Nurses Week Recognition

Newest endoscopy crew in Royal Inland Hospital, Kamloops, British Columbia

Celebrating GI Nurses Day 2017 proclaiming “Fiber is your Friend!”

- Morning report started with a celebratory congratulations and high five’s all around to our GI and Acute Care Unit nurses for a job well done!
- Fiber was the theme for this day to promote to our patients.
- Packets of bean buds with acknowledgements to all GI nurses was illustrated on gifts to patients, nurses and physicians.
- Cheese cake dressed in blueberries and raspberries both known for their “Fiber rich and antioxidant properties” was devoured in the nursing lounge.

The GI Nurses Specialty

About Us
Trish, Maja and Chris are planning to write the CNA GI Certification next spring 2018. The Kamloops Endoscopy Staff are all nationally certified in GI and challenge other units to strive and demand this level of excellence! Just do it!

Recognition to endoscopy staff and acute care staff in Royal Inland Hospital: Toppers to cheesecake and letter of thanks.

HAPPY GI NURSES DAY!
Feel Free to contact Canada West Director of CSGNA at canadawestdirector@csgna.com

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A lot of activity took place at our city hospitals Endoscopy Units for National Nurses Week. This year’s theme: Yes This Is Nursing. The staff came in Monday morning to a fully decorated unit. Posters and banners abounded, some funny and some sincere. They serve to remind us of why we do what we do and just how many people appreciate all that we do. There was a buffet breakfast Tuesday morning for St. Clare’s and a luncheon at the Health Science site on Thursday. There were lots of treats throughout the week from colleagues and patients at both sites. Hats and capes were seen all around the hospitals throughout the week as nurses celebrate their achievements and recognize each other for all we do for our patients. Contests were held and two nurses were winners of the “Most creative, award winning sick call excuses”. They were Krista Combden and Lorraine White. Both won free morning coffees for a week. Congratulations for your best excuses. Graduation pictures and yearbooks from long ago floated around the Health Science Unit. It was so nice to look at all of us as “fresh new nurses” ready to see and do it all from the perspective of the now “seasoned nurses” who have seen and done it all. It was calculated that in both St. Clare’s and the Health Science GI Units there is well over 650 combined nursing years of experience. That is a lot of scopes and a lot of talent. On Friday May 12th we celebrated GI Nurses Day with yet more treats and laughter of special memories unique to our nursing world…… “The GI Nurse can diagnose Clostridium difficile and a GI Bleed with their noses before entering the room….Not all our superpowers are glamorous.” Just as GI nurses have a collective, unique sense of humor, we always remember “They may forget your name, but they will never forget how you made them feel” -Maya Angelou. Congratulations and Happy Nurses Week to all my fellow nurses here and afar. There is nothing better to do something for someone who can never repay you…Yes, That Is Nursing.

Rayleen Hogan
Newfoundland President
I would like to celebrate this fabulous St. Mary’s General Hospital Endoscopy Team. We have recently created a vision statement “It Is All within Our Scope” which highlights our core values: care, respect, quality, professional, dignity, relationships, and quality of life. The team celebrated GI Nurses’ day with our t-shirts reflecting the dedication to the service we provide to our patients. I am proud of this team and celebrate them every day and especially on GI Nurses’ Day.

Dianne Pletz
Program Manager Endoscopy
St. Mary’s General Hospital
Kitchener, Ont.

I would like to say thank you to Jacqui Ho. She was the nurse who had faith in me and opened the door so I could train in our Endoscopy Department. I haven't looked back and my passion for GI continues to this day.

Donna Joncas
Montreal Nurses Week

I would like to acknowledge two very special people whom I have had the privilege to work side by side on CSGNA Montreal Chapter conferences. Sylvie Nadeau, our Chapter Treasurer is reliable, kind, approachable, patient, hardworking and a visionary. Jan Petelle our Chapter Secretary, is also reliable, hardworking, upholds professionalism, has a lot of creativity and is computer savvy. Sylvie and Jan each in their own ways have leadership qualities that have brought together great opportunities to create good to great conferences. We have throughout the years fed off each other’s ideas and became a great team. Together we have achieved some amazing goals, from reaching our francophone colleagues at other health centers, getting our conferences accredited and now working on a website. Working with these two is where I get my energy to feel inspired in my workplace setting. It is also important for me to express that working with the CSGNA Board has given me a sense of accomplishment while working on different projects and seeing those projects come to life. I have seen the good, and the work in progress for the benefit of all GI nurses. It is very gratifying. I thank the CSGNA Board for their dedication and commitment to their different roles. Each has different talents that are put forth for the advancement of the association and our GI nursing specialty. I am truly blessed and grateful to be part of this wonderful group.

Mildred Clement
Montreal President
Brandon Regional Health Centre endoscopy nurses would like to recognize Dr. Sonny Dhalla for making our day as GI nurses. As the Chief of Endoscopy, you are the heart and soul of our unit. Dr. Dhalla’s passion for endoscopy and to the GI unit is visibly apparent and inspiring. Dr. Dhalla believes the nurses in the unit should have a keen interest in endoscopy and we appreciate how you encourage and assist those interested in obtaining their GI Certification. Dr. Dhalla, you make every day in GI a learning experience. We would like to acknowledge your commitment to our GI unit, as well as the knowledge, expertise and education you bring and provide to the GI unit nurses and patients.

Respectfully, the GI nurses of the Brandon Regional Health Centre
I first met Carol Reidy at the CSGNA Banff National Conference 4 years ago. We shared a room and an interest in GI nursing. Carol helped me navigate the conference and activities. We both share a love of sport and our families. What inspires me about Carol is she is always giving 100%. Carol is our Chapter president and is excellent at organizing Chapter events, biannual conferences and managing an endoscopy department as the Clinical Resource Nurse at St. Boniface Hospital in Winnipeg, MB. Carol encouraged me to run for the Secretary position in our local Chapter and then on the National Board. We have become good friends and it would not be so if it wasn’t for the CSGNA. Thank you Carol and Happy Nurses week!

