

November 2015, Volume 25, #86

Recruiting for Our Future

On November 4, 2015 Kamloops, British Columbia held its annual “Bring Your Child to Work Day”. A small group of Royal Inland Hospital employees volunteered to make this day a huge success. Doctors, Nurses and various other Health disciplines put forward tremendous effort to provide a fun, interactive and informative session for the RIH employee’s children. The intent of this day was to spark some conversation specifically with Grade 9 students and initiate some thought as to the career possibilities needed in a hospital setting. The day consisted of a meet and greet, hand-washing, skills lab and shadowing parents in the workplace. So how was Gastroenterology represented?

In casual conversation with the lead organizer of this event, the question was raised; “How could the specialty of Gastroenterology Nurses be represented? The Endoscopy nurses brainstormed and stated, “Would it not be fun to have the kids pretend to take the lead in driving an Endoscope?” The main concerns that were raised were, “How could this be done ensuring the safety of a very expensive scope and make this experience as real as possible?”

This was the first time that Endoscopy was highlighted in the skills fair as a rapidly growing career choice within the healthcare environment. Stephanie Carr, R.N., CGN and previous educator for Endoscopy at Royal Inland Hospital had the privilege to represent endoscopy and gastroenterology nurses.

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Recruiting for our Future

The station was eye-catching, highlighting the colon simulator (Sponsored by Olympus Canada, Stephanie De Jong), a retired pediatric colonoscope and a processor from the operating room. This station provided a mock scenario allowing the children to interact and work as a team. The working mechanisms of the colonoscope were demonstrated first. Two volunteers were asked to perform the task of providing the patient a “Safe Colonoscopy”. One child worked the gears on the endoscope and the other gently guided the scope through the simulator.

The children really had the experience of navigating through the colon simulator as a team and communicated continuously. As the presenter, this interaction was fascinating to watch. In addition to the simulator, a u-tube video was streaming at the same time demonstrating what a colonoscopy may look like in a “live scenario”.

While two kids were involved with the driving of the colonoscope, the other children were fascinated with the foreign body box. This box highlighted examples of foreign bodies retrieved based on endoscopy staff experiences. This generated interesting conversations among the group about beer pong, bottle caps and drugs. Discussions also centered around, awareness of colonoscopy screening and good colon health. Many of the grade 9 students took available pamphlets indicating the importance of screening colonoscopies. Serious conversation was had with regards to cancer in the colon, while my son's whopie cushion provided the comic relief that kids could relate to.

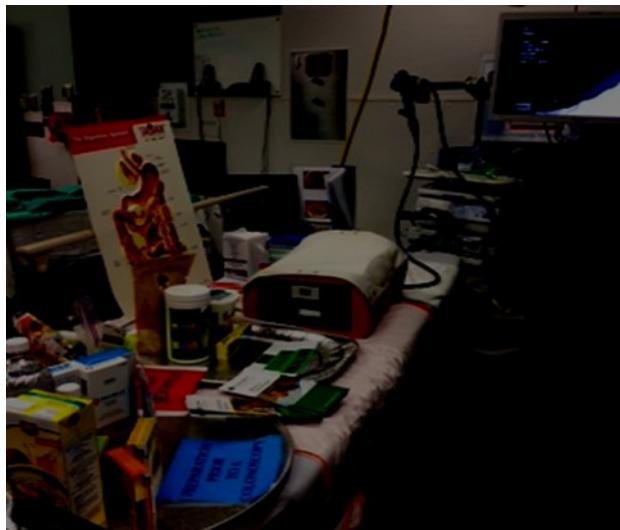
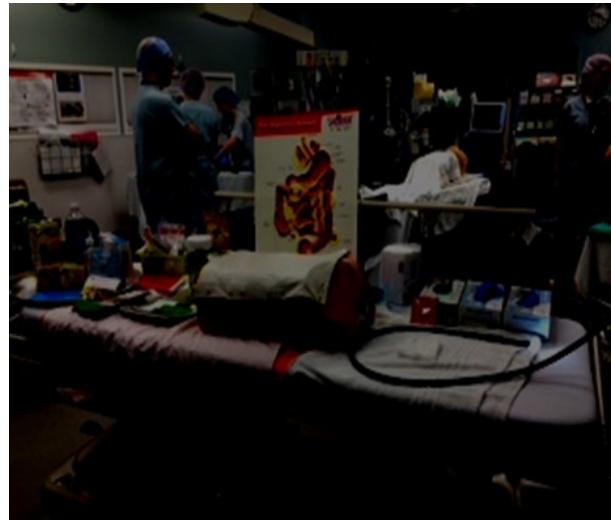
It was a great experience to have Gastroenterology and Nursing’s role promoted in this special event. This opportunity hopefully has educated the grade 9 students to the growing career opportunities that are available to them.

