

Remembering Pati

Pati Coghlin, RN, CGRN, died on March 3, 2009, at the age of 58 after a seven year struggle with viral encephalitis, which left her with severe loss of her short term memory. Pati was a dedicated, committed endoscopy registered nurse in Calgary who worked in endoscopy in Calgary hospitals from 1979 until her illness in 2002. She was known as a kind, caring friend who was a loving and proud mother of her son, David.

Pati recognized the value of certification relatively early in her GI nursing career and she travelled to Seattle in 1992 to write the Certifying Board of Gastroenterology Nurses and Associates (CBGNA) exam. Her success put her into a small group of Canadian GI nurses achieving CGRN credentialing. Pati was a single mom and achieving this certification was done at her own expense. Pati was an active member of the Calgary Chapter of CSGNA, serving as its first secretary. She was actively involved in the National CSGNA Conference, hosted in Calgary in 1993. Both in her workplace and with CSGNA, she could always be counted on to do whatever needed to be done.

Pati recognized excellence in practice in others and was always quick to acknowledge a job well done and to encourage others to pursue advanced education. She



served as a mentor to many new endoscopy nurses. She was always willing to learn new skills and improve her practice and in 1998 when the Calgary Health Region divided GI endoscopy services amongst three adult sites, Pati became one of two nurses in Calgary to specialize in esophageal motility studies at the Rockyview General Hospital. In 1999, she published an article on the Dent Sleeve in *The Guiding Light*.

Pati's colleagues respected her and her long-time gastroenterologist friend and colleague, Dr. Jim Shepherd, said Pati had all the qualities of an excellent endoscopy nurse. Her good friend and colleague, Evelyn Matthews, speaks of kindness extended when others were going through difficult personal times.

Bill Collins, Group Vice President, Medical Systems Group, Olympus Canada Inc. readily shared the following memories of Pati which exemplify Pati's character and qualities.

"I met Pati Coghlin who was working at the Holy Cross Hospital, during my first month of being a GI sales rep. She was outgoing, direct and had a vivacious personality that you couldn't help but like from the first moment you met her. Like many customers, she framed what her expectations were of a sales rep. Over the next couple of years, Pati and I got to know each other as I tried my best to live up to those expectations. In many ways customer/rep relationships remain somewhat distant. Sales rep's travel schedules limit the amount of time spent at each hospital, so really getting to know each other personally doesn't always happen.

CONTENTS

| | |
|--|----|
| President's Message | 3 |
| In the Spotlight – GI Rocks On The Rock | 4 |
| Reports | 6 |
| Synopsis of CSGNA Board of Directors | 13 |
| Research in Gastroenterology Nursing | 15 |
| SGNA Conference 2009 | 16 |
| CSGNA Chapter Executive | 22 |
| CSGNA National 2009 Executive | 24 |

It was in 1994 when the Premier of Alberta, Ralph Klein, launched significant health care cutbacks that Pati and I really got to know each other. At the time, hospitals had no budgets to buy anything and I literally mean **anything**. Holy Cross Hospital couldn't afford to buy new water bottles and because of autoclaving, the internal Teflon tube used in those days would leak. Pati asked if they could be repaired. I went home and figured out how to repair the water bottles using crazy glue. Pati then would save up water bottles and call me in on Friday afternoons when very few cases were scheduled stating, "I will buy the coffee and you repair the water bottles". We sat in the GI unit lounge together, drinking coffee and talking while I repaired the water bottles. Over the next several months it became a weekly ritual where I spent every Friday afternoon having coffee with Pati, even if there were no water bottles to repair. Through this, I got to know Pati who told me all about her son, David, and his interest in computers, asking my advice on what computer upgrade she should get him next. She was extremely proud of him and although I never met David, I felt as if I knew him as he was growing up. Pati was the first customer to hand me a congratulations card after my daughter was born in 1995. At Gastro 99, she came to our booth with a leopard beanie baby (a company was giving away to customers) stating "I thought right away of your daughter, Megan, when they handed it to me"! Although, she never met my wife or daughter, I know she felt she knew them personally, as well. Over the years, Pati became a confidante providing consultation on many of my beer league hockey injuries (ice this, heat that) and the odd family health matter, where sound knowledgeable health advice was needed.

I moved to Toronto 2000, which prevented our paths from crossing. I always vacationed in western

Canada and I would try to stop by the hospital as often as possible to catch up with Pati. It was a very sad day in 2002 when I was informed that Pati had taken ill with a terrible and rapidly degenerative disease, which caused memory loss and sent her into long-term care.

For those people who were fortunate enough to have met Pati, you can't help but remember her smile and kind heart. For those of us who truly knew Pati, you feel that her "full of life personality" has enriched our lives on many levels!"

Anyone wishing to make a donation in Patricia Coghlin's memory may do so to:

The Department of Neuroscience
University of Lethbridge
4401 University Drive
Lethbridge, AB T1K 3M4.

Respectfully submitted by
Evelyn Matthews, RN, CGN(C)
Debbie Taggart, RN, BN, CGRN,
CGN(C) ♦

See page 12 for details of a scholarship in Patricia's name.

REMINDER

Just a reminder that we need donations for door prizes and the silent auction for the National Conference in Toronto.

REMINDER

As per Bylaw 22.12 all CSGNA Chapters shall submit to their Regional Director by December the 31st the Chapter's financial report.

Future CSGna Conferences

**TORONTO, ONTARIO
OCTOBER 1 – 3, 2009
EDMONTON, ALBERTA
2010
OTTAWA, ONTARIO
2011**

President's Message

As the year moves on quickly, we are all looking forward to celebrating our 25th Anniversary at our annual conference in Toronto. CSGNA has grown in so many ways, but at its heart are our members who are dedicated to GI nursing.

The strength of CSGNA is our membership. We only move forward and provide leadership in the area of gastroenterology by our members striving to enrich their knowledge and promote excellent care in all the areas where we practice. Where we do not have members with a passion for nursing in gastroenterology, we do not have CSGNA. We are only strong because of our membership being active. We are a self-perpetuating association.

It is hard to think of our professional association as a corporation, but we are. As a not-for-profit corporation, we have the responsibility to our membership on where we see our association growing and how we meet the financial demands of operating a national organization.

Many in our membership may not understand how CSGNA meets its financial commitments. Scholarships for attending the annual conference are supported by the monies forwarded by the chapters from their educational events. The number of scholarships offered each year fluctuates with the amount of funds forwarded by the chapters. CSGNA's operating account has supplemented the educational fund for the past couple of years, as the income received from the chapters' educational events have not been enough to support the scholarships. As a result, the number of

scholarships offered this year has been decreased, reflected by the lower income received from the chapters for the past few years.