Carina Kirk
Multimedia Director
Winnipeg Health Sciences Centre

Please contact me about any comments you may have about this newsletter or any ideas for future issues.

Carina Kirk, Newsletter Editor
Email: multimediadirector@csgna.com
CSGNA Newsletter
RISE EDITION

Become a
CDHF
Ambassador!

Ride for your patients this year at any one of our RISE events! You can participate in 3 beautiful locations: Penticton BC, Drummondville Quebec, or Collingwood Ontario!

Join the Gum to Bum team today!

Is Cycling Not Your Thing?
No Problem!

You can still raise money for this great cause by signing up as a RISE Ambassador. Show your patients you care and sign up today! Just click the link below to get started!

CLICK HERE

NEW WEBINAR:
Understanding the benefits and risks of IBD therapies

This webinar covers the basics of Inflammatory Bowel Disease, making this a great resource for patients who are newly diagnosed. Dr. Talat Bessissow covers the benefits and risks of various medications that are used to treat ulcerative colitis and Crohn's disease. Patients who better understand their medications are more adherent, and enjoy a much better quality of life. Visit: www.CDHF.ca/IBDWeb to watch this webinar today!

LIVING POSITIVELY WITH IBS

Get your patients back to living their lives, their way! This animation covers proactive strategies and other treatment options in an easy to digest way (get it?). Send your patients to www.CDHF.ca/IBSv1 to watch the animation! The CDHF is committed to helping your patients manage their symptoms and to let them know that they're not alone!
Dear fellow CSGNA members,

A new CSGNA year is upon us, as are new challenges.

We are striving to improve the CSGNA website experience for our members. Server changes have added to the complexities of issues dealing with the website. We are working to make our website more bilingually friendly for our French speaking members. We are working to provide more accessible up to date awards, standards, bylaws and position statements. Just a little tweaking here and there.

The TimedRight site has been enabling members to converse across the country, sharing differences and experiences on topics from capsule endoscopy to uniforms. Also CSGNA members have access to articles and webinars. We encourage you to participate on this site. The possibilities are as endless as you make them.

The CANIBD Community of Practice (CoP) has been busy. It has successfully begun its fellowship/mentorship program, with good results. Congratulations are in order. Expect to see more from CANIBD in the future.

The Board has been busy reviewing the website revising articles, guidelines and standards. Bylaws have been reviewed and will be voted upon by you to pass later this year. Changes are coming on the National Board as well.

The following vacancies are coming up and will need to be filled. Secretary, Canada East, Canada West, Treasurer and Education Directors will all be open in September and need to be filled by the next National Conference. Please don’t forget to step up and vote.

Our goals are to provide you with continued learning, in hope that you take advantage of these opportunities.

The Planning Committee is planning a full agenda of topics for you at this year’s upcoming conference. We hope to see many of you in the beautiful city of Victoria this fall.

Submitted by,

Connie Wescott  RN CGN (C)

CSGNA President.
Synopsis for 2017 Teleconference Meeting
Toronto, Ontario
April 8, 2017.

National Board Attendance
12/13 National Board Members attended CSGNA Teleconference held April 8th, 2017.

Review/Additions/Adoption of Minutes
No Additions were made to the provided agenda. CNA Certification discussions were moved to the June Teleconference. Motions were passed to accept these changes and minutes were circulated from last Face to Face CSGNA Board Meeting held February 3-5th, 2017.

Membership Packages
Within the month of May, all existing members will receive a freshly updated CSGNA renewal package that are currently being couriered by ground mail. The Board is very excited and proud to share new membership packages that have also been given a touch of rejuvenation. Both renewal envelopes and new membership envelopes will hold an E-receipt, registration number and contact information to all Canadian CSGNA Chapters, Board of Directors and information regarding the website. If you have questions, contact us. The Board would like your feedback. Our job is to ensure you are heard. Our mission is to grow our GI specialty in which members can feel supported not only from local, provincial and national levels but also from a global lens. Membership is now the strongest it’s ever been in over 5 years. The result of a strong, active membership will secure growth in making positive change within our specialty. Let’s make 2017 the year for significant growth and strength in membership. CSGNA looks forward to welcoming all who wish to join the team across the country.

Details of Upcoming CSGNA Conference In Victoria, B.C.
Conference registrations for the upcoming conference in Victoria, B.C. are pouring in. The Board is very excited to finalize all the details and what Victoria has to offer. New for CSGNA this year is a 50/50 draw that will take place on the Friday September 22nd, 2017. Don’t miss out. Research posters are once again in the spotlight. Participants will be given the chance to present their posters to fellow CSGNA colleagues. The Board is thrilled to see new research studies provided by our members. This is the year of recognition and members who wish to participate in poster presentations will formally receive a special token of appreciation for their efforts. We hope all of you are able to smile for the camera because all poster winners will be asked to take a photo to later be placed on the website.
Registrations are filling quickly. We hope to see you at the next 2017 CSGNA Conference.

**Executive Chapter Dinner**
All Chapter Executive are once again invited to attend a hosted dinner prior to the attendance of the upcoming CSGNA Conference held in beautiful Victoria, British Columbia. Invitations will provide details of the evening event and will be sent out by email to all Executive by June 30th, 2017. Chapter Executive who wish to attend will need to RSVP to CSGNA Secretary via the website. We look forward to your attendance.

**Nominations for Upcoming Elections**
CSGNA would like to remind members there are four new Board positions up for nomination.

**4 New CSGNA Board Positions up for Nominations for 2017:**
- National Treasurer (open)
- National Secretary (open)
- Canada East Regional Director (open)
- Canada West Regional Director (open)

All applications are encouraged and welcomed. This is a great opportunity for members across the country to make a difference and become active change agents in their specialty. Applications will be accepted by May 15th, 2017. If you are thinking about joining the team and have any questions, please do not hesitate to contact anyone on the Board via the website directory. We are here to help and guide you through this unforgettable journey in your career. All new Board members will have a three month mentorship to guide them through the process.