You never know, maybe this day has convinced one person towards a career path in Gastroenterology?

Always recruiting for the future.

Stephanie Carr, R.N., CGN,

“Recruiting for our Future “ event pictures



President's Message

Message from the President – November 2015 Guiding Light

As I enter the second year of my two year term, I have been reflecting on what we have accomplished over the past year and I must say, I am very proud of our organization, the board, and the members of CSGNA. We have made great strides, despite some minor setbacks, and are continuing on our path to be the National voice for Gastroenterology Nurses in Canada.

Our national CSGNA conference in Moncton, NB was a great success. The venue and networking/social events were well appreciated. Once again, thank you to the planning committee and the staff of Innovative Conferences for their excellent planning and support during this year's event. We are looking forward to an outstanding CSGNA 2016 in Winnipeg, MB. Please put your requests for time off in to your managers early.

Our collaboration with the CANIBD group is becoming more established and we are now working on exciting initiatives for the coming year. The CANIBD Nursing Conference on November 7, 2015 in Toronto is now an annual event in conjunction with the Mentoring in IBD/ Canada Future Directions in IBD program. We hope the members will be able to attend and gain further knowledge that can be utilized in their fields of practice, while building relationships within their Community of Practice.

We are finishing up the last details for our new website. We hope you will find it easy to use and meet your needs. There will be new user ids and passwords for the member's only sections of the site, so check your email for notices.

I am pleased that we continue to have a hardworking team on the board and will do our best to continue to lead CSGNA through the coming year. Please feel free to forward any questions regarding your organization or practice guidelines to the board member's email addresses found on the Website (About us). We need your feedback to guide us in our decisions for CSGNA.

Enjoy the remainder of the Fall Season!

Sincerely,

Lisa Westin, RN, MN, CGN(C)



Reports

Practice Director Report

Happy Fall everyone! We have a lot to be thankful for. After a nail biter performance between the Blue Jays and the election last night, I am interested to see what the new Liberal Government has in store for the future of healthcare. I hope everyone had a great time at the National Conference in New Brunswick. Thank you to Cathy and the planning committee for the wonderful hospitality. With the launch of the new website around the corner, I will be busy this coming year with position statement and guideline revisions. If there are any hot topics arising in your respective departments, please feel free to contact me. I will do my best to steer you in the right direction or provide you with the documents or tools to support your GI practice.

Best regards,
Dana Letto
MN NP BScN RN CGN(c)
CSGNA Practice Director

Pubic Relations Director Report

We have worked hard at getting documents translated from English to French assisted by Altnet and we continue to do so. We are looking for articles of interest to post in the Guiding Light provided in FRENCH. If you have something to share please submit to our Website Director Maria Clarke. Nous cherchons des articles intéressants pour afficher dans le magazine the Guiding Light. Si vous êtes intéresser, envoyez le a Maria Clarke la Directrice du site web.

CSGNA Public Relations Director

Mildred Clement

Guidelines for Submissions to "The Guiding Light"

- Submit all materials by email to the newsletter editor in word format.
- Submissions must be received by the first of the month preceding each issue i.e.: Feb 1st for March issues, June 1st for July issues and Oct 1st for November issues.
- Include all references using APA referencing.

CSGNA DISCLAIMER

The Canadian Society of Gastroenterology Nurses and Associates is proud to present The Guiding Light newsletter as an educational tool for use in developing and promoting your own policies and procedures and protocols.

The Canadian Society of Gastroenterology Nurses and Associates does not assume any responsibility for the practices or recommendations of any individual, or for the practices and policies of any gastroenterology unit or endoscopy unit.

FUTURE

CSGNA

CONFERENCE

Winnipeg, MB

September 29

Through to

October 1, 2016

REMINDER

As per Bylaw 22.12 all CSGNA Chapters shall submit to their Regional Director by November 30th the Chapter's financial report.

Reports

Canada West Director

Hello!!! My name is Stephanie Carr. As your new Director for Canada West I want to formally introduce myself. I am in the process of understanding the Canada West Director role that Yvonne Verklen from Edmonton did exceptionally well. She has been a valued and devoted representative on the CSGNA Board. I would like to take this opportunity to thank Yvonne for all her hard work and I hope to continue her successes and make new ones for CSGNA. This is my first year on the executive as Canada West Director and I would like to thank the members for this opportunity.

I have been a member of CSGNA since 2007 and have attended all but one national conference since that time. I was hooked at my first national conference held in Vancouver, British Columbia.

I have always believed that nurses are a powerful force among the healthcare environment. This phenomenon was apparent at the conference when I witnessed the depth of Gastroenterology nurses expertise. A year later, I completed my National Certification in Gastroenterology Nursing and have never looked back. This specialty in nursing was my new career path and I am honored to be called a Certified Gastroenterology Nurse.