The majority of the association's operational costs are paid for by the profits of our annual conferences. We have had a couple of very successful conferences, providing our association with a greater profit than expected or required.

At the board and conference planning committee levels, we make decisions regarding the expenses of operating and providing an annual conference. For the past two years, we were able to put these monies back into the association where we felt the financial support was warranted.

In 2007, the decision was made to augment each registration with national funds, thereby providing a registration fee far below the actual costs of providing that conference. For 2008, excellent social events were provided; one was included and the second provided for a minimal fee as compared to the cost.

In addition to these decisions, CSGNA was able to provide financial support for the chapters to assist their executive in attending the annual conferences for the past two years. It seemed especially beneficial to provide this extra support since our conferences were held on each coast, resulting in a great travel distance for a number of our chapters.

As a result of these decisions, our recent conferences have not been as financially profitable, leaving the operational expenses unmet. This was expected by the Board. As a

not-for-profit corporation, we felt that the extra monies should be going back to our membership. We have now successfully dispersed these funds.

When the Board met in Vancouver last September, we made the decision that chapter financial support to attend the annual conference in Toronto would not be offered. This was based on our current financial status. Since the expenses for the Chapter executives to attend the annual conferences have been minimal for the past 2 years, we expect that the chapters should have funds to support their executives to attend Toronto 2009. We will review the chapter financial support, as we do the annual scholarships, at our Board meeting next spring. It is at this time that we will notify our chapters if there will be financial support for the upcoming conference in Edmonton 2010.

The Board, as representation of our membership, makes decisions to guide our association to grow and enhance its membership. We have the future direction of CSGNA foremost in our focus, reflected in our goals and strategic plan.

As we look back on 25 years of growth, networking and enrichment, we all must reflect on the great nursing association that CSGNA has become. All of us need to look forward to the future where nurses continue to strive to provide optimal nursing care and embrace the challenges and developments that lie ahead of us.

Respectfully submitted by
Elaine Burgis, RN, CGN(C)
CSGNA President ♦

In the Spotlight

GI Rocks On The Rock

Health Sciences Centre, GI Unit, St. John's, Newfoundland

St. John's is cradled in a harbor carved from 500 million year old rock.

The GI Unit is part of the Emergency / Ambulatory Care Program of Eastern Health, one of the largest health services in Atlantic Canada. Endoscopies, routine and urgent/emergent, diagnostic and therapeutic services, are provided to out-patient and in-patient adults. The hours of operation are from 07:30 to 17:00 Monday to Friday, with 24 hour on-call services on the weekends. In this specialty area, various GI procedures are performed for diagnosis, early detection and treatment of gastrointestinal diseases.

There is a wide range of expertise, unique combination of skills and interest among the five gastroenterologists, hepatologist and four surgeons, who perform more than 30 scheduled and other

complex procedures, throughout the day. The Division Manager of Endoscopy Services for St. John's is Jeannie Harding. The Health Science Center GI unit Patient Care Coordinator is Linda Feltham. Linda's exceptional leadership skills keep everything running efficiently. Staffing consists of six RN's, one full-time, three part-time and two casual RN's, three LPN's, (two are certified in endoscopy reprocessing), housekeeping and a unit clerk. The majority of procedures are colonoscopies, sigmoidoscopies, gastroscopies, ERCPs, 24 hour pH monitoring and esophageal and rectal manometry. The unit has two examining rooms, two procedure rooms, one multi-functional room for manometry, a reprocessing room, a four bed recovery room and three bathrooms. ERCPs are performed in the X-Ray department since unit does not have a lead lined room.

The experienced and knowledgeable staff in the unit provide pre-procedure assessment, intra-procedural monitoring, documenting, post-procedure recovery and discharge instructions.

Day in and day out, the unit provides a patient focused, compassionate and quality health care environment. Thoughtfulness shines in the warm smiles and the wonderful way all are treated in this very busy unit. It is not just a job to us. We love what we do and feel that it matters. We proudly meet the challenging GI/Endoscopy experiences, from the messy GI bleeds to the not so squeaky clean bowels.

'Far and away, the best that life has to offer is the chance to work hard at work worth doing'.

Theodore Roosevelt.

Respectfully submitted by,
Mabel Chaytor, RN, CGN(C) ♦



Mabel Chaytor and Linda Feltham



Krista Combden



Ellen Coady and June Peckham



Trevor Oates and Kelly Tuck



Rosetta Thomas and Madonna Power



Krista Combden and Rayleen Hogan



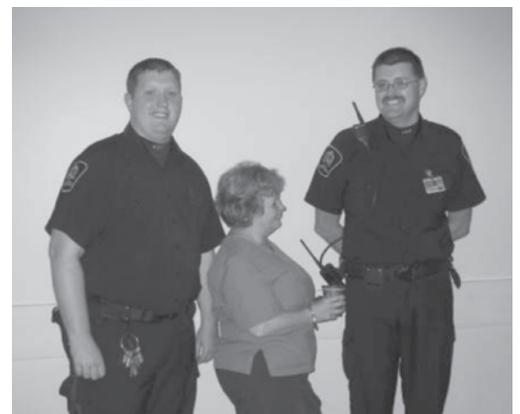
Blanche Holwell and Kay McGrath



Dr. McGrath and Dr. Leonard



*Linda Feltham,
Jail and Bail Fundraiser*



REPORTS

CANADA CENTRE DIRECTOR REPORT

Ottawa Chapter

The Ottawa Chapter held an educational day in April called *Current Trends in GI*. It was well attended and had the support of 13 exhibitors. They have elected a new executive. I look forward to meeting you in Toronto.

In April, the London Chapter held their second annual GI nursing day. It was well organized under the direction of their new Chapter President, Deborah Holmes. Topics included *EUS-How We Do It*, *DIGITS-Diffuse Irritable GI Tract Syndrome*, *IBD with a Patients Perspective* and *Are You Aware*, an interesting talk given by a self empowerment speaker. They had the support of 18 exhibitors. Two members from the national executive also attended.

Greater Toronto Chapter

The Greater Toronto Chapter held an educational evening in February. The topic was *Pacemakers and ICD in Electrocautery*.

Montreal Chapter

The Montreal Chapter held a one day conference in March. Topics included *Understanding ERCP*, *an overview of IBD and Barrett's Esophagus* and *Using Past Experiences to Direct Our Future*. It was also well attended and had the support of ten exhibitors.