**Strengthening Communications with Chapter Executive & Membership**
One of CSGNA’s goals for 2017 is to bridge the gap in communication between our members and Chapter Executive. Members are voicing the need to strengthen our ties between individual members, chapter executive and filtering up to board level. CSGNA values all of our members and are equally invested to build stronger communications and networking strategies to support our Canadian GI specialty. CSGNA’s focus has always been on excellence and although members may feel the process is slow, strategies toward quality improvements are quietly happening behind the scenes. Advancements in marketing, communication, research, CNA Certification and education are just a few of the continuous areas CSGNA is fighting to enhance our Gold Standard Seal in GI.
Chapter Survey Forms

All Chapters executive will receive a communication tool that is aimed to strengthen correspondence between Chapter and National Executive. Expectations are to complete provided forms and all Board of Directors can become more informed of where Chapter Executive need the most support. This will be trialed on a quarterly fashion by the CSGNA Board. The aim is to bridge the gap of communication between local chapters and national levels.

Bylaw Update for 2017

Bylaw changes were reviewed by the Board of Directors at the last Face to Face Meeting held in February, 2017. All suggested changes made to the bylaws will be placed on the website and mailed to every member by June. 1st, 2017. All bylaw changes will also be placed within each delegate bag of those who attend the CSGNA Conference in Victoria, British Columbia. CSGNA strongly encourages all active members to vote. Those members attending the Annual General Meeting (AGM) in Victoria, B.C. will need to bring their votes and all proxy votes for those who are unable to attend the annual general meeting. All ballot and proxy vote cards can be found on the CSGNA website but will also be mailed to each and every member. Every vote is crucial to reach quorum. Without your vote, CSGNA is unable to conduct business and therefore unable to move forward with new business which is currently on hold. We hope all members have a chance to read the changes in bylaws and actively participate to vote. Reaching quorum is vital. Every vote counts.

Website Review

The Multimedia Director is continually working hard on updates and changing the website to please the eye of members who review. The front page of the website is a strong focus for 2017 and members can visually identify what is new on the website. The goal is to mirror the English side along with the French side of the website. The TimedRight platform continues to be a focus for CSGNA. We encourage all members to review this tool as it provides incredible educational opportunities and communication threads of interest on hot GI topics. Once members become proficient travelling through this service, members will validate that Timed Right is strong addition to the educational and networking component to support their GI practice. If members have any questions about the website or the TimedRight platform, please contact the MultiMedia Director through the CSGNA directory. We are here to help.
Translation
Translation services continue to be a strong focus for CSGNA and values the importance it provides to all its members. Whether it’s through the website; TimedRight, e-blasts, direct mail, or plenaries during annual conferences, CSGNA believes all French speaking members must be given the same opportunity as their English counterparts. Direct translation services provided at the Victoria, British Columbia conference will be reviewed by the CSGNA Board of Directors at the next teleconference held in June. Once finalized, notifications within the website will be placed for all members to access.

Future CSGNA Conference Sites
CSGNA is very excited to share with all of its members where the next conference location will be held for 2018. We strongly encourage all members to attend the Victoria, B.C. conference. This will ensure your ticket to be one of the first members to find out where the next location will be. The Board is incredibly excited to show off this magical and beautiful place. We are so lucky to live in such a diverse landscape.

Upcoming Events
Teleconference: CSGNA Board of Directors: June 17th, 2017
CSGNA Conference: September 21st-23rd, 2017 (Victoria, B.C.)

Submitted by,
Suzette A. Lloyd  BScN RN CGN(C)

Secretary
I am very excited to be in this new role. I have taken on the liaison for the CANIBD nurses as well. In my role as liaison with CANIBD, we have been working on strategies to increase participation in the certification exam. The new process is much easier to apply for and write the exam. The flexibility of the dates should help as well.

I was given the opportunity to participate in the CNA bi-annual meeting held in Saint John, NB last year in June, 2016. I was amazed at the nurses from across Canada that participated in this conference.

I attended both Canadian Digestive Disease Week (CDDW) and Society of Gastroenterology Nurses Association (SGNA) 2017 Annual Meeting this year. There are many changes coming in Endoscopy.

All bylaws are being worked on by the Bylaw Committee. They need to be updated and approved at the next AGM in September 2017.

Submitted by,

Cathy Arnold Cormier  BScN RN CGN©

President Elect

Moving?

If you have moved recently or plan to, please notify our Administrative Assistant Miranda Boyer to update our files.

@csgnaadministrativeassistant@csgna.com
Multimedia Director Report

I have been in this role for 7 months now. I have become familiar with the “locomotive” which is the website term for administrative access to the behind the scenes of the website. As a nurse and not a computer technologist, it is impressive the work that my predecessors have put into the website.

I continue to grow in my role, as a Board member, learning the nuances of being in meetings, having deadlines, and communicating with Board members across Canada. It amazes me how well we can blend into that role but it really shouldn’t. As nurses we are team players from the get go. As a nurse it cannot really be any other way.

Website

The website has updated Guidelines, Awards and French translation. Did you know you can access the French side? Look in the left-hand corner and “click” on the French/English link. My goal is to have each side the same for a consistent professional look to the website. Also check out the “Events” page for regular updates. Any time a Chapter has any educational event, monthly, yearly, submit it to me and I will add it on there. Pictures of Chapter events would also be appreciated to update our website more regularly.

Twitter, Instagram and Facebook

Twitter, Instagram and Facebook are not being utilized as well as I would like to see. Social media can change how people communicate across the country, please consider using the app for either or both more often. Maybe you did not know they were there? Search Facebook under the group CSGNA, Instagram csgna.com and Twitter is @CSGNA. I personally have connected with GI nurses in Australia, imagine the possibilities? Remember to consider our Social Media policy around posting anything on any social media website, but don’t let that deter you from using them. Be smart about writing anything. Read it back to yourself. If you are unsure then ask yourself, would I say this in front of my manager, patient and/or colleague?
TimedRight

What is TimedRight? How is this going to help me? Members have received the TimedRight “digest” monthly, with recent posts about questions, issues, and webinars across Canada that our own members have placed. This is a communication tool for our CSGNA community to ask questions in a “post” about anything related to our practice. It has been interesting seeing the variety of questions placed. Janssen sponsored a webinar on Demystifying Biosimilars, and “Eat your heart out” is a YouTube video about a Crohn’s patient, her journey and regaining control of her life. Join today if you have not, as nurses we all have some issue or concern in our careers. Many nurses will be going through the same issues can put a different light on issues based on their own personal experience.

