox"/> ENDOSCOPY/ENDOSCOPIE <input type="checkbox"/> MEDICINE/SURGERY/MÉDECINE/CHIRURGIE <input type="checkbox"/> PEDIATRICS/PÉDIATRIE		<input type="checkbox"/> INFLAMMATORY BOWEL DISEASE/MALADIES INFLAMMATOIRES DE L'INTESTIN <input type="checkbox"/> ADVANCED PRACTICE/PRATIQUE AVANCÉE	
<input type="checkbox"/> OTHER/AUTRE _____			
I AM INTERESTED IN/ JE SUIS INTÉRESSÉ À			
<input type="checkbox"/> SITTING ON AD HOC COMMITTEES AS A MEMBER AT LARGE/ SIÉGER À DES COMITÉS AD HOC EN TANT QUE MEMBRE DANS SON ENSEMBLE			
<input type="checkbox"/> REVIEWING NEW CSGNA PRACTICE DOCUMENTS/ EXAMINER LES NOUVEAUX DOCUMENTS DE PRATIQUE CSGNA			
<input type="checkbox"/> ASSISTING WITH FRENCH TRANSLATION OF PRACTICE DOCUMENTS AND WEBSITE INFORMATION/AIDER AVEC LA TRADUCTION EN FRANÇAIS DES DOCUMENTS DE PRATIQUES ET D'INFORMATIONS DU SITE WEB			



**Celebrate National GI Nurses Day on Friday May 16, 2014!**



*Join your colleagues and celebrate ways in which CSGNA members are  
A Leading Force for Change!*

**Send your 2014 GI Nurses Day photos and stories to**  
Linda Pinches RN CGN (c)  
CSGNA Newsletter Editor/Website Director  
[newslettereditorwebsitedirector@csgna.com](mailto:newslettereditorwebsitedirector@csgna.com)

# *"We're Gonna Miss You When You're Gone!"*

## *A Retirement Salute to Linda Feltham*

On March 21, 2014 we celebrated the long awaited retirement of our Patient Care Coordinator and long time friend, Linda Feltham.

After thirty nine years of nursing she finally decided to hand in her letter and leave her life as an Endoscopy Nurse and enjoy a new phase of her life. Linda grew up in Gander NL and attended the General Hospital School of Nursing in St John's graduating in 1975.

After trying different positions she became an endoscopy nurse in 1980 at the GI Unit, HSC St John's, Newfoundland where she has remained for thirty four years. As the Patient Care Coordinator in the GI Unit, Linda dedicated her life to her nursing career and passion for endoscopy nursing.

Over the years we have seen many changes and the demands for Endoscopy service has greatly increased. Linda worked tirelessly to meet these demands always making quality patient care a priority.

She welcomed new staff and physicians and ensured they were highly qualified and met the standards developed by the specialty. She mentored her nursing staff and as a result those who have worked with her have respected her knowledge and years of experience.

Linda has always been an active member of the CSGNA. She has been on the executive of the NL Chapter holding positions of President, Secretary and Treasurer.

She also held the position of Canada East Director on the National Board.

She was indeed dedicated to her specialty and has spent endless hours with our chapter, planning conferences and education sessions. Linda has always encouraged membership and ensured her staff was able to attend the National CSGNA Conference every year.

Anyone who knows Linda will always remember her laughter. It was unique, infectious and would make others smile just to hear it. In her speech at her retirement dinner she asked that we always have fun and laughter in our workplace even on a stressful busy day as it really does help you cope.

I think I can speak for all of those who have worked with her, from the nurses, physicians, support staff, management and many others, that the GI Unit will not be the same without Linda.

She will be missed and we will have many fond memories from all those years. The walls of the GI Unit at the Health Science Centre will echo her laughter and still make us smile!

Congratulations and Best Wishes to Linda as she enters a new phase of her life and a well deserved retirement.

Submitted by:  
June Peckham RN CGN(C)



*Linda's graduation photo*



*Linda Feltham with Mabel Chaytor*



*June Peckham, Linda Feltham,  
Mabel Chaytor & Lorraine Miller-Hamlyn*

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Kelowna General Hospital  
Gastroenterology Unit  
2268 Pandosy Street  
Kelowna, BC V1Y 1T2  
250-868-8465  
Email: behl@shaw.ca  
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Ambulatory Care Unit  
Royal Island Hospital  
311 Columbia  
Kamloops, BC V2C 2T1  
Email: maryannedorais@shaw.ca  
Secretary: Suzette Lloyd  
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President: Connie Wescott  
Peter Lougheed Centre G.I. Unit 18  
3500-26 Ave, NE,  
Calgary AB. T1Y 6J4  
403- 943-4922 (W)  
Email: wescottc@me.com  
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Misericordia Community Hospital  
Endoscopy Unit  
16940-87 Avenue  
Edmonton, AB T5R 4H5  
Email: yvohver@gmail.com  
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Email: bperlau@gmail.com  
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Email: geraldnbarb@shaw.ca  
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Email: Jennifer.McIntyre@rqhealth.ca  
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Email: creidy@sbgh.mb.ca  
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Education Chair for Chapter: Susan Drysdale