Golden Horseshoe Chapter

The Golden Horseshoe Chapter held an educational evening in April. It was well attended and was co-sponsored by Cook Medical Canada and AstraZeneca. The two topics were *EUS-Sounds for the Masses* and *IBD-Transition to Adult Medicine*. Three members from the national executive were in attendance.

Central Ontario Chapter

The Central Ontario Chapter held an educational evening in May. The topics were *Esophageal Cancers* and a representative from ConMed spoke on *Electrocautery* and *Argon Plasma Coagulation*.

Don't forget the 25th CSGNA conference in Toronto! I look forward to seeing everyone to *Celebrate our Past and to Inspire our Future*.

Respectfully Submitted by
Betty Kennah, RN, CGN (C)
Canada Centre Director

CANADA EAST DIRECTOR REPORT

Finally, the days are getting longer and warmer. The eagerly awaited summer vacations are at hand. There's nothing like getting out in the fresh air for exercise. Make the most of what you have and keep it simple.

The east coast chapters have had a busy, productive and successful year. The plans for upcoming education sessions are already posted on the web site.

Congratulations to the chapter executives and all the members. It is all of you, who determine the future direction of your chapter.

Thank you for working so hard over the past year. I know organizing the education sessions has not been an easy task on top of your already hectic schedules. Together we are learning from each other, sharing stories and making friends along the way.

Congratulations to all nurses who have written the gastroenterology exam and to all who have been re-certified, like me, by continued educational hours.

Nova Scotia Chapter

The Nova Scotia Chapter has been very quiet this spring. We are looking forward to the AAG meeting in NL in June. The Nova Scotia Chapter will be hosting our annual education day in early November 2009. If there are any topics our members would like to have presented, please contact any of the chapter executive. I received the program for the 25th anniversary annual conference and it looks great. Bravo to the conference committee.

Have a safe and happy summer.

Edna Lang
Nova Scotia Chapter President

Newfoundland Chapter

We are finally enjoying a nice spring and are looking forward to the Atlantic GI meeting in Corner Brook, Newfoundland, on the weekend of June 19. There will be seven members of the chapter attending along with other nurses from the island and the Maritimes. It will be a good opportunity to mingle and also to promote CSGNA and the upcoming national conference in Toronto. Our present members are encouraged to apply for scholarships to attend the national conference. It has a great agenda. To all, I hope you have a great summer.

Linda Feltham
Newfoundland Chapter President

Marketplace

This venue supports our scholarships and educational funds. If anyone has any suggestions, please do not hesitate to share your ideas.

2008 Items:

- Lab Jackets
- ID Retractable Badge Holders
- Beverage Openers

2009 Items:

- Post-It-Notes
- Luggage Tags
- Lunch Bags
- Stainless Steel Mugs

I look forward to seeing many of you in Toronto for our 25th anniversary annual conference, *Celebrating Our Past Inspiring Our Future*. It will be the place to be for sharing experiences, swapping tips and discussing anything and everything. Hoping to see you all in Toronto to celebrate.

All the CSGNA executives can be relied on for advice, guidance and professional opinion. It has been a privilege working with all of you. There has never been a better experience.

Thank you so much for this opportunity. The past term as East Coast Director has been a truly amazing experience.

Have a safe, sunny summer.

Respectfully submitted by
Mabel Chaytor, RN, CGN(C)
Canada East Director

EDUCATION DIRECTOR REPORT

Congratulations to all individuals who wrote the certification exam this year or recertified!! Well done. 26 nurses wrote the certification exam and received their certification. 57 nurses renewed their certification this year. Hurray!! Hurray!! We now have 231 certified nurses in gastroenterology. Certification recognizes the expertise in your practice as gastroenterology nurses or associates. Your knowledge has increased and you will apply this knowledge to your practice. This will be beneficial to your patients, colleagues and employer. For the certified individual, this will

promote excellence in nursing care, keep your skills current, increase your self confidence, give you a feeling of accomplishment and may enhance your career opportunities. Certification may be one of the best career choices you could have made. You can also use CGN(C) beside your name.

At the Vancouver conference, we had a questionnaire available to the members regarding your educational needs. Your feedback is important and valuable to us. All information is reviewed and considered as we grow and develop.

Several chapters held educational day conferences or evening seminars this year. CSGNA is well aware of all the work that goes into planning such events. Many attendees do appreciate these conferences. Not only does it help keep your skills and knowledge current, it does provide you with continuous learning hours and is a way to network with other GI nurses and many vendors.

I had the privilege to attend Vancouver Island's Chapter annual educational day on April 25, 2009. It was very well attended by many nurses from all over the island! A wonderful variety of topics were covered, including *So you Need a New Liver* by Dr. David Pearson, *What's New in IBD Research* by Dr. Don S. Daly, Dr. Denis Petrunia and Dr. Andrew Singh, *Advancements in Surgical Management of Colorectal Cancer* by Dr. Bao Tang and an informative and very emotional presentation by Laurella Joyce RN, *So, I have a New Liver*. Maryanne Dorais spoke on CSGNA and CNA certification. This was a fabulous entertaining day, which was enjoyed by all who attended. Hats off to Corrie Osbourne, chapter president, Vicki Oberg, secretary,

Marilyn Doehnel, treasurer and many of the Vancouver Island's Chapter members who worked very hard to make this day a success.

The Kamloops and Region Chapter had an educational day on *Infectious Diseases, GI related*, presented by Barbara Bancroft. Barbara is an extremely knowledgeable and entertaining speaker! Many delegates were very impressed with this conference and look forward to Barbara's return in the future. Audrey Bouwmeester and several of the Kamloops and Region Chapter members worked very hard to provide a very educational and fun-filled day.

The Toronto's conference is **FAST APPROACHING!** They have a fabulous program organized for you to celebrate **CSGNA's 25th ANNIVERSARY!** The Toronto Planning Committee has worked very hard to bring you an unforgettable conference. **You won't want to miss this conference!** This program has been expanded to three days and now diversified to better meet the membership's needs. There is a great mix of basics and individualized chosen topics. Kudos to all of you who have submitted an abstract to Maria Cirocco. There have been over 20 submissions! This is a great opportunity for you to share your knowledge, experience and expertise. We look forward to your submissions. Gastroenterology has grown and developed and so has CSGNA. **MAKE YOUR PLANS. COME JOIN US!!! CELEBRATE OUR PAST AND INSPIRE OUR FUTURE.**

Have a wonderful summer and see you in Toronto in October!