I would like to see more involvement from CSGNA members from this social media tool.

Email

Email communication has been changed with a new webmail provider. There should not be any changes in the email addresses or disruption in service. Sometimes changes can cause a “break” in the chain in communication. Any member that has difficulty contacting the Board, please do not hesitate to contact our Administrative Assistant Miranda Boyer at:

Miranda Boyer
National Administrator
CSGNA
412B-200 Lett St
Ottawa ON K1R0A7
613-415-4015

It has been my pleasure to serve all CSGNA members in this volunteer position on the Board. The benefits of doing this service outweigh any work that is involved, as is said with volunteer work. Look soon for “what your membership means” on the website to see what your paid membership can mean for you.

Thank you for giving me this opportunity to serve you,
Submitted by,
Carina Kirk, RNBN CGN (C)

Multimedia Director
I have been receiving feedback from some of the Chapter Executives. I have forwarded the information to Carina, Multimedia Director to place on the CSGNA website. I will be compiling the information received from the Chapters and create a spreadsheet. All information will be available in Victoria in September.

I have approached some Registered Nurses (RN’s) about writing articles for our website and look forward to have them on the CSGNA website. As nurses across Canada have asked for more educational articles pertaining to GI, I am trying to provide that for them. Anyone interested in submitting an article, forward to myself at educationdirector@csgna.com

We are looking for posters for the upcoming National Conference in Victoria. Please see the CSGNA website for information.

Hope to see you in Victoria, September 21-23,2017.

Submitted by,

Gail Mason RN CGN (C)

Education Director CSGNA

Annual Report can be found online through our website: CSGNA.COM
This has been an interesting few months, as I anxiously awaited the award applications to begin to roll in, and yet nothing was coming either by mail or even electronically. It became apparent, that our CSGNA email was not functioning as expected, and we were not receiving our emails. So I want to extend very sincere apologies to all who had sent emails and did not appear to receive a response. I hope I have contacted each of you individually and provided a response and we hope as an organization we have corrected the website issues. I can say I am receiving all email messages directed to the Awards Director now. The award applications were all updated at the Feb. 2017 Board meeting, and I hope members find the application process clearly identified. Just a reminder that we ask each Chapter to nominate one member for consideration of the SCI CAN award. This is not an award an individual member would apply for, this is someone nominated by a CSGNA Chapter, whom the Chapter members feel is deserving and meets the criteria. We will be revising the required documentation on the website again, to reflect that this award is not an individual application, but rather a Chapter submission for recognition of work at the chapter level. Speaking of Chapter awards, don’t forget to submit your chapter for consideration of the CSGNA Chapter of the Year Award. Again the form is found on the CSGNA website and can be either mailed or submitted electronically to AwardsDirector@csgna.com. I am working on a FAQ form to post on the website, to address common questions members ask related to awards submissions. For example members have asked "regarding the New Member Educational Grant, can I apply for this award within the year of joining CSGNA?" The answer is no. The new member must be a member of CSGNA in good standing for one full year, before they can apply for the New Member Educational Grant. Another frequent question pertains to the two year eligibility statement. Awards which state one can apply for consideration every two years, mean that if you won an award in 2015, you are not eligible for consideration again until 2017 given that all other requirements are met.

Submitted by,

Linda Gandy  BA RN, BScN CNCC(C)

Awards and Research Director
The Guiding Light
As Public Relations Director I have been working closely with Carina Kirk our Multimedia Director to translate many documents. They include awards, Chapter recognition and general information for the website. Did you know our Website is bilingual? Membership continues to be a key part of my position. In my role, it can be an undertaking to find ways to increase membership. On the other side of things, Dr. Gad Friedman, a gastroenterologist in Montreal is interested in doing webinars for the CSGNA site this will be discussed at our next telephone to develop our objectives for webinars and how we will go about getting the webinar project going. I look forward to what this offer can bring to our members at CSGNA.

Submitted by,

Mildred Clement RN CGN(C)

The following board positions are available in September 2017

Secretary
Canada East Director
Education Director
Canada West Director
Treasurer

These are 2 year positions, job descriptions can be found on our website at www.scgna.com. Consider this wonderful opportunity to meet new members and friends across Canada and develop new skills to bring to your work and personal life.
CSGNA has acquired a new online community to connect with members across the country. Since establishing the "Digest" we are seeing a growing interest in discussion about Gastroenterology nursing issues. This is just the beginning of a social media professional communication tool. It is for those with and without technology skills, Give it a try, you will open up your world to topics of interest to you and your colleagues!

Part 1 (Joining a new group when you already have a TimedRight account) - https://vimeo.com/204379021/70ee52905e

Part 2 (Joining a new group when you do not have a TimedRight account) - https://vimeo.com/204379527/f5c210c9c8
I just returned from my first face to face meeting and I was impressed with the amount of work the National Executive does together. Modern technologies and changes in staffing mixes have resulted in our GI nursing practice to always be changing. Please take a moment to read the updated Standards, Policies and Recommended Guidelines on the CSGNA website. The recommended Guidelines for Use of Cautery in the Endoscopy Suite is being developed and should be added to the website soon. Standards for Infection Control is an ongoing project. I have received some questions regarding CSGNA guidelines on staffing mixes. This topic seems to be common and big across the country. I hope I have answered your questions in an appropriate time and fashion. Nursing standards differ from province to province. Staffing mixes are mostly set by hospital policy within provincial standards. Nursing standards are mostly set according to hospital policy. With regards to staffing mixes, please refer to the website for the Role of the RPN in Endoscopy. I am looking forward to the SGNA conference in New Orleans May 2017 and our own fall CSGNA Conference in beautiful Victoria, BC.