I have worked at the Royal Inland Hospital in Kamloops, B.C. since 1994. My career path varied from community nurse working with Infants 0-3 years of age, to critical care. I am also certified as an operating room nurse and now Full-Time Endoscopy Nurse. I had taken on the role as Endoscopy Educator for two years and recently have stepped down as Educator to give my time to the CSGNA Canada West Director role. I am a full-time employee in Endoscopy and a full-time mom with two children. One child is 14 and other is 9. They are in numerous activities as most children these days are, so making this choice to become part of the National Executive came with much discussion but no regrets.

As part of this role I am available to answer questions from Chapter members of British Columbia, Alberta, Saskatchewan and Manitoba. I encourage any Gastroenterology Nurses to contact me. Be forward and bold in letting me know of innovative ideas to encourage new membership, inspire educational opportunities and assist with reshaping Gastroenterology as an attractive specialty for new nurses. I take great pride in being tenacious and look forward to the next two years in this adventure.

Sincerely,

Stephanie Carr, R.N., BSCN,
CGN
Canada West Director for
CSGNA

Okanagan Chapter

The Okanagan Chapter president, Bethany Rode, has been working with the Okanagan College in the development of a new GI Nursing Course. This course is to give new nurses the foundation and initial tools to feel comfortable in an Endoscopy suite/setting. This course is not to replace the national GI certification but be a starting point for endoscopy nurses. The first two sections of the course and content have been reviewed. This new course commenced October 5, 2015 and runs for six months in length. This course will be offered two to three times per year, depending on enrollment. The first group to go through this course included ten nurses. No real road-bumps noted at this time with the course initiation. Okanagan Chapter CSGNA had members attend the two day GI forum in Vancouver. The attendance with nurses/physicians to this educational opportunity has been increasing in numbers.

Vancouver Island Chapter

We are still transitioning with a new chapter President (Shelley Dosso) and Treasurer (Alexsandra Burrows). A few members were able to attend the GI forum in Vancouver scheduled on October 22-23, 2015. One member attended the CSGNA national conference in Moncton, N.B. We are working on recruiting new members and planning is underway for a full day education session in the Spring of 2016.

Reports

Calgary Chapter

Calgary Chapter President, Bobbi Sheppy, is pleased to announce that at the annual National CSGNA conference in Moncton, N.B. Their chapter members were honoured to receive the Chapter of the Year Award! Thanks to all of our wonderful members for their hard work. The Calgary Chapter will be having a "Dine & Learn" education event scheduled on November 25, 2015 on Colon Cancer Screening and Colonic Stents. This event is sponsored by Cook Medical and a big thanks for industry support in making this event happen. Another similar session will be held in January 2016 on Biologic Agents in the treatment of Inflammatory Bowel Disease. Tentatively, the Calgary Chapters annual spring conference is booked for March 8, 2016. Stay tuned for details are to follow. Our Calgary Chapter is also pleased to announce a New Chapter secretary, Marcy Cloutier! We plan to make 2016 an exciting year.

Edmonton Chapter

Four members from the Edmonton Chapter attended the Moncton, N.B. National CSGNA Conference. Thank you for an interesting and informative conference! Time was taken to enjoy and learn about this beautiful city and area. Looking forward to Winnipeg in 2016 National CSGNA Conference. A save the date email has already been distributed and we will continue to give information to our members and contacts.

Edmonton Chapter

COOK Medical provided our chapter with an evening dinner/education session on September 15, 2015 on Colorectal Cancer Screening including a video demonstration of a Duodenal Metal Stent Placement. We had 28 delegates with one new membership. This session ended with a very interactive Q&A period with all delegates and company reps participating. Our appreciation goes to Andre Amirault and Alim Pardham from COOK for this educational event!

On October 13, we had a chapter meeting with an education session attached . Dr. A. Morse presented on Varices – More than the Esophagus! Our appreciation goes to Mark Malinowski from VANTAGE for sponsoring the dinner/education segment of our evening. This Q & A period was also very interactive.

Our next evening session will be at the Royal Alexandra Hospital on January 21, 2016. Our next chapter meeting will be on February 17, 2016 at a west end restaurant. Plans are also in the making for an evening/dinner/education session at the University Hospital in May.

We are planning our spring conference "A GI NURSES UPDATE" for April 30, 2016 at the Robbins Learning Center, Royal Alexandra Hospital. Our conference agenda with speakers is confirmed Conference and Registration information will be available at the end of January.

Alberta Southwest Regional Chapter

Happy Autumn to all and we hope that this note finds everyone well and enjoying the season. We have had a wonderful re-birth in our chapter. Thanks to new staff and new enthusiasm. We are running full tilt with lots of ideas and support.