Respectfully submitted by
Maryanne Dorais, RN, CGN(C)
Education Director

CANADA WEST DIRECTOR REPORT

Vancouver Island Chapter

Corrie Osborne, Chapter President, reports that on April 25th, the Vancouver Island Chapter had a very successful education day. There were 50 attendees and 13 vendor sponsors. The highlight of the day was a talk given by one of our own endoscopy nurses who has had two liver transplants. Her very moving story of her pre and post transplant journey, gave us fresh insight into the challenges facing our patients. We also celebrated our 25th CSGNA anniversary by giving two new CSGNA memberships and two GI certification scholarships with core curriculums. We had one member recertify and one new certification, both of which were successful.

Vancouver Regional Chapter

Chapter President, Judy Deslippe, reports that the Vancouver Chapter hosted an education evening on June 3rd at the Royal Columbian Hospital in New Westminster. Dr. Henry Cheung gave an informative and entertaining presentation on *An Update on IBD*. This event was sponsored by Axcan. Our chapter is collaborating with Dr. Enns, from St. Paul's Hospital, in having a nurse's program as part of the GI forum on October 1 & 2. This forum will have live video transmissions from the endoscopy unit at St. Michael's Hospital, plus several 20-minute plenary sessions on GI topics.

Kamloops Regional Chapter

Chapter President, Maryanne Dorais, reports that the Kamloops and Region Chapter hosted a day conference May 5th on *What's New in the World of Infectious Diseases, Shampoos, Tattoos, and Barbeques, GI related*, by Barbara Bancroft, RN, MSN, PNP. Barbara

is a renowned speaker, author and educator from Chicago. This conference was well attended by 62 individuals including Connie Westcott, Calgary Chapter President. A very informative and entertaining day enjoyed by all who attended. Several attendees look forward to Barbara's return in the future.

Another nurse received her GI certification this year. Hurray!! This chapter will have four members attend the national conference in Toronto in October. All chapter members are working hard on an abstract poster for the conference.

Okanagan Chapter

Chapter President, Bethany Rode, reports that the Okanagan chapter members attended the Kelowna Digestive Diseases Weekend in May. Although the chapter had hoped to add a nurse-focused component, that did not occur this year. The content and presenters offered a fantastic educational program and workshops. Topics included *IBD Therapies, Current and Emerging Options for Treatment, and Colon Cancer Screening using Nurse Endoscopists to Perform Endoscopies*. The talk was given by Dr. Linda Rabeneck. The over-all impression was that the educational sessions were very beneficial to the nurses who attended.

Calgary Chapter

Lethbridge and 'group' is leaving us to form their own chapter. It will be a loss to our chapter as they were all valuable members. I wish the new chapter all the best and our support.

Recently, our chapter had its first journal club meeting. The article was on a Dieulafoy lesion. The turnout was small, but the group enjoyed themselves and there are plans in the works for another

meeting, which I am sure there will be a much better turnout. I would like to thank Bobbi Sheppy for all her hard work and making this her pet project. Two of our members traveled to St. Louis for the SGNA national conference. Both learned some new tricks, which they are sharing with their nursing and physician colleagues. They networked with our other CSGNA & SGNA colleagues and enjoyed themselves. Nice to see y'all again. For nurse's week, our group decided to make a poster to profile our job and educate our patients. We focused on colonoscopy. One poster was made for all the clinic sites in Calgary (since we were working on such a short time line, we decided to stay local). If it worked out, we would send it out to the other areas in our chapter. The poster was so successful, that our clerks won't let us take it down. They tell us that patients are frequently reading it. We are now trying to find a permanent place for it. M. Larocque was integral in making our poster and we would like to thank and commend her for her hard work and the poster's excellence. Plans are in the works for our next poster in 'the series' for 2010. There was a call for nominations in May to the chapter members. There were no incoming nominations. At the June 9th chapter meeting, Michelle Larocque, from the PLC Calgary, became our new secretary. Wendy Schaufert and I remain treasurer and president respectively. Also, a logo for our group was decided upon. It is something easily recognizable, easy to reproduce and something that represents different aspects of Calgary. On Saturday, November 7, 2009, we will have our next education day entitled *The Potpourri of GI*. Some of the topics will include, *The Transition of the Pediatric patient to the Adult GI World, Pancreatic Cancer,*

Obesity and GI Cancer, Is there a correlation? All the best to our CSGNA colleagues and have a great summer.

In March, the Dine and Learn event topic was on Bowel transplantation by Dr. Melanie Stapleton. Turnout was excellent, the topic was interesting and Dr. Stapleton was very informative and easily held our attention. We wanted to thank our most gracious sponsors, AMT, Pentax and Boston Scientific. They're the best! They initiated adding a third sponsor, to allow us to increase our participant numbers, since the response was so great.

Central Alberta Chapter

Chapter President, Audrey Pennycook reports that for the summer, our chapter is taking a break. We have a general meeting scheduled for September 14, 2009, and a tentative meeting on November 9, 2009. On October 20, 2009, we are planning to have Dr. Dube speak on GRS (Global Rating Scale). Our chapter is planning to have another all-day conference in April, 2010.

Edmonton Chapter

Chapter President, Yvonne Verklan, reports that there were six evening in-services this year. Our fall conference is included with this. All meetings are well attended and our group is a cohesive unit committed to common goals. We've had our Membership Blitz and Social again in May, as a Wine and Cheese Event. Judy Spencer won the Nurses Week Theme contest. We had a journal review on *Prebiotics in Chronic Intestinal Inflammation*. The fourth edition of this year's End to End e-newsletter came out this month. We are proud to announce that six of our members have passed their GI certification exam. Congratulations to Dawn Leslie, Pam Blakely, Kathy Korner, Jo-Anne

Goett-MacHattie, Janice Shott and Debbie Bjarnason. Chapter elections took place on June 17 and the new executive consists of President, Yvonne Verklan, Treasurer, Jo-Anne Goett-MacHattie, Secretary, Judy Langner, Education Chair, Janice Shott, Journal Review Chair, Joy Mekechuk and Chapter Liaison, Linda Broenink. Thank-you to the outgoing executive for all their hard work and commitment.

Regina Chapter

Chapter President, Connie Bender, reports that the chapter held a journal club meeting in May. The chapter also recently held a chapter meeting during which they discussed the benefits of membership in CSGNA. They also spoke about the importance of applying for scholarships in order to attend educational sessions and conferences. Connie encourages all members, old and new, to apply. One member wrote the certification exam. Connie spoke of developing an easy to use template outlining the step by step process involved in applying for scholarships in order to make the process more user friendly. The Regina Chapter is well on the way to planning the next fall session of their GI Day, which will be held on October, 16, 2009, at the Wascana Rehabilitation Centre.

Manitoba Chapter

There have been regular meetings, educational sessions and GI journal club meetings. The meetings are well attended. Articles have been submitted for publication in the *Guiding Light*.