Submitted by,

Jody Hannah  RN CGN(C)

Practice Director

New Position Statement on the Use of Carbon Dioxide for Insufflation. See website for details!
Canada East Director Report

As my term as Canada East Director comes to an end I would like to thank the members in the East for their support of me. It was a great opportunity and a privilege to be part of the National Board. One never knows the work that goes on behind the scenes but it is immense and I am glad I was able to be part of it. So, thanks to all, and if you are thinking of joining the Board, go for it you won't be disappointed.

Submitted by,
Paula Triantafillou RNBN CGN(C)
Canada East Director

Montreal Chapter Report

On April 22 2017 we had our conference with 90 delegates from all over the island of Montreal, Gatineau and Quebec City. It was a rich and dynamic program. Thank you to all who made it possible. A special thanks to Sylvie Nadeau, Treasurer; Jan Petelle, Secretary and Jean Belisle.

Mildred Clement,
Montreal President

Quebec City

We continue to work to have new members. We are preparing for our annual endoscopy accreditation day by university for November 4th. We chose to meet the girls in Montreal for their day and the possible future contacts.

Alain Marcoux,
Quebec City President

Newfoundland Chapter

As we move into National Nurses Week May 8-12th, I want to extend a heartfelt “thank you” to all my colleagues near and far for all you do. “You have never really lived until you have done something for someone who can never repay you.” Take pride in knowing that you do make a difference. Our Chapter continues to be busy. Our GI education day had to be rescheduled as a major storm front moved in April 1st and dumped upwards to 140cm of snow in some parts of our province. Yes you did read that right. 140 cm. As we continue to experience freezing rain and freezing temperatures, we are preparing for May 27th as the rescheduled date to host our day.

The Guiding Light
Educational sessions continue to be booked throughout the region with a focus on rural sites. Carbonear site is gearing up for the initial installation of the Pyxis Supply System. This system was introduced to the city sites a few years ago and its cost saving results have been most impressive. We are anticipating the same results for this site as well.

Our new endoscopy position of Regional Waitlist Manager is into its seventh month with positive results and changes already. This 18 month special project is aimed to reduce wait times and increase efficiency to procedure bookings. Stay tuned for more updates on the position as it is the first of its kind both provincially and nationally.

Our Chapter has recently introduced teleconference/poly con and skype capabilities for its members. This allows us to expand across the province to encourage new members and allow those parents of young children to attend meetings without incurring the cost of babysitters. We are seeing positive results from this effort and hope to gain a good representation from other centers outside the city. As all of us here on “the rock” dream of warmer weather, we hope our fellow members across the country enjoy a safe and happy summer.

Rayleen Hogan,

Newfoundland President

**Nova Scotia Chapter**

Nothing new for the Nova Scotia Chapter. We just sent out reminders for the Atlantic Association of Gastroenterology (AAG) in White Point for all the Atlantic nurses, June 23, 24, 25th. We are also working on the CSGNA Nova Scotia Chapter education day. It will be Nov 4th, Weather Watch Room, Victoria General Hospital (VGH) Halifax, NS. Any request for topics will be greatly appreciated. Please send requests to myself, Edna Lang, or Helena Bortolin.

Marleen Spencer,

Nova Scotia Chapter

Paula Triantafillou, Canada East Director
Central Ontario Chapter

The Central Ontario Chapter held its spring working dinner meeting on April 25th, 2017. There were ten attendees who enjoyed an extremely informative co-presentation by Dr. Karen Liquornik, a pediatric endoscopist at Southlake Regional Health Centre and Linda Denis, an IBD nurse. The presentation covered IBD in the pediatric patient and the transition of the pediatric patient to the adult care model. Dr. Liquornik and Linda Denis used case studies to complement their presentations. The evening was enjoyed by all.

Donna Bremaud,

Central Ontario President

Greater Toronto Chapter

The Greater Toronto Chapter education event was held at St. Joseph’s Health Centre in Toronto on April 22, 2017. The topics presented included Spyglass, TAMIS-Trans anal Minimally Invasive Surgery, pancreatitis and pancreatic cancer. We are very grateful to our sponsors and our speakers. Attendance could have been better. We discussed organizing a combined spring Chapter education day with the Golden Horseshoe Chapter to encourage attendance, but it didn’t happen this year. The Chapter Executive will be attending the National Conference in Victoria, BC.

Daysi Sandino,

Greater Toronto President

Golden Horseshoe Chapter

The Golden Horseshoe Chapter had a successful education day on April 29th, 2017 with 36 delegates at the Cambridge Hotel & Conference Centre. Usha Chauhan, ACNP gave an informative talk on Biosimilars. Dr. Paul Chiasson, thoracic surgeon shared his topic on esophageal cancer and minimally invasive approaches to treatment. Dr. Jonathon Love, gastroenterologist, spoke about the changes coming to the endoscopy setting with Fecal Immunochemical Testing (FIT). It will replace Fecal Occult Blood Test (FOBT) in early 2018. Rob Crate, representative from Vantage, gave a fun and informative talk with a game (guess this foreign body) on Foreign Body Management. Our last speaker, Dr. Nadeem Hussain, gastroenterologist was really engaging and entertaining by drawing similarities between his beautiful garden and endoscopic mucosal resections.
The Chapter Executive continues to encourage and share the benefits of joining CSGNA with those in our area. We will be meeting again to plan our next steps for the growth and education within the Chapter.

Julie Light,

Golden Horseshoe President

**Ottawa Chapter**

The Ottawa Chapter Executive are discussing the possibly of having an evening educational event later this year. The Chapter President, Jennifer Lainez has stepped down and the Chapter is in need of a new President. Consider volunteering for the Chapter President position. If interested, contact Joan McKechnie by email at CanadaCentreDirector@CSGNA.com

**London & Area Chapter**

The London & Area Chapter are still without a Chapter Executive. Consider volunteering to help me organize an educational event in your area. Ask some of your colleagues to join us. If interested, contact Joan McKechnie by email at CanadaCentreDirector@CSGNA.com

Congratulations to all who successfully completed the online CNA Gastroenterology certification exam. Also, congratulations to everyone who renewed their GI certification. Join us in beautiful Victoria, BC for the CSGNA National Conference on September 21-23, 2017.