We organized a full day of education which was held on Friday, October 2, 2015. The title of our day was "Great Big C" primarily focusing on GI cancers from the mouth to the anus. We used music from the Band "Great Big Sea" as our background and had a rock concert theme. Thanks to our Newfoundland Chapter friends who provided us with the recommendation of this great band.

One of our founding members, Merrill Wight, had a vision, a video which was set to the song "Ordinary Day". This song was played in the background depicting a day in our Endoscopy department. The actors were re-enacting a trip in the Endoscopy suite that included a cancer diagnosis and trip to our local cancer center. Members of the chapter were used as actors and staff from the Jack Ady cancer center filmed the event. When the chapter reviewed the finished product, all were brought to tears. Needless to say, the reaction from the attendees and staff was well reviewed. This was an innovative depiction of an "Ordinary Day" in Endoscopy. Well Done!

Reports

Alberta Southwest

Regional Chapter continued

A mass e-mail was sent out this year to all of the Southern Alberta Health employees with regards to our GI conference. The response was a huge success and regrettably a cut off of 111 registrants had to be made due to room constraints. This event was a huge success.

The next educational event will be planned in the next month. New Members enthusiasm have revitalized old membership and a new grove has transpired. We are thrilled and proud of our chapter's accomplishments in regards to the educational opportunities. We challenge all chapters across Canada to think outside of the box and explore new avenues to learning.

Best of luck to all and best wishes for the up-coming Christmas season.

Regina Chapter

The Regina Chapter has been busy getting ready for our annual GI Day Conference which will take place on October 31, 2015. This is our largest GI Day to date with 162 registrants. A few of the topics that will be presented are on new therapies in IBD, Infection Control, Pacemakers, ICD's in the endoscopy setting, and GI Bleeds. In completion of this conference our plan is to hold a journal club planned for the month of November.

Regina Chapter

Our Chapter had the privilege of having eight members attend the National CSGNA Conference in Moncton, N.B. The conference is always extremely valuable and we look forward to next year's conference in Winnipeg.

Manitoba Chapter

The National conference planning committee of 2016 met for the first time in May for a face to face meeting with Heather Reid. Successfully, we have had two more teleconference meetings since then. We are eager to provide a great conference for everyone!

The planning committee consists of Carina Kirk, Ginelle Centina, Krizel Rodrigues, Lori Sitter, Jacquie Radtke, Keith Harris, and myself Carol Reidy; Planning Chair.

We had a great start to the fall season with six RN's attending the National CSGNA conference, held in Moncton, N.B. Four of the nurses had never been to a national Conference before. This was great because three of the nurses are on the Winnipeg planning committee for next year's National Conference 2016.

An educational meeting on the General Endoscopy Review learning module will be conducted.

Manitoba Chapter continued

This event is sponsored by Drew Kuzminski, from Boston Scientific. A total of 30 Registered nurses will be attending this event.

The next educational meeting is on November 24, 2015. The topic is Colorectal CA Updates and is sponsored by Cook Medical and is part of the Vista Collaboration and Learning Program. The presenter will be Dr. Felice H. Schnoll-Sussman, MD.

Canada Centre Director

Congratulations to the New Brunswick & PEI Chapter for hosting the 31st National Conference in Moncton, NB. The Planning Committee did an outstanding job in organizing the event and providing an excellent program for delegates.

Ottawa Chapter

The Ottawa Chapter elected a new Chapter Executive this year. They include President Misha Sharma, Treasurer Denise Chiasson and Secretary Jennifer Lainez. The Chapter held a very successful education evening at The Ottawa Hospital Civic Campus in April sponsored by Olympus with over 45 attendees. Plans are underway for another event in November.

Greater Toronto & Area Chapter

The Greater Toronto & Area Chapter hosted their annual spring conference at the St. Joseph's Heath Centre in April. Over twenty delegates attended the event.

Central Ontario Chapter

The Central Ontario Chapter had an educational dinner meeting at the Cachet Restaurant, Newmarket in June sponsored by Abvie. There were twelve in attendance. The Chapter Executive has two vacant positions available, President and Treasurer. Any members interested in either of these roles should contact Donna Bremaud.

Golden Horseshoe Chapter

The Golden Horseshoe Chapter organized their annual spring conference at the Holiday Inn, Cambridge in May. Over forty delegates attended this event. The Chapter Executive are starting to plan their next spring conference in Hamilton.