Two members attended the annual SGNA course in St. Louis in May, and presented the research poster on *The Incidence of Upper Extremity Injuries in Endoscopy Nurses Working in Canada*. The abstract for the poster presentation on *Upper Extremity Injuries* has

been accepted by CSGNA for the October 2009 conference in Toronto. Two members wrote and passed the certification exam. Congratulations to Cathy Sveinson and Laurie Heide. President, Sue Drysdale, was recertified in the specialty this year. Discussions between members have included various topics including the benefits of membership, registration fees, and the future financial status of the chapter. The all-day educational session on May 2, 2009, was a huge success. It was well attended and the evaluations were positive in all categories. We had very good support from our sponsors and we thank them for their continued support of our educational endeavors. We have now decided to hold an educational day annually. The final meeting of the year is to be held on June 25 and the speaker will be Hepatologist, Dr. Gerald Minuk, who will speak on *Liver and Onions, the Basic Recipe*.

Respectfully submitted by
Susan Drysdale, RN, BA, CGRN,
CGN(C)
President Manitoba Chapter
CSGNA Canada West Director

PUBLIC RELATIONS DIRECTOR REPORT

Our CSGNA Website has now linked up with the websites from Nursing the Future (NTF) and Colorectal Cancer Association of Canada (CCAC). I had the opportunity to meet with representatives from the NTF during a nurses week conference. This group was established in Saskatoon by Dr. Judy Boychuk Duchscher, RN, BScN, MN, PhD, to support new graduates in the health care field in the first year of their practice. NTF looks to collaborate with seasoned nurses, nursing managers, educators and administrators, all of whom are welcomed into their membership. They have a website which offers information,

education and resources to its members. Dr Boychuk Duchscher tells me she is pleased that many new graduates will have access to information on CSGNA through their website.

I met with Barry Stein, President for the CCAC, who was in Edmonton giving a talk to Alberta's Health and Wellness Minister, Honorable Ron Leipert, and the MLA's in April on Colorectal Cancer Prevention. Dr. Clarence Wong, VP for Alberta Society of Gastroenterology, had

extended an invitation to CSGNA to attend. The CCAC is focused on increasing awareness and education on colorectal cancer and its prevention through the multimedia, health foundations and screening programs.

A survey has been sent to each chapter president, asking for information on their educational and membership activity. This information will be useful for new or existing chapters looking for new ideas or looking to make changes.

Thank you to the chapters that have participated.

It has been a pleasure receiving enquiries from many members and also non-members. I look forward to future networking opportunities with you.

I would like to wish everyone a great summer!

Respectfully submitted by
Yvonne Verklan, RN, CGN(C)
Public Relations Director ✦

C.S.G.N.A. DISCLAIMER

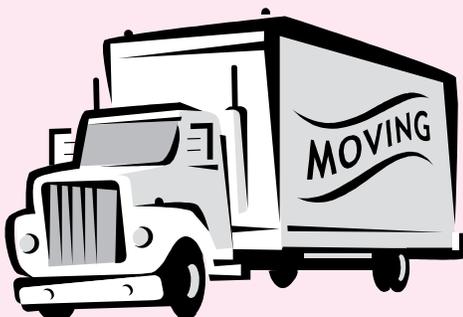
The Canadian Society of Gastroenterology Nurses and Associates is proud to present The Guiding Light newsletter as an educational tool for use in developing and promoting your own policies and procedures and protocols.

The Canadian Society of Gastroenterology Nurses and Associates does not assume any responsibility for the practices or recommendations of any individual, or for the practices and policies of any gastroenterology unit or endoscopy unit.

Guidelines for Submissions to "The Guiding Light"

- Submit all materials by email to the newsletter editor in word format.
- Submissions must be received by the first of the month preceding each issue i.e.: Feb 1st for March issues, June 1st for July issues and Oct 1st for November issues.
- Include all references using APA referencing.

CHANGE OF NAME/ADDRESS



NAME: _____

NEW ADDRESS: _____

CITY: _____ PROV.: _____ POSTAL CODE: _____

PHONE: _____ FAX: _____

E-MAIL: _____

(Send change of name/address to the CSGNA Executive Assistant)



Application for the Olympus CSGNA Scholarship – Toronto, 2009

First Name: _____ Last Name: _____

Address: _____

Email: _____

Telephone: _____

Employer: _____

CSGNA Membership number: _____

Member since : _____ (year)

I am applying for the:

_____ The Olympus \$500 Scholarship

_____ The Olympus Patricia Coghlin Scholarship *(please include a current CV and personal letter identifying your contributions to workplace, patient care or the CSGNA)*

Please submit your application to:

Palma Colacino
CSGNA Executive Assistant
#224, 1540 Cornwall Road
Oakville, ON L6J 7W5
Phone: 905-829-8794
Toll free: 1-866-544-8794
Fax: 905-829-0242



June 14, 2009

Dear CSGNA Members:

At Olympus Canada, our goal is to continue creating new and better ways to help Canadian gastroenterology nurses to preserve and enhance the quality of care they provide to their patients and to assist them in further developing their skills, knowledge and expertise.

We are delighted to announce that Olympus is once again partnering with CSGNA to provide \$15,000 worth of educational sponsorship funds for the national conference in Toronto on October 1 – 3, 2009. This means that 27 CSGNA members are eligible to receive \$500 scholarships to attend this educational meeting.

This year, Olympus is introducing the **Olympus Patricia Coghlin Scholarship**. Patricia was a nurse in Calgary, and this scholarship has been set up to honor her memory and contributions to gastroenterology nursing. One nurse will be eligible to receive this \$1500.00 scholarship.

How to enter:

You are eligible to receive an Olympus \$500 scholarship if you have been an active member of the CSGNA for at least one year.

To apply for the **Olympus Patricia Coghlin Scholarship**, you must provide a current curriculum vitae and a personal letter identifying your contributions to your workplace, patient care, or the CSGNA.

If you are interested in applying for these scholarships, please submit your application, along with your membership number, to Palma Colacino, CSGNA Executive Assistant, #224, 1540 Cornwall Road, Oakville, Ontario, L6J 7W5.

The deadline to submit your application is **August 15, 2009**. The names will be submitted to CSGNA for a random draw. There will be recipients from Central Canada, Western Canada and Eastern Canada (exact distribution to be determined by the CSGNA National Executive). The names of the successful applicants will be announced by August 30, 2009. Notification will be by email. The names and photographs of successful applicants will be published in the fall issue of *The Guiding Light*.

Olympus is committed to providing continued support to Canada's gastroenterology nursing organization. We look forward to seeing you in Toronto!