Submitted by,

Joan McKechnie RN CGN ©

Canada Centre Director
I began my journey in Gastroenterology in 2004 and joined CSGNA membership in 2007. As your Canada West Director, I strongly believe that CSGNA members are the key to the success of this not for profit organization’s evolution to present day. In most organizations, the focus is the typical strategy idea, “How do we acquire new members to our area of expertise?” I think this will continually be an ongoing idea, but I also want to stress that retaining and taking care of the existing membership is of utmost importance. In discussion with several of the members throughout Canada West, I personally feel that when communicating with members, quality is much more important than quantity. In my role, I took personal value in members stating that one to one conversations, through phone calls, face-time, personal emails or Regional Newsletters are all the types of communications that members have identified as important. Being heard and valued with a simple conversation has brought tremendous growth in my interactions with the Canada West membership. I hope that members feel that their ideas and concerns are addressed in a timely fashion and sharing of ideas appreciated. As a member myself, I take extreme pride in making sure that successes are showcased and concerns addressed. I commend that the CSGNA goals are about building relationships, providing educational opportunities and providing professional guidelines to practice within the GI field. The Canada West Chapter Executive have worked extensively in proving these opportunities to existing members but also to potential interested individuals. I thank you.

I also want to personally thank the Planning Committee for the upcoming CSGNA National conference held in Victoria, British Columbia. These committed volunteers have put a tremendous amount of thought and countless hours in preparing an amazing educational experience for members and non-members this fall. Remember to save the date for September 21-23rd, 2017. Don’t forget that every member has the potential to be a successful applicant to scholarships, bursaries and educational grants within the member CSGNA portal. Don’t forget to connect with your Chapter Executive as well for support and guidance. If you do not know who they are, look for the email contact name and numbers on the CSGNA website. As well, you could personally contact me through the website and I will be happy to answer your questions.

Everyone, have a summer of memories and I look forward to connecting with new and existing members of CSGNA.

Submitted by,

Stephanie Carr  BScN, RN, CGN (C)

Canada West Director
VANCOUVER ISLAND CHAPTER

Our chapter has been a little quiet this term as the Planning Committee is completely absorbed with the details for the CSGNA 2017 National Conference being held in Victoria September 21-23, 2017. However, we did hold a dinner symposium on May 4, 2017 which was well attended with 35 participants. About half were non-members so we were able to give them registration information to join CSGNA. We also held our AGM. As my term as President was officially over, there were no nominations/volunteers to take on the role. I have agreed to extend my term for one more year. Have a great summer and we look forward to seeing you in Victoria in September.

Shelley Dosso,

President

OKANAGAN CHAPTER

Our last Education event March 22nd was about interpreting laboratory results for IBD. This was presented by myself and the dinner was kindly sponsored by AbbVie. Over the summer, we will try to have at least one small education offering but it is not planned as of yet. We are excited to have a great celebration for GI Nurses Day on Friday in our endoscopy rooms and we will send in pictures of the fun. Some of the Okanagan Chapter Members are participating in the Annual Crohn’s and Colitis Canada (CCC) Gutsy Walk on June 2nd in Kelowna. This is to raise money for the CCC and bring more awareness to how many Canadians are living with and are affected by Inflammatory Bowel Disease. Our team name is “The Crohnie” if anyone would like to donate. It should be a really wonderful day.

Bethany Rode,

President
ALBERTA

CALGARY CHAPTER

The Calgary Chapter has been busy. Our Dine and Learn in February was very successful. Dr. Christian Turbide had a great presentation on nutrition. Thanks to Takeda for sponsoring this evening. We are having another Dine & Learn on June 5th. The evening is being sponsored by SciCan and there will be a presentation on GI reprocessing rooms. We are slowly increasing our membership and we have two nurses writing the GI certification exam. The Alberta Digestive Disease Summit is May 26-28, 2017 and several of our members are attending. We are looking forward to our National Conference in Victoria.

Bobbi Sheppy,

President

EDMONTON CHAPTER

The Edmonton Chapter has brought in the spring with a series of “SPRING Into GI” evening education sessions. All were very successful with anywhere from 19-40 delegates enjoying a variety of topics presented by our physicians. Many thanks to Ann Marie Reinson from Janssen for her support with the last two of our sessions. Dr. Lutzak, gastroenterologist spoke on EUS vs ERCP; an Overview, March 22nd. Dr. Mihalicz, surgeon presented on Complications from Endoscopic Procedures, April 5th. We had “GI Jeopardy” followed by an “Open Mike for GI questions” with Dr. Lim, gastroenterologist. Together with our session last June, we have closed our membership year with 4.75 hours of education. Last June, 66 delegates attended to hear Dr. Kao, gastroenterologist speak on Fecal Transplantation and Dr. Selvarajah, gastroenterologist speak on Primary Sclerosing Cholangitis. A Vancouver nurse came to hear Dr. Kao speak as their site was going to start doing Fecal Transplantations.
We are starting our 2018 membership year with an evening education session on “Small Bowel Conditions: Investigations and Imaging” presented by Dr. Stead, gastroenterologist and Dr. Doucett-Previle, radiologist. Plans continue for a summer break and returning in the fall with another evening session. We have confirmed April 21, 2018 for our first bi-annual conference. We have booked a hotel conference centre. The program has been determined and we have begun confirming speakers. Please save the date. We have a meeting this week to close our 2017 membership year and organize our upcoming 2018 year. Elections will be held for Secretary and Treasurer. Membership draws will be done from names of members who attended meetings throughout the year.

Yvonne Verklan,

President

CENTRAL ALBERTA CHAPTER

The Central Alberta Chapter continues to be very active. We have completed another education evening in April. GI specialist Dr. Ryan spoke to us on blood work with a focus on “Anemia and IBD.” Our next education evening is planned for May 15. Pharmacist Blaine Colton will be presenting on anticoagulation medications and platelet inhibitors. We also have a number of our Chapter members attending the Alberta Digestive Disease Summit in Lake Louise at the end of May. It has been a fantastic Chapter year with an amazing group of members. We are looking forward to the next year, and have tentative plans for our annual education day.