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Email: jhanah@stjosham.on.ca  
Secretary: Linda Gandy  
Email: lgandy@StJoes.ca  
Treasurer: Betty Kennah  
Email: kennah@hhsc.ca

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President: Donna Bremaud  
Email: bremaud1@sympatico.ca  
Secretary: TBD  
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### *Greater Toronto Chapter*

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St. Joseph's Health Centre  
416-530-6000  
Email: daysisandino@yahoo.ca  
Secretary: Beverly Gilley-Yannuzzi  
Email: Beverly.gilley-yannuzzi@gmail.com  
Treasurer: Mark Blomme

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President: Donna Pratt  
Email: Donna.Pratt@lhsc.on.ca  
Secretary: TBD  
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### *Montreal Chapter*

President: Mildred Clement  
St. Mary's Hosp. Center  
3830 ave Lacombe, Rm B348  
Montreal, Que H3T 1M3  
514-345-3511 X 3265 (W)  
Email: mil\_clement@msn.com  
Secretary: Jan Petelle  
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Email: cathy.arnoldcomier@horizonnb.ca  
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Email: j.peckham@nf.sympatico.ca  
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**Mabel Chaytor RN CGN(C)**  
St. Clare's Mercy Hospital  
154 LeMarchant Road  
St. John's, NL A1C 5B8  
Email: [president@CSGNA.com](mailto:president@CSGNA.com)

## **SECRETARY**

**Lorraine Majcen RN BScN CGN(C)**  
Scarborough Hospital  
General Campus  
3050 Lawrence Ave E  
Scarborough, ON M1P 2V5  
Email: [Secretary@CSGNA.com](mailto:Secretary@CSGNA.com)

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**Jacqui Ho RN BSc CGN(C)**  
Scarborough Hospital, Grace Campus  
Ambulatory Care Dept  
3030 Birchmount Road  
Scarborough, ON M1W 3W3  
Email: [Treasurer@CSGNA.com](mailto:Treasurer@CSGNA.com)

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**Cathy Arnold Cormier RN BScN CGN(C)**  
The Moncton Hospital  
135 MacBeath Ave  
Moncton, NB E1C 6Z8  
Email: [EducationDirector@CSGNA.com](mailto:EducationDirector@CSGNA.com)

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**Linda Pinches RN CGN(C)**  
16cc South Endoscopy  
St. Michael's Hospital  
30 Bond Street, Toronto ON  
M5B 1W8  
Email: [newslettereditorwebsitedirector@CSGNA.com](mailto:newslettereditorwebsitedirector@CSGNA.com)

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Queen Elizabeth Hospital  
60 Riverside Dr.  
Charlottetown, PE C1A 8T5  
Email: [CanadaEastDirector@CSGNA.com](mailto:CanadaEastDirector@CSGNA.com)

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Cancer Care Program Eastern Health  
Bldg 532 Pleasantville  
St. John's, NL A1B 4A4  
Email: [PracticeDirector@CSGNA.Com](mailto:PracticeDirector@CSGNA.Com)

## **CANADA WEST DIRECTOR**

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Peter Lougheed Centre  
3500-26 Avenue NE  
Calgary, AB T1Y 6J4  
Email: [CanadaWestDirector@CSGNA.com](mailto:CanadaWestDirector@CSGNA.com)

## **PRESIDENT ELECT**

**Lisa Westin RN MN CGN(C)**  
Red Deer Regional Hospital  
3942 -50A Avenue  
Red Deer, AB T4N 6R2  
Email: [presidentelect@CSGNA.com](mailto:presidentelect@CSGNA.com)

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**Donna Bremaud RN CGN(C)**  
Ambulatory Day Care  
Southlake Regional Health Center  
596 Davis Dr.  
Newmarket, ON L3Y 2P9  
Email: [ResearchAwardsDirector@CSGNA.com](mailto:ResearchAwardsDirector@CSGNA.com)

## **CANADA CENTRE DIRECTOR**

**Joan McKechnie RN CGN(C)**  
St. Mary's General Hospital  
911 Queens Blvd  
Kitchener, ON N2M 1B2  
Email: [CanadaCenterDirector@CSGNA.com](mailto:CanadaCenterDirector@CSGNA.com)

## **PUBLIC RELATIONS**

**Dana Letto RN BN CGN(C)**  
16940 87 Avenue  
Edmonton, AB T5R 4H5  
Email: [PublicRelations@CSGNA.com](mailto:PublicRelations@CSGNA.com)