Best regards,

Lara M. Shub
Director of Marketing
Medical Systems Group
Olympus Canada Inc.

Synopsis of CSGNA Board of Directors Toronto, Ontario – February 20-21, 2009

- 1. REVIEW/ADDITIONS/ADOPT THE AGENDA:** A motion was passed by Cindy James and Betty Kennah to adopt the agenda.
- 2. APPROVAL FOR THE NOVEMBER EMAIL MEETING:** Maryanne Dorais and Yvonne Verklan passed a motion to accept minutes of the email meeting.
3. Reports from all executive members were circulated and reviewed prior to the meeting.
- 4. WELCOME BY THE PRESIDENT:** Elaine welcomed everyone for attending the meeting. We have a very busy agenda for the meeting.
- 5. REPORTS – Canada West, Center, and East:** All the chapters were doing well and meeting their educational requirements. A lengthy discussion was held about a particular chapter which is not meeting their educational requirements. The bylaw states a CSGNA chapter needs ten active members and requires holding four hours of educational activities for its members. Activities organised by doctors for both nursing staff and doctors to attend, does not count towards CSGNA chapter educational hours. If a chapter is not able to organise an educational event, an alternative option is for two chapters to co-host one educational day. This will increase the attendance to the educational event and the revenue generated will benefit both chapters. A survey will be conducted to look at how each chapter determines the topics and plans their chapter education event. The survey result will be summarised and presented in *The Guiding Light*.
- 6. WEBSITE AND NEWSLETTER:** The newsletter is currently sponsored by Olympus until the end of the year. Letters will be sent out to potential sponsors in the spring and once again the sponsor who responds first will be chosen to sponsor *The Guiding Light* for the next two years. The website survey confirmed that the CSGNA members want membership renewal, conference registration and a members only section on the website. In addition, the members also want a bilingual website with access to guidelines, standards and position statements.
- 7. EDUCATION:** Many of the guidelines and standards of practice require reviewing with possible revision and updating. Initially, the guidelines will be reviewed, revised and will be submitted to CAG for their approval before they are available to the members. The standards for Gastroenterology Nursing Practice are currently being reviewed by the education committee members. We are hoping to have the revised standards available for the 2009 annual conference. Members requesting teaching manuals are being directed to the SGNA website. We would like to discuss CSGNA developing a closer relationship with SGNA, allowing us to purchase SGNA educational material for our members. The Canadian Standard Association (CSA) conference this year is in Quebec and the dates are June 14-16. Maryanne will take time off to attend the meeting. CSA will provide some funding if asked, for supporting travel expenses.
- 8. AWARD AND RESEARCH DIRECTOR:** There are number of scholarships available. Not all of our scholarships are directed toward attendance to the CSGNA annual conferences. Eligibility criteria for the scholarships can be found in *The Guiding Light*.
- 9. TREASURER'S REPORT:** The education fund is not self sustaining; money is being added from the operating fund. This is going to affect the number of CSGNA scholarships available to the members. The number of scholarships available for a given year will be determined based on the funds available in the education account from the preceding year. Therefore, the total number of scholarships and the amount will be variable from year to year. All chapters are not submitting the year-end report. The Toronto conference is a three day conference. The planning committee wants the conference registration to be less than \$450. The food is very expensive. If we are not planning to provide breakfast, we need to make it clear at the beginning and in the brochure, so that it is not a surprise to the attendees.
- 10. PUBLIC RELATIONS:** The primary goal of the Public Relation Director is to increase awareness of CSGNA to various groups in the medical, nursing and community groups. The GI Nurses Day theme / logo

event was a success. We had three entries which included one poster and two script logo ideas. They were all good representations of GI nursing. A final decision from the Board went to the poster submission given to us by Judith Spencer, Edmonton Chapter. She will receive a complimentary membership for next year. Runner-up entries came from Sherry Wardley and Judy Klaus, both from Central Alberta Chapter. They will receive a CSGNA card holder as a gift of appreciation. All three have been notified, by letter, of their results. If the GI logo contest is going to be an annual event, then criteria for submissions will be created. With board elections coming up later this spring, chapter members will be contacted to encourage them to consider a national position.

11. **MARKETPLACE:** There are number of items remaining from 2008 that we can have for sale this year. This year we will have luggage tags with the new logos and new items to celebrate the 25th anniversary.
12. **PRESIDENT ELECT AND BYLAWS:** The Bylaws Committee has been working on amendments to the bylaws. There are a number

of changes. Several board positions have been revised as the Administrative Assistant and the Conference Planner have assumed many of the duties. There is one controversial issue and that is whether we should consider having executive positions held by anyone other than an RN. There may be opportunity for registered practical nurses (RPN) to hold a chapter executive position. However, as a professional association, we need to aspire for excellence, especially if we are setting standards and we are influencing the GI profession. RPNs do not have the critical thinking abilities to process this information. The OR nurses are struggling with this issue, as a majority of their membership are RPNs. The bylaws are ambiguous and needs to state *no RPNs* at both chapter and local executive position.

13. **NATIONAL CONFERENCE:** The Toronto planning committee is excited and the planning committee is working hard preparing for their program. A three day program will hopefully allow more members to attend. Having an event planner has helped tremendously, allowing

the Planning Committee to concentrate on the actual program and content. This year we have moved from the hotel setting to a conventional hall. Food in the convention centre is very expensive. In order to keep the cost of the conference down, breakfast will not be included with registration and the delegates will be responsible for their own breakfast. Maria Cirroco has been working on the program in order to incorporate live endoscopy. There will be a round robin on Thursday morning where the vendors will have an opportunity to display, demonstrate or provide an in-service on their products. Future national conferences will be held in Edmonton, in 2010 and Ottawa, in 2011. Edmonton is excited and already planning their program.

14. **DATE FOR THE NEXT MEETING:** The pre-conference meeting will be on Wednesday, September 30 and the post-conference meeting will be Sunday, October 4, 2009.

Respectfully submitted by
Usha Chauhan
CSGNA Secretary ♦

UPCOMING CONFERENCE

We are all looking forward to our 25th Anniversary Conference in Toronto in October. The planning committee was committed to provide a program that would appeal to all areas of gastroenterology. With this being the focus, the decision was made to provide the best educational program possible, while keeping the conference fees affordable. It was not an easy task to make that balance. Meeting the expectations of our membership, by continuing to provide a conference as it always has been and provide the exceptional educational opportunities everyone expects, comes at an enormous cost. The Board and conference planning committee have had to make some choices. In the interest of keeping education the focus of our conference, the decision was made to decrease the nutritional component of the conference. Although it is new for our association to not provide all meals for the duration of the conference, it is common for other nursing conferences. We expect that our membership would agree with us; quality education is and always should be the focus of our conferences.