London & Area Chapter

The London & Area Chapter is in need of a new Chapter Executive. Donna Pratt has resigned from her position as Chapter President. Thank you Donna for your commitment to promoting excellence in G.I Nursing through CSGNA. The Secretary and Treasurer positions remain available also at this time. Members are asked to please consider volunteering your valuable skills and knowledge to our local CSGNA Chapter Executive. You'll be glad you did. I am planning to organize Chapter educational events in the London & Windsor areas over the next several months. If anyone would like to assist me, contact me by email at canadacentredirector@csgna.com.

Submitted by

Joan McKechnie RN CGN(C)
CSGNA Canada Centre
Director

Canada East Director

I would like to thank the New Brunswick portion of the NB/PEI Chapter for hosting a wonderful conference in Moncton. All your hard work and time was worth it as it was a great event! Congratulations once again!

Newfoundland Chapter

The NL Chapter is actively fundraising to offer more members the opportunity to attend the regional and national conferences in 2016. Seven members were able to attend the National Conference in Moncton this year, as a result of fundraising efforts and education grants. The NL Chapter will be hosting their annual Christmas dinner meeting on November 19 to plan their next education sessions. The NL Chapter is also preparing a proposal to host a future national conference in St. John's at the earliest opportunity.

Nova Scotia Chapter

The NS Chapter held their annual education day in conjunction with the AAG and we were pleased to have representation from across the province. It was well attended by nurses from all across the Maritimes with interesting topics covered. Planning is underway for next year's session.

Please contact me for any comments you may have about this newsletter or any ideas for future issues.

Maria Clarke, Newsletter Editor

Email: newslettereditorwebsitedirector@csgna.com

Reports

CNA Certification 2016

New Brunswick & PEI Chapter

It is hard to believe it is fall again! The NB portion of the chapter has been very busy, as they hosted and organized this year's National Conference at the end of September in Moncton. The conference was very well attended by national and international peers. The topics covered were comprehensive and the speakers kept their audiences engaged throughout the sessions. Thank you New Brunswick!

Montreal Chapter

The next Montreal Chapter conference will be held on April 16, 2016. They are looking forward to organizing this conference in a new venue. Information will be posted in the next couple of weeks with updates to follow. See you all soon .

Submitted by
Paula Triantafillou
Canada East Director

Chapitre Quebec

Bonjour à tous!

Ce fut un grand plaisir d'accueillir 89 participants à notre conférence annuelle du chapitre de la ville de Québec. Le nouveau centre de congrès à Lévis fut un emplacement idéale et les conférenciers ont été appréciés d'après les commentaires reçus.

Nous vous invitons à nous contacter si vous voulez vous joindre à notre équipe pour planifier la prochaine conférence de 2016.

L'équipe exécutif du chapitre de la ville de Québec.

We are pleased to announce that CNA certification examinations will be moving to computer-based testing. Initial and renewal applications will be entirely online starting in 2016.

Initial exam

Online application opens on: Monday April 11th to July 1st, 2016

Next CNA certification exams: Between September 19 and October 7, 2016

Renewal due in 2016

Applications for renewals will not take place this fall.

To ensure that all certified RNs who are due to renew by April 2016 continue in good standing, CNA has extended the renewal expiry deadline **to the end of 2016**.

Renewal by exam - Online application process will open on:

Monday April 11th to July 1st, 2016.

Renewal by continuous learning - Online application process will open on:
Monday April 11th to November 30th 2016.

Stayed tuned to the CNA Certification website (getcertified.cna-aiic.ca) and upcoming webinars with helpful information about online applications.

Valuable Article available;

<http://www.canadian-nurse.com/en/articles/issues/2015/november-2015/certification-program-goes-paperless>

<http://www.canadian-nurse.com/fr/articles/issues/2015/novembre-2015/programme-de-certification-fini-le-papier>

Chapitre Quebec Conférenciers



Synopsis of CSGNA Fall Pre-Conference; Annual General Meeting; Post-Conference Board Meeting. Moncton, New Brunswick. Sept. 23rd-27th, 2015

ATTENDANCE: 13 members were in attendance. 2 members were absent.

REVIEW / ADDITIONS / ADOPTION OF THE MINUTES:

Additions were made to the annual general meeting agenda. Motions were passed and minutes were circulated.

DIRECTORS REPORTS:

CANADA WEST: Canada West members are spreading their marketing strategies and collaborating with Dr. Enns through the GI forum venue in Vancouver, B.C. Targeting different disciplines within nursing along with identify the benefits behind CSGNA membership are the goals behind this relationship.

CANADA CENTRE: Ontario CSGNA chapters are presently struggling within their membership but are focused to re-align and engage chapters with future support.

CANADA EAST: Membership throughout eastern Canada continues to remain strong. Translation has been beneficial to the engagement and connections to French speaking members.

EDUCATION: A new GI certification program has been developed out of Okanagan College in British Columbia. A link through the CSGNA website will be implemented by the beginning of 2016. A grant will also be offered to our members who wish to enroll in the program.