*Send any inquiries regarding membership to:*

## **CSGNA EXECUTIVE ASSISTANT**

**Palma Colacino**

#224, 1540 Cornwall Road

Oakville, ON L6J 7W5

Phone : 905-829-8794

Toll Free # 1-866-544-8794

Fax: 905-829-0242

Email: [adminassistant@csгна.com](mailto:adminassistant@csгна.com)

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## INNOVATION

**Mike Lipkin**  
World Renowned  
Motivator and Communicator

Mike Lipkin brings out the best in leaders and employees around the world. The founder and president of Environics/Lipkin, and the author of numerous bestselling motivational books, he combines Environics' trademark "social values research" with his personal expertise to provide people with the confidence and insight to take powerful action and achieve pre-eminence in their lives.

Lipkin is a former brand manager at Colgate Palmolive, board member at Grey Advertising, and account director at Olgivy & Mather – one of the world's leading advertising agencies. Environics/Lipkin has quickly become one of Canada's largest and most sophisticated polling companies.

Lipkin's motivational titles include, *Your Personal Best: The 12 Personal Best Practices to Help You Live at Your Highest Level*; *Luck Favours the Brave: How the Five Social Super Trends Can Make You Very, Very Successful*; *On Fire: The Art of Personal Consistency*; *Keeper of The Flame: How to Inspire Others on the Gasp of Change*; and his most recent title, *One Life, One Meeting: How to Achieve Pre-eminence, One Conversation at a Time*.



## INSPIRATION

**Tilda Shalof**  
RN  
Author and Speaker

Since the publication of the national bestseller, *A Nurse's Story*, author and ICU nurse Tilda has become an outspoken nurse leader, dedicated to explaining nursing to the public and raising awareness of nursing's role in health care and safety.

Passionate about helping nurses connect to the power and ideals of our profession, she inspires nurses to be all that they can be.

Tilda's second book, *The Making of a Nurse*, charts the educational, emotional, and spiritual steps in her journey of becoming a nurse. She shares professional and personal challenges she has experienced along the way to becoming the nurse she aspired to be.

In Tilda's presentation at CSGNA 2013, she will share anecdotes from her 27 years working in the Medical-Surgical ICU at Toronto General Hospital of the University Health Network. Tilda will also tell about her experience of being a "nurse in the news" explaining how she prepares herself to face the media, field the tough questions put to her about nursing and health care, why she believes it is imperative for nurses to speak up on behalf of their patients, our health care system and the importance for nurses to speak about our work and tell their stories.

Tilda has also written, *Camp Nurse – My Adventures at Summer Camp* and her latest book, *Opening My Heart – A Journey from Nurse to Patient and Back Again*. Please visit Tilda's web-site at [www.NurseTilda.com](http://www.NurseTilda.com)



**Nicole Moore**  
Shark Attack Survivor  
and Inspirational Speaker

Nicole has inspired people all over the world with her shocking story, spirit of survival and love of life. Nicole, an RN, lives in Orangeville, Ontario with her husband Jay and their two young daughters.

On January 31st, 2011, while vacationing with friends in Cancun, Nicole had one of the most unimaginable and horrific things happen... she was attacked by a shark. As a result, Nicole and her entire family, have had their lives forever changed.

The manner in which Nicole survived, will galvanize the belief in power of mind over body. Pain, multiple surgeries and eventual amputation has never dampened her spirit and today, still in recovery mode, she is thriving. Nicole's mantra "keep moving forward and don't let obstacles stand in your way" is now the focus of her motivational speeches.

A touching, moving story about how to face adversity with strength, courage, grace and determination. She will enlighten you with her quick wit and her ability to face an incomprehensible situation with a positive attitude. After hearing her story, you will be left with the certainty that there is simply...

*Moore to Life*



## ILLUMINATION

**Meg Soper**  
RN  
Comedienne and Speaker

Meg is recognized as one of the premiere motivators in Canada. She combines her remarkable sense of humour with a unique perspective of life to captivate her audience and provide them with a presentation filled with inspiration and entertainment.

Meg has appeared as a keynote speaker and feature performer at corporate functions, conventions and universities across North America and internationally. She has shared the stage with such celebrities as Ellen Degeneres and Ray Romano.

With over 25 years experience in the Health Care industry and as a Registered Nurse in the Operating Room, she understands the challenges that nurses face from a first hand perspective. From Children's Hospital in Vancouver, B.C. to St. Michael's Hospital in Toronto, Ontario and finally back to a community hospital close to home, Meg has gained a wide range of professional experience throughout her career.

Meg is co-author of the book, *From the Stage to the Page: Life Lessons from Four Funny Ladies*. She has appeared on the CBC Television Network, Women's Television Network and Prime TV, as well as being featured in many radio programs and comedy festivals. Meg has a tremendous ability to connect with her audience and take every event to a higher level.



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