Koralee Kovacs,

President
REGINA CHAPTER

In April, a Journal Club was held at Memories restaurant. Dr. Sheikh, respirologist presented on Endoscopic Bronchial Ultrasound. We enjoyed this informational night with our peers. A supper meeting was also held in April to discuss our GI day planned for October 20th, 2017. We plan to have Colorectal Screening come set up at the Regina General Hospital in the cafeteria to answer any questions the public may have. At the Pasqua, Ceigee, the GI Unit Educator, will have a booth to inform the public regarding the different procedures that they do. Thank you to all who help celebrate GI Nurses Day.

Marie Turton,

President

MANITOBA CHAPTER

Our first meeting of the New Year was February 9, 2017 with 16 attendees. The educational session was on GI Bleeds by Dr. Carr-Locke from Cook Medicals 360 Educational Program. Thanks to Shawna Gillespie from Cook for they’re continued support. The next meeting was March 2 on Constipation in Pregnancy by Dr. Denise Black, Obstetrician and Gynecologist. This was generously sponsored by Allergan & Rep. Tim Kennedy with 17 attendees. Our last meeting until the fall, was on April 25 on the Life Cycle of an Endoscope by Ryan Del Bigio from Conmed. We had 37 attendees at this educational session. Happy summer to all and we will see you in the fall.

Carol Reidy,

President
Victoria is Western Canada's second oldest city, incorporated as a city on August 2, 1862. Victoria is built on the traditional territory of the Lekwungen People. Established in 2008, the Signs of Lekwungen is an interpretive walkway along the Inner Harbour and surrounding areas that honours the art, history and culture of the Coast Salish people.

Victoria is known as the garden city and our famous hanging baskets decorating the downtown core are a testament to what you can see in the city. World renowned Butchart Gardens are a must see as are Abkhazi Garden and Finnerty Gardens. Victoria has castles – Craigdarroch and Hatley castle are spectacular and have been featured in a number of movies.

Victoria’s rich and interesting history can be explored through the city’s abundant museums and heritage sites. The impressive list includes the well-known sites like the Royal BC Museum and smaller hidden gems like the Emily Carr House or Point Ellice House.

Surrounded by ocean, it's no secret that Victoria stuns with some of the most charming and accessible beaches and lakes of the Pacific Northwest. Victoria’s many beaches invite visitors with stunning views of the harbour, the Strait of Juan de Fuca and the Olympic Mountains in Washington, all just a short stroll from Victoria's core. The waters surrounding Victoria are home to an abundance of marine wildlife.

Take the time to enjoy a whale watching tour. The orca, or killer whale, is the main whale found in the area, but gray, humpback and minke whales are also sighted. Sea lions, seals, porpoise and a number of marine birds are also residents. Three pods of resident orcas totaling over 80 whales live in Victoria's waters.

With an estimated regional population of 326,000, a moderate climate and scenic setting, Victoria has retained a very vital but comfortable quality of life. The City of Victoria is proud of its British heritage, its fine homes and neighbourhoods, its historic and dynamic downtown, the flowers and parks, and of course, the Inner Harbour with its vistas toward the famous Empress Hotel and the Legislative Buildings.

In a survey conducted by Conde Nast Traveler magazine, Victoria was judged to be one of the world's best cities, topping the list in the category of environment and ambience.
IN 2016 CROHN’S AND COLITIS CANADA, ALONGSIDE THE CANADIAN IBD (CANIBD) NURSES:

- Provided funding for IBD nurses across the country to attend educational conferences.
- Launched and judged an inaugural nurse-led research competition.
- Increased advocacy efforts on behalf of nurse-led IBD treatments and care.

As one of the country’s leading patient-focused health charities, we know the vital role that nurses play in the Canadian healthcare system. We empower nurses so they can continue to provide consistent, high quality care to people living with Crohn’s disease or ulcerative colitis.

To see how we support nurses, and learn more about research opportunities that you can be a part of, visit us at crohnsandcolitis.ca

In Partnership with

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Did you know…? 

The Canadian Nutrition Society Education Portal – Provides FREE access of archived materials to CNS members?

Now you can access excellent research, presentations and other important content – ON DEMAND!

In our continuous efforts to support nutrition literacy, and ongoing learning in the science and practice of nutrition, the new CNS Education Portal provides an ideal forum to disseminate high-quality information and educational content from some of the leading experts in nutrition. This is an ideal opportunity for trainees and other nutrition leaders to build their personal nutrition education library.

Check out our library of recent video postings – and keep watching as our library continues to GROW!

🌐 Check out the CNS 2017 Webinar series line-up by visiting – www.cns-scn.ca

Join CNS Today!

The Canadian Nutrition Society (CNS) is the leading society integrating disciplines and professions interested in nutrition. We promote nutrition science and education, and advocate for the application of best practice and policies for the promotion of health and the prevention and treatment of disease. www-cns-scn.ca

Devez être membre de la Société canadienne de nutrition

Le renouvellement d’adhésion jusqu’à date est exceptionnel. Rappelez à vos collègues de renouveler leur adhésion et de mettre à jour leurs informations personnelles par l’entremise de notre serveur sécurisé dès aujourd’hui au http://www.cns-scn.ca/MEMBERSHIP/default.asp.

🌐 Check out the website for all the latest news and information: www.cns-scn.ca

The Canadian Nutrition Society / Société canadienne de nutrition
1867 La Chapelle Street, Ottawa ON K1C 6A8 • 1-888-414-7188 • info@cns-scn.ca • www.cns-scn.ca

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Certification

Care to Be the Best!

See more at: https://nurseone.ca/certification#sthash.PaBr8tni.dpuf

CNA certification is a nationally recognized nursing specialty credential for registered nurses. The first certification exam, offered in 1991, was in neuroscience nursing. Today, nearly 17,000 RNs are CNA certified in one of 20 specialties.

Certified RNs are...