PUBLIC RELATIONS: French translation remains a priority focus toward its French speaking members. With the help of a French translator, the GI certification “link” within the CSGNA website will be converted by 2016. CSGNA is currently working with an administrative assistant to who was hired through the CAG office. Further discussions will be presented at the face to face meeting in January 2016. Board members will explore the idea of creating a “virtual” assistant as a possibility in the future.

IBD COMMUNITY PRACTICE:

CSGNA and CANIBD group continues to develop a fellowship program. Crohn's and Colitis Canada (CCC) presented a proposal to sponsors asking for support of initiatives. The CSGNA president will have a Face to Face meeting in November with the CANIBD group to explore new initiatives and develop strategies that support a relationship between the two groups. CSGNA will continue to oversee all levels of developing standards within the scope of practice. Requests for support and administrative funding by the CCC will not be removed from the membership, but will be found in bigger initiatives.

The CCC will coordinate the “Mentoring of the Minds” Conference in November 2016. The President of CSGNA will attend. At the next annual conference in Winnipeg Manitoba, ribbons will be placed on the name tag of each IBD member that attends the conference. This small ribbon will symbolize a consolidated merger between CSGNA and CANIBD members.

Usha Chauhan has been nominated to represent Canada at the European GI group (N-ECCO). Usha will report her experiences and new global information within IBD Nursing at the next Face to Face Meeting

PRACTICE:

A new position statement on LPN scope of practice endorsed by the CAG will be posted on the new CSGNA website for 2016. Topics on hand hygiene, jewelry and artificial nails will be posted on the website also. Future consideration for new documents were discussed. Topics such as pre/post insertion of esophageal stents, and information on EUS and the role a nurse provides, were just a few ideas considered. A generic role of the GI Nurse in patient education was another suggested topic. Practice guidelines on cell phone use at work is the newest “hot” topic for future applications on the website. The development of practice guidelines in the role of the IBD nurse and standards of IBD practice will be discussed at the November meeting between President of CSGNA and the IBD group.

AWARDS AND RESEARCH:

On-line grant applications will be implemented once the new and improved website is uploaded and complete. Grant applications will be available April 1st, 2016 and members will be notified by May 30th if they qualify. Donna Bremaud moved that Chapter of the Year award be announced at the AGM. Seconded by Connie Wescott. Joan McKechnie moved that CSGNA will offer five new \$800 dollar conference grants starting 2016. Seconded by Paula Triantafillou.

EDUCATIONAL GRANTS:

New grants will be explored at the face to face meeting in January 2016. New language and grant criteria within the website will be revised. CSGNA and CANIBD logos will merge in 2016. This renewed logo will eventually move to publication and will be marked on our website and banner logos.

NEWSLETTER EDITOR & WEBSITE:

It is encouraged by regional directors to communicate the valuable contribution members bring to others within CSGNA who submit articles to the E-Newsletter Guiding Light. It is highly recommended to use the Guiding Light as a sharing of information and exploration of new knowledge for its members. CSGNA associates who receive grants and attend conferences are encouraged to share experiences using the Guiding Light as their voice. It was suggested that the focus of the “Spotlight” include a particular nurse or group. New guidelines are being developed to outline the Guiding Light.

The website will be fully updated for 2016. Improvements such as new photos, added links, drop boxes and a new login / password for members will be established. All areas of the website are being translated into French.

TREASURERS REPORT:

Budget and financial reports were reviewed and discussed during the Annual General Meeting in Moncton, New Brunswick. A breakdown of the operational costs, education and conference funds were explained. A new breakdown for board meal allowances will be discussed at the Face to Face meeting in Toronto Jan 2016. Mentoring will also be given to Chapter Executives and discuss strategies to manage chapter funds.

SECRETARY REPORT:

There was a tie breaking vote between Nominees Linda Gandy and Suzette Lloyd at the AGM in Moncton, New Brunswick. Ballots were distributed and proxy votes were submitted. Suzette Lloyd was determined by the vote to win National Secretary. The President thanked both candidates for their willingness to submit names for the position.

Proposal was mentioned to create a social fund within the Board, independent of CSGNA funds that would provide a financial pool for situations of bereavement, illness and other life changing events amongst board members. Social fund guidelines propose each board member contribute 20 dollars/year.

PRESIDENT REPORT:

It is reported that board members continue to be ambassadors for the engagement of our association. Lisa Westin (President) stressed the importance of mentorship, and bridging the generational gaps between Chapter Executive and its members. Each regional chapter was recommended to create a committee of chapter members to teach and share the benefits/ importance of CNA GI certification and re-certification.