Research in Gastroenterology Nursing

When I think of research, I think of evidence, proof and credibility. In gastroenterology nursing, there are many instances that require us to prove what we say by showing the evidence to support our claims.

I recently experienced a situation that spoke to me loudly about why we should do research ourselves.

I am recounting this experience in a very simple manner because, above all, our research projects should be easily understood by anyone who cares to review them. The details of the report are a bit fuzzy since time has passed, but the gist of the situation is as follows:

During conversation with a nurse who works as a manager in an endoscopy department in the U.S., I learned that because this nurse thought that short, plump nurses are more prone to work-related injuries, she decided that it was not fiscally responsible to hire them and she advised her human resources department of her opinion and her plan. The human resources people responded with "Where is the proof of your claim. Where is your evidence?" The manager admitted that she had no firm data proving her claim. She decided to do research in order to acquire the information she needed to convince the human resources people to refrain from hiring short, plump nurses. The result of the study appeared in a poster, presented at the most recent SGNA annual course in St. Louis.

The research project lacked review by an ethics review board and the statistical analysis was performed by a statistician and not by the nurse. The instrument used was a survey and questionnaire on back injuries. The participant number was greater than 400. The results did not prove

the hypothesis that short, plump people have increased injury rates.

Although I immediately had a negative reaction to this situation, I have come to look at it in a positive way. As nurses and as people, we have no control over the ideas and plans that may potentially affect us in nursing and in our daily lives. We have control over how we react to knowledge of those ideas and plans. We have the ability to research and prove whether or not the ideas and plans are based on factual evidence. We can collect our data and prove or disprove any hypothesis that is made. We can investigate and recruit the assistance of our universities and colleagues who are more familiar with the research process than many of us. We can recruit the assistance of statisticians who are experts with making sense of the data collected during our projects. As long as the research project is designed properly, the tools are appropriately chosen and our sample of subjects is representative of the entire research population, our findings should give us results that we can claim are proof of our hypotheses.

In the example that I have cited, I was immediately shocked that anyone would make the claims and plans that the manager made. The initial plan flies in the face of all principles of fairness. I am sure there are more than a few human rights that would be violated if such a blatant practice were to be instituted.

The personal abhorrence I felt when I heard the recounting of this situation initially blinded me to a couple of very positive things. Firstly, I was absolutely encouraged by the fact that the human resources department in question responded the way they did.

They said "Where is the evidence upon which to base the proposed practice?" Secondly, even though the research was not performed as it would have been if an ethics review board had been involved, at least it was performed. At least the nurse involved took steps to try to prove her hypothesis. The statement about short, plump people was never written in the poster and the content and organization of the poster itself were a bit confusing, but the statistician who performed the analysis of the data, disproved the idea that people of short stature and greater than normal BMI are more prone to injury in endoscopy. Even if the results had been different, the poster was presented for all the attendees to review. I am personally encouraged by this because we have the ability to respond to what we review. We can perform our own research, which should be based on the principles of statistics and research methods. It is only by rigorously following all the rules and regulations involved in the performance of our research, that we gain the credibility needed to support the findings of our research.

It has been suggested that research should only be performed by nurses with either a Masters degree or a Doctorate degree. I agree that more education is always better, but I also believe that our Canadian health care system has enough human resources at hand in order to support nurses who have questions, and who are motivated enough by their questions, to try to get answers in order to improve the principles and practices involved in gastroenterology nursing.

Respectfully submitted by
Susan Drysdale, RN, BA, CGRN, CGN(C)
President Manitoba Chapter CSGNA
Western Canada Director CSGNA ♦

SGNA Conference 2009

From the lamppost signs to the hospitality of the hosts, St. Louis had a warm welcome for all gastroenterology professionals who came to increase their "vision, knowledge and potential".

Gateway to Opportunity, the 36th annual SGNA course was held in St. Louis, Missouri, May 15 to 20, 2009. Elaine Burgis and I had the privilege of attending and had a wonderful time networking as well as attending some very interesting sessions.

I see SGNA as the 'big sister' of CSGNA and it was a learning experience to see how their organization functions. We were openly welcomed and felt that an important connection was made with the present leaders. We hope to have some benefits to share with members in the near future.

The general sessions were motivating. We learned how we can juggle many things in our lives more effectively. Optional sessions offered a wide variety of subjects covering sedation, monitoring, procedures



and every other GI topic you could imagine. The biggest challenge was to make the choice of which ones to attend.

Dr. Muscarella presented an *Infection Control Update* and you will have an opportunity to hear him speak on this pertinent topic at our conference in Toronto.

Excellent speakers, informative vendor displays, posters galore

and many friends and colleagues to share it all with, produced an outstanding experience. I would encourage every one of you to consider attending *Expanding Our Horizons* in Orlando, Florida, April 30 to May 5, 2010.

Respectfully submitted by
Joanne Glen, RN, CGN(C)
CSGNA President-elect ♦

**MEMBERSHIP
RUNS FROM
JUNE 1ST
TO MAY 31ST
ANNUALLY**

**Scholarship
application
forms are
available on
our website
at
CSGNA.com.**

**Please contact me
about any comments
you may have about
this newsletter
or any ideas
for future issues.
Helga Sisson,
Newsletter Editor.
Email
hsisson99@rogers.com**



Metro Toronto Convention Centre
InterContinental Toronto Centre Hotel
Toronto, Ontario

cs&na 

Canadian Society of Gastroenterology Nurses & Associates

Société canadienne des infirmières et infirmiers
en gastroentérologie et travailleurs associés



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c/o #224, 1540 Cornwall Road, Oakville, ON L6J 7W5

The CSGNA Chapter Executive Professional Development Award

Criteria Overview:

This award of up to \$250 will be awarded to one CSGNA chapter executive to attend a local educational professional development course/program, other than a CSGNA event. Up to \$2000 will be devoted for this professional development activity.

Eligibility and Application:

The applicant must provide the following to be considered for this award:

1. Provide copy of current CSGNA membership with continuous CSGNA membership for at least 2 years.
2. Submit a current Curriculum Vitae.
3. Provide a copy of the educational registration form and educational event fee.
4. Provide a personal written letter of 250 words or less how this award would enable the CSGNA executive member to gain new knowledge and skills that would contribute to one's own CSGNA Chapter, workplace and/or gastroenterology nursing practice.
5. Submit a copy of attendance and educational event fee receipt.