◊ Recognized nationally for their practice excellence and commitment to lifelong learning

◊ Valued by employers, because their certification demonstrates specialized knowledge and brings many benefits to organizations

◊ Viewed as having enhanced professional credibility, because their certification shows they Care to Be the Best!

Important dates for nurses to get certified by exam and for certified nurses due to renew in 2017.

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Renewal by continuous learning (CL)

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<td>Renewal by CL</td>
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Please note: All certifications set to expire in 2017 are valid until December 31, 2017.
## Chapter Executive Listings

### Ontario

#### Golden Horseshoe Chapter

**President:** Christine Couture  
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**Secretary:** Julie Light  
**Treasurer:** Catherine Goodenough

#### Greater Toronto Chapter

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**Secretary:** Sudong Huang  
**Treasurer:** Kim Dooner

#### Ottawa Chapter

**President:** TBD  
**Secretary:** Arozoo Wardak  
**Treasurer:** Denise Chiasson

#### Central Ontario Chapter

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**Secretary:** Janet Young-Lauren  
**Treasurer:** TBD

#### London and Area Chapter

**President:** TBD  
**Secretary:** TBD  
**Treasurer:** TBD

#### Montreal Chapter

**President:** Mildred Clement  
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**Secretary:** Jan Petelle  
**Treasurer:** Sylvie Nadeau

#### Chaptre Quebec

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**Secretary:** Nathalie Gobeil  
**Treasurer:** Emilia Simard

#### New Brunswick & PEI

#### New Brunswick & PEI

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**Secretary:** Carolyn Hussey  
**Treasurer:** Suzanne Kelly

#### Nova Scotia

#### Nova Scotia Chapter

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**Secretary:** Helena Botolin  
**Treasurer:** Edna Lang

#### Newfoundland

#### Newfoundland Chapter

**President:** Rayleen Hogan  
rayleenhogan@nl.rogers.com  
**Secretary:** Krista Combden  
**Treasurer:** June Peckham
# Chapter Executive Listings

## Canada West

### BRITISH COLUMBIA

**Vancouver Island Chapter**

**President:** Shelley Dosso  
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**Secretary:** Alex Burrows  

**Treasurer:** Diane Bjola

**Vancouver Regional Chapter**

**President:** Karen Cordner  
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**Secretary:** Kate Moloughne  

**Treasurer:** Suzanne Panet

**Okanagan Chapter**

**President:** Bethany Rode  
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**Secretary:** Nancy Curatolo  

**Treasurer:** Deborah Levine

### ALBERTA

**Calgary Chapter**

**President:** Bobbi Sheppy  
sheppyfamily@shaw.ca  

**Secretary:** Marcy Cloutier  

**Treasurer:** Shanti Supinski

**Edmonton Chapter**

**President:** Yvonne Verklan  
yvohver@gmail.com  

**Secretary:** Kathy Korner  

**Treasurer:** Kim Bernard

**Central Alberta Chapter**

**President:** Koralee Kovacs  
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**Secretary:** Shannon Beaudoin  

**Treasurer:** Maria Vetter

**Alberta Southwest Regional Chapter**

**President:** Barb Harbers  
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**Secretary:** Tracy Miller  

**Treasurer:** Stefanie Nicol

### SASKATCHEWAN

**Regina Chapter**

**President:** Marie Turton  
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**Secretary:** Ceigee Schrader  

**Treasurer:** Dorothy Bateman

### MANITOBA

**Manitoba Chapter**

**President:** Carol Reidy  
creidy@sbgh.mb.ca  

**Secretary:** Donna Provost  

**Treasurer:** Lori Sitter
Please make Cheque Payable to CSGNA and mail with completed application to: 
Prére de libeller le chèque à CSGNA et envoyez avec l'application remplie à :
59 Millman Place Delaware ON NO1E0

CSGNA Membership starts May 1 each year

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Please print or type the following information/ S.V.P imprimez ou dactylographiez l'information

SURNAME/NOM DEFAMILLE ____________________________________________________________________________
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CITY/VILLE _____________________ PROV/PROV _____________________ POSTAL CODE/CDDE POSTAL ________________________
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HOSPITAL/OFFICE/COMPANY NAME / NOM DE L'HÔPITAL/BUREAU/COMPAGNIE _________________________________
BUSINESS PHONE/TELEPHONE (TRAVAIL) ______________________ EMAIL ________________________________
TITLE/ POSTION ____________________________________________________________________________________

EDUCATION/ÉDUCATION [CHECK ONE/COCHE UN] RN/IA RP/N/LPN / I AUX TECH/TECH

CNA CERTIFICATION IN GASTROENTEROLOGY/CERTIFICATION EN GASTROENTÉROLOGIE DE L'H

MEMBERSHIP/ABONNEMENT [CHECK ONE/COCHE UN] RENEWAL/RENOUVELLEMENT NEW/NOUVEAU

CHAPTER NAME/NOM DU CHAPITRE ______________________________________________________________________

LANGUAGE/LANGUE ENGLISH/ANGLAIS FRENCH/FRANÇAIS BILINGUAL/BILINGUE

PRIMARY PRACTICE AREA/SECTEUR PRIMAIRE DE PRATIQUE
ENDOSCOPY/ENDOSCOPIE INFLAMMATORY BOWEL DISEASE/MALADIES INFLAMMATOIRES DE L'INTESTIN
MEDICINE/SURGERY/MÉDECINE/CHIRURGIE PEDIATRICS/PÉDIATRIE ADVANCED PRACTICE/PRATIQUE AVANCÉE

OTHER/AUTRE ______________________________________________________________________________________

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REVIEWING NEW CSGNA PRACTICE DOCUMENTS/ EXAMINER LES NOUVEAUX DOCUMENTS DE PRATIQUE CSGNA

ASSISTING WITH FRENCH TRANSLATION OF PRACTICE DOCUMENTS AND WEBSITE
INFORMATION/AIDER AVEC LA TRADUCTION EN FRANÇAIS DES DOCUMENTS DE PRATIQUES ET D'INFORMATIONS DU SITE WEB

Revised 1/19/2017