In regards to the online community, Janssen has provided a \$50,000 grant over two years for the IBD fellowship starting 2016. Janssen has also provided funding for another initiative for an online platform for GI nursing. These are all member focused.

PRESIDENT ELECT REPORT:

It was suggested that all Regional Directors begin to create a preliminary data base with intentions to locate where GI endoscopy sites are practicing across Canada. This information will be collected and reported to CSGNA President and President-Elect. In collaboration with the Canadian National Association, CSGNA can promote the importance of GI Certification / Re-Certification directly to GI nurses within these sites.

2015 ANNUAL CONFERENCE IN MONCTON, NEW BRUNSWICK

188 Registrants participated in the conference. The number for hotel bookings were met. Adequate time was mentioned for silent auction viewing and the CANIBD group provided brochures at the CSGNA booth. Limitations and strengths were mentioned within the planning stages. These concerns will be discussed further at the Face to Face Meeting in Toronto, January 2016. Conference brochures for 2016 will be sent out mid-May and the “Save the Date” notifications are in March for CSGNA 2016 conference in Winnipeg.

PLANS FOR WINNIPEG CSGNA CONFERENCE 2016

Six committee members will be involved in the planning stages. Minutes and breakdowns will be communicated to board members during this process. The board will also like to create a new session prior to the chapter luncheon to evaluate pre/post surveys for chapter executive. New templates are presently being developed to aid chapter executive members to report with ease and consistency. Not only does this create mentorship, team building strategies and transitional leadership support styles between board directors and chapter executive, it will also develop a reflective tool for reporting back to each Regional Director. Further strategies toward this goal will be discussed at the next face to face meeting in Toronto, 2016.

ATTENDING CONFERENCES:

President: Lisa Westin will be attending Mentoring in IBD in November. The upcoming President Elect: Connie Wescott will represent at the next CNA conference; CDDW will alternate between President and President Elect with another board member attending; Cathy Arnold Cormier and Connie Wescott will be attending the CAN conference in St. John, New Brunswick. Cathy will provide an article for the upcoming Guiding Light about her experience at the SGNA conference in Baltimore.

STRATEGIC PLANS FOR MEMBERSHIP:

Hepatology nurses and Endoscopy Clinics are CSGNA's new focus groups in need of support and collaboration. Mentoring power points; video messages from Board Members will also be posted on the new revised website. Chapters will also promote CSGNA at education day. Building relationships between Francophone members maintains to be CSGNA's primary focus.

FUTURE CERTIFICATION:

A GI certification study guide with preparatory strategies; competencies; and resources will be implemented within the upcoming November Guiding Light for members only.

UPDATES AND LEGAL COUNCIL:

A 25 page summary report will be sent out by NFP lawyer. All board members will be required to sign a consent form to comply with Industry Canada. This will remain on file .

FACE TO FACE MEETING:

Held January 28th-29th, 2016 in Toronto, Ontario.

Submitted by Suzette Lloyd

CSGNA Secretary

CSGNA Executive Board Positions Available 2016

Newsletter Editor/Website Director

Awards & Research Director

Practice Director

Public Relations Director

Canada Center Director

Please submit your nomination form to the CSGNA President

CANIBD 2015 Annual Conference Report

On Saturday November 7, 2015, the Canadian IBD Nurses Group (CANIBD), held its annual conference in Toronto, Ontario along-side Mentoring in IBD XVI and Canada Future Directions in IBD. CANIBD, an IBD Nursing Community of Practice of the CSGNA, in partnership with Crohn's Colitis Canada, brought together more than 50 attendees to its first educational program. Dr. Rebecca Anglin from McMaster University shared mental health issues impacting patients with IBD. Dr. S. Seow from the University of Calgary discussed the effects of IBD on fertility, pregnancy and fetal outcomes. Barbara Currie, Nurse Practitioner from Halifax Nova Scotia and Dr. B. Feagan from University of Western Ontario and Robarts Clinical Trials, discussed the current evidence surrounding discontinuing and switching biologic therapies along with new and upcoming treatments for IBD.

Support, Membership and Education Opportunities for IBD Nurses

Lisa Westin and Karen Frost announced the launch of the CSGNA IBD Nursing Fellowship Program. This program has been developed to provide support, mentorship and IBD Nursing education for novice IBD Nurses across Canada. This program, funded by Janssen Pharmaceuticals, will give novice IBD nurses an opportunity to travel throughout the country to learn from experienced IBD nurses in their clinical settings. Stay tuned to the CSGNA, IBD Community of Practice page on the website for more information.

In collaboration with Crohn's Colitis Canada, CANIBD will be offering the 2016 Educational Travel Award to support nurses in meeting their educational needs, networking and sharing best practices in IBD Nursing Care. Three \$1000 awards will be awarded to CANIBD Nursing applicants to attend IBD related conferences and events. Again, stay tuned to the CSGNA, IBD Community of Practice page on the website for further information and application process.