APPLICATION FORM AND SUBMISSION MUST BE RECEIVED BY THE EDUCATION CHAIR BY 30 DAYS PRIOR TO THE EDUCATIONAL EVENT

Name: _____

Address: _____

City: _____ Prov: _____

Postal Code: _____ Home Telephone: _____

Circle all that apply: RN BSN MSN Other _____

Hospital/ Employer: _____

Work Address: _____

City: _____ Prov: _____

Postal Code: _____ CSGNA member since: _____

Signature: _____



Canadian Society of Gastroenterology Nurses & Associates

Société canadienne des infirmières et infirmiers en gastroentérologie et travailleurs associés

c/o #224, 1540 Cornwall Road, Oakville, ON L6J 7W5

The CSGNA Professional Development Scholarship Award

Criteria Overview:

The CSGNA Professional Development Scholarship Award of up to \$2000 is to be used for travel, accommodation, and registration fees for a CSGNA member to attend any educational course/program other than a CSGNA event. Up to \$10,000 will be devoted for professional development activity.

Eligibility and Application:

The applicant must:

1. Provide a copy of current CSGNA membership with continuous CSGNA membership of at least 2 years.
2. Submit a current Curriculum Vitae.
3. Provide a copy of the educational registration form along with a proposed budget for course fee, travel and accommodation.
4. Provide a personal written letter of 250 words or less identifying how this scholarship would enable the CSGNA member to attain professional development and contribute to one's own workplace, CSGNA and /or gastroenterology nursing practice.
5. Submit a copy of attendance and receipts for course fee, travel and accommodation following the educational event.
6. The applicant may only apply once every three years.

APPLICATION FORM AND SUBMISSION MUST BE RECEIVED BY THE EDUCATION CHAIR 45 DAYS PRIOR TO THE EDUCATIONAL EVENT

Name: _____ CSGNA Member Since: _____

Address: _____

City: _____ Prov: _____

Postal Code: _____ Home Telephone: _____

Circle all that apply: RN BSN MSN Other _____

Hospital/ Employer: _____

Work Address: _____

City: _____ Prov: _____ Postal Code: _____

Signature: _____

Revised December 2008



Canadian Society of Gastroenterology Nurses & Associates

Société canadienne des infirmières et infirmiers en gastroentérologie et travailleurs associés

CSGNA Membership ends May 31st each year

CSGNA, #224, 1540 Cornwall Road, Oakville, ON L6J 7W5

MEMBERSHIP APPLICATION (CHECK ONE)

ACTIVE \$75.00

Open to nurses or other health care professionals engaged in full- or part-time gastroenterology and endoscopy procedure in supervisory, teaching, research, clinical or administrative capacities.

AFFILIATE \$75.00

Open to physicians active in gastroenterology/endoscopy, or persons engaged in any activities relevant to gastroenterology/endoscopy (includes commercial representatives on an individual basis).

RETIRED \$37.50

Open to members not actively engaged in gastroenterology nursing practice.

LIFETIME MEMBERSHIP

Appointed by CSGNA Executive.

FORMULE D'APPLICATION (COCHEZ UN)

ACTIVE 75,00\$

Ouvert aux infirmières et autres membres de la santé engagés à plein ou demi-temps en gastroentérologie ou procédure endoscopique en temps que superviseurs, enseignants, recherches application clinique ou administrative.

AFFILIÉE 75,00\$

Ouvert aux médecins, actifs en gastroentérologie endoscopique ou personnes engagés en activités en gastroentérologie/endoscopiques incluant représentants de compagnies sur une base individuelle.

RETRAITÉ 37,50\$

Ouvert aux membres non engagés activement dans la pratique infirmière en gastroentérologie.

MEMBRE À VIE

Nomme par l'exécutif.

APPLICANT INFORMATION / INFORMATION DU MEMBRE

Please print or type the following information / S.V.P. imprimer ou dactylographier l'information

SURNAME / NOM DE FAMILLE _____ FIRST NAME / PRÉNOM _____

MAILING ADDRESS / ADDRESS DE RETOUR _____

CITY / VILLE _____ PROV. / PROV. _____ POSTAL CODE / CODE POSTAL _____ HOME PHONE / TELEPHONE () _____

E-MAIL: _____

HOSPITAL/OFFICE/COMPANY NAME / NOM DE HÔPITAL/BUREAU/COMPAGNIE _____

BUSINESS PHONE / TELEPHONE TRAVAIL () _____ EXT. LOCAL _____

TITLE/POSITION _____

CHAPTER NAME / NOM DU CHAPITRE _____

EDUCATION (CHECK ONE) / ÉDUCATION (COCHEZ UN) RN IA RPN/LPN I AUX TECH TECH OTHER ((EXPLAIN) / AUTRE (SPÉCIFIEZ) _____

CNA MEMBER YES/NO / MEMBRE AIC OUI/NON CNA CERTIFICATION IN GASTROENTEROLOGY / CERTIFICATION EN GASTROENTÉROLOGIE DE L'AIC

MEMBERSHIP (CHECK ONE) / ABONNEMENT (COCHEZ UN) RENEWAL / RÉNOUVELLEMENT NEW / NOUVEAU

Please make cheque payable to CSGNA (Mail with this completed application to the above address)

Prière de libeller le chèque à CSGNA (Envoyez avec cette formule d'application dûment remplie à l'adresse ci-haut mentionnée.)

Language: English _____ French _____ Bilingual _____

CSGNA Chapter Executive List 2008/2009

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Treasurer: Marilyn Doehnel

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Secretary: Tracey Walsh
Treasurer: June Peckham

CSGNA EDUCATION COMMITTEE POINT SCORING SYSTEM FOR AWARDING SCHOLARSHIPS

| | |
|--|----------|
| Each year as a member (cumulative points) | 1 Point |
| Each year served on National Executive (cumulative points) | 3 Points |
| Each year served on the Annual Conference Planning Committee (cumulative points) | 3 Points |
| Each year served on Chapter Executive (cumulative points) | 2 Points |
| Each time submitted an article for publication in The Guiding Light (does not include reports) (cumulative points) | 2 Points |
| Can demonstrate actively recruited members | 1 Point |
| Each time has acted as speaker at a CSGNA conference or seminar (cumulative points) | 2 Points |
| Each time served on an ad hoc committee of the CSGNA (e.g. bylaws) (cumulative points) | 2 Points |
| Outlines geographical location and travel expenses | 1 Point |
| Actively participates in chapter events (e.g. fundraising) | 1 Point |
| Each year as a member on the planning committee for a regional conference (cumulative points) | 1 Point |
| CGN(C) certification | 3 Points |
| CBGNA certification | 1 Point |
| Typed format | 1 Point |

Revised February 2009

CSGNA National 2009 Executive

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