CANIBD will be offering a \$15,000 IBD Nursing Research Grant to support a clinical research project that will contribute to IBD patient care and/or quality of life for patients living with IBD. This one-year grant application will be available online late 2015/early 2016 with the funding beginning June 2016. Stay tuned to the CSGNA, IBD Community of Practice page on the website for further information and application process.

The CANIBD steering Committee is also seeking members who wish to participate in CANIBD subcommittees for research, development of standards of practice, education/conference planning, pediatrics and patient advocacy. Please contact jst-retto@stjoes.ca if you are interested and can help.

The CANIBD Community of Practice page on the CSGNA website will be available shortly and members will be informed once it is available. Check in periodically for upcoming events and educational opportunities.

Sincerely,

Jennifer Stretton, ACNP, MN, BScN

On behalf of

CANIBD Steering Committee

CANIBD 2015 Annual Conference





Helping educators help children with IBD

Blackboards and Bathrooms
A comprehensive resource to help teachers support the education of children living with inflammatory bowel disease

Students with inflammatory bowel disease sometimes need extra support at school. The Canadian Digestive Health Foundation (CDHF) has created Blackboards and Bathrooms to help educators help their students thrive at school -- and in life.

Teachers equipped with this resource will:

- Appreciate the impact of fluctuating IBD symptoms
- understand how IBD can impact day to day health, behaviours, and performance
- introduce strategies to minimize the impact IBD has on academic performance

**Help our children.
Help their teachers.**

Send parents home with a link to B&B today so their child is supported at school tomorrow.
Free download:

[www.CDHF.ca/
IBDintheClass](http://www.CDHF.ca/IBDintheClass)



Patients tell us why adherence is so hard...



Remaining adherent can be difficult—fear, fatigue and misunderstanding create barriers.

We want to understand and help remove those barriers.

Please promote the
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www.CDHF.ca/IBDSurvey

UNDERSTAND.

TAKE CONTROL.

LIVE BETTER.

On-line. All the time. www.CDHF.ca

With over 1 Million hits per month, CDHF.ca is your 24/7 patient resource centre. Our site brings your patients clear, unbiased info on everything from gum to bum. Our free resources include education guides, videos, personal stories and more.



Empowering Canadians to take control of their digestive health.

www.CDHF.ca

The CDHF is the foundation of the Canadian Association of Gastroenterology.

BRIEFING NOTE

TRANSMISSION OF CRE RESISTANT BACTERIA

DATE: October 22, 2015

PURPOSE: Issue Awareness

AUDIENCE: Endoscopy Personnel

ISSUE/SITUATION: The FDA reported in February 2015 possible CRE (Carbapenem- resistant Enterobacteriaceae) microbial transmission from duodenoscopes used during ERCP (Endoscopic Retrograde Cholangiopancreatography). It was identified that duodenoscope design of the elevator channel and elevator wire contributed to the transmission of CRE bacteria. Duodenoscope design has posed challenges for cleaning and disinfection of these scopes.

CRE bacteria are multi-drug resistant bacteria that do not respond to the common broad spectrum antibiotics and is a cause for concern due to the limited options for treatment. CRE bacteria may be less harmful if found in the intestinal tract but may be fatal if the bacteria translocates to other areas such as the blood stream.

An ERCP is used to diagnose and treat conditions in the biliary and pancreatic system. An ERCP is often a critical and lifesaving procedure for conditions such as biliary obstruction. The benefits far outweigh the risk of procedure including risks such as infection.

RECOMMENDATIONS: Patient safety is a primary concern. Endoscope vendors such as Olympus have updated and released new reprocessing instructions for the specific design of endoscopes related to the CRE bacteria transmission. It is important that individuals involved in the reprocessing of duodenoscopes are trained in scope reprocessing as per CSA standards.

DISCLAIMER:

The Canadian Society of Gastroenterology Nurses and Associates (CSGNA) present this briefing note to be used as a reference in the development of institutional policies, procedures and protocols. The CSGNA assumes no responsibility for the practices or recommendations of any member or other health care professional, or for the policies and procedures of any practice setting.

RESOURCES:

American Society for Gastrointestinal Endoscopy (2015). Transmission of CRE bacteria through Endoscopic Retrograde Cholangiopancreatography. Retrieved from <http://www.asge.org/press/press.aspx?id=17917>

Olympus (2015). New reprocessing instructions for the Olympus TJF-Q180V duodenoscope. Retrieved from http://medical.olympusamerica.com/sites/default/files/pdf/150326_TJF-Q180V_Customer_letter.pdf

CSGNA Making Waves in Moncton 2